

FLEETWOOD TOWN

V LUTON TOWN

SKY BET LEAGUE ONE / SATURDAY 16 FEBRUARY 2019

KICK-OFF: 3:00PM | OFFICIAL MATCHDAY PROGRAMME / £1.00



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Fleetwood Town's head coach gives his views ahead of today's game against Luton...

Good afternoon and welcome to Highbury for today's Sky Bet League One fixture against Luton Town.

I'd like to extend that welcome to Mick Harford, his staff and players, as well as the supporters and directors who have made the journey up from London today. It goes without saying that Luton are flying at the moment, and deserve to sit top of the division. Mick has done has a fantastic job since returning to the manager's seat, and we know we are in for a tough challenge today.

That said, we are really enjoying our football at the moment, with the lads playing with real confidence following our last two matches. For a coach, to win 1-0 is probably the most satisfying score line as it shows that we have the capability to score a goal, yet have the skills to shutout the opposition with a strong defensive performance.

I feel like we've done this brilliantly against Charlton and Bradford, and got our rewards with six points in total, cementing our place in the top ten in the division. The only negative from the last couple of games was the injury to James Wallace at Bradford - he was excellent in the first 30 minutes before coming off, and we hope to have him available for selection as soon as possible.

I hope that you the supporters can see the way in which the team is trying to play. The AFC Wimbledon cup tie was a watershed moment for us. We have adjusted our shape and have looked more effective at both ends of the pitch. We have also managed to add in Harry Souttar to our defence, with the big man making an excellent start to his Fleetwood Town career.

I'd finally like to congratulate our goalkeeper Alex Cairns who made his 100th

league appearance for the club at Bradford last Saturday. Al has been first class since I have come in, and he holds a record that every goalkeeper at our level would be envious of - 42 clean sheets in those 100 games. He's managed to add a few more since the turn of the year, and another one today would put us on the right path for all three points.

Enjoy today's game.

NADESAN SEARCHING FOR FIRST GOAL

WORDS: DAVID MITCHELL

Ashley Nadesan has seen a lot of first team football since returning from his loan at Carlisle United and hoping to start his goal tally this weekend.

The list of central defenders who have scored hat tricks is no doubt a short one but Fleetwood Town have one in Ashley Nadesan.

In fact, the twenty-four year old could not stop scoring goals wherever he played in non-league football. Many goalkeepers in the south east will testify to that.

"Fulham was my team as a kid. Dad was a West Ham fan and Mum supported whoever I supported! The first game I went to was Fulham v Manchester United. Fulham won and it was a great atmosphere at Craven Cottage. Everyone wanted to be like David Beckham back then but for Fulham my favourites were Clint Dempsey and Steed Malbranque, players who like to get on the ball and dictate play. Of the current Fulham players, I particularly like the look of Tom Cairney."

Nadesan's other team whilst growing up was Crawley Town.

"They were my local team and flying at the time. I grew up admiring the likes of Matty Tubbs and Sergio Torres.

"In small group football I was a goalkeeper, then I moved forward, playing centre-back at Under 10s. Then I went from centre-midfield to striker and on the wing. At one point, my uncle and I were strikers for the same Sunday league team. I must have been 17 or 18 and he was, like, 32. The local press loved it! We got far in cup competitions and achieved promotion."

Ashley made his mark at Horley Town, members of the Combined Counties League in Surrey.

"In my youth it was important to be in and around your mates. As they were all going to Horley Town, I went along as well. The manager was Anthony Jupp who was a first team player and captain. I played for the youth team and also got involved in the first team, training with them and coming off

the bench. I owe a lot to Anthony, from being youth team coach, to playing alongside him in the first team and having him as manager of the first team. He's a great defender and man-manager and knows what he's talking about."

Anthony particularly identified Ashley's pace, admitting that he had never seen a player so quick. The hat trick from centre-back came for the Horley Town youth team.

"Two of the other centre-backs were injured and I told Anthony that I had played there previously. We got a clean sheet against one of our rivals.

MY UNCLE AND I WERE STRIKERS FOR THE SAME SUNDAY LEAGUE TEAM. I MUST HAVE BEEN 17 OR 18 AND HE WAS, LIKE, 32. THE LOCAL PRESS LOVED IT! WE GOT FAR IN CUP COMPETITIONS AND ACHIEVED PROMOTION.

"I scored two penalties and a header. We got to second in the league that season, and a couple of finals, after fighting relegation the year before.

"I was quite young when I came into the first team. As a teenager surrounded by older players, there was a lot of pressure on me but I like to think that I took it in my stride. Having really good players around me helped me score a lot. Many times I would be fouled on purpose but I took that as a positive because they see you as a threat. It was a good league to play in. There weren't too many long journeys to make though the M25 could be a bit of a hassle at times!"

Ninety-nine goals in seasons 2013-14 and 2014-15 brought interest from other clubs but Ashley stayed put and in 2015-16

was the Combined Counties top scorer with 45 goals, having been runner-up the previous season.

"During that 2015-16 season I noticed that teams were getting better and better but so were we. There were good defenders and coaches to challenge us so it was a good test for me. I had a deal with the chairman that if I scored a hat trick he would clean my boots! He was at it pretty much every other week which he was, and wasn't, pleased about!"

To supplement his income, Ashley worked part-time at McDonalds.

"I had to juggle my shifts around football. On Bank Holidays, for instance, I might go on duty after the game. Or I'd work before a match so that I could see my mates afterwards. Training was on Tuesday and Thursday evenings and we didn't have an indoor facility which meant you were at the mercy of the weather. If Saturday was called off, we might train then to help get round it."

A three hundred mile move to Highbury might not have been the most likely option when so many other closer clubs were interested in signing the young striker.

"Fleetwood's Chief Scout, Steve Davis, came to one of my games. We won 8-0. I didn't know anything about him being there until I was walking into the dressing room and he took me to one side to say that Fleetwood Town were interested in signing me. I did a bit of research and was impressed with the developing Poolfoot project when I came up for my medical. Steven Pressley was manager at the time and he and Grégar Steinsson had some good words to say about how they wanted to develop me as a player so it was a no brainer, really."

Ashley signed in July 2016, leaving home for the first time.

"It was very tough moving away from my roots but my partner joined me up here as well. That was a huge relief. Being five

PLAYER BIO

NAME: Ashley Kevin Nadesan

AGE: 24

BIRTHDAY: 09/09/1994

POSITION: Forward

PREVIOUS CLUBS:

Horley Town (13-16)

Fleetwood Town (16-Present)

Carlisle United (18, 18-19 L)

Did You Know?

Nadesan began his career at Combined Counties club Horley Town, and led their youth side in both league and cup successes whilst playing either upfront or at centre-back. He also was a prolific goal scorer whilst playing for first team as he managed to score 99 goals in just two seasons.



or six hours away from family means that I don't get back often. However, they see me whenever they can. Guys like Nathan Sheron and Michael Donohue were always around and came to stay a few times. Everyone was helpful, though. I had a trial with Millwall and scored in it. They were obviously more local but I thought that Fleetwood was the right move and I'm beginning to reap the benefits."

At the time, one or two comparisons were made with Jamie Vardy, another prolific goalscorer plucked from non-league football. Ashley acknowledged that he was never going to make the same seismic impact as the striker who became a footballing star.

"I knew that it would be a waiting game for me. The first couple of years were hard at times and I had three different coaches. Trying to adapt to each of them, and the Fleetwood way, took time."

His first team debut came a year later, in August 2017, at home to AFC Wimbledon.

"It was a great moment in my career. It was the first time I'd been on the bench and Uwe Rosler gave me the last few minutes - it was good to have my family there watching. It made all the hard work worth it. The fans took

me in well and they are still behind me. Three EFL Trophy games followed and they were a great opportunity for much-needed game time for Development players like myself."

One of those games was at Carlisle and Ashley was soon to return to Brunton Park, this time on loan. He made his debut in February 2018.

I'M CHIPPING IN AS A WINGER. IT FEELS LIKE A BIG STEP UP TO LEAGUE ONE. FITNESS WISE, I'M JUST LACKING A GOAL BUT GETTING CLOSER EVERY GAME! ALL OUR STRIKERS HAVE GREAT ATTITUDES AND YOU TRY AND LEARN FROM THEM.

"Although it was an extra couple of hours up the road, my time there was beneficial. Just being in and around the first team lads and in another set-up was a good feeling. I was on the bench for the first four games but after that I took my chance and kept the shirt under Keith Curle."


Four goals in fifteen appearances kick-started his league career. After Fleetwood exercised an option to extend his contract by another year, Ashley returned to Carlisle for a second loan spell last August. Nine goals in 28 appearances, plus assists, represented a good return.

"I'd had a decent pre-season with Fleetwood but the gaffer felt that the best choice at that point was for me to have games. John Sheridan was there, and Paul Murray, and they both knew me well."

"Jack Sowerby coming from Fleetwood also helped and we had a nice little link up. My partner stayed back home and Jack, me and a lad from Morecambe shared car journeys. I was hoping for five goals then got there pretty quickly. I was chipping in as a winger, using my pace."

Ashley returned to Fleetwood last month and immediately stepped into the first team, alongside the team's much-admired strikers.

"It feels like a big step up to into League One, fitness wise. I'm just lacking a goal but getting closer every game! All our strikers have great attributes and you try and learn from them."



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LUTON TOWN

WHO ARE THEY?

FORMED: 1885

NICKNAME(S): The Hatters

MANAGER: Mick Harford

TOP SCORER: Collins (19)

LAST FIVE RESULTS: (L-R)

W	W	W	W	W
4-0	0-1	3-2	0-3	3-0

DID YOU KNOW?

Luton's most recent successful period began in 1981/82, when the club won the Second Division. Six years later, They defeated Arsenal 3-2 in the 1988 Football League Cup Final at Wembley Stadium.



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The Gaffer

Mick Harford was named Caretaker Manager after Nathan Jones left the club in January - and has since been named manager until the end of the season.

Harford is no stranger to Kenilworth Road as he was the manager back in January 2008. He was on the side line for 91 matches and won the Football League Trophy at Wembley.

He was a player at Luton from 1984-1990, and then returned to the club a year later. In 168 games, he scored 72 goals, which is why he is a fans favourite at the club. The 59-year-old had played at Newcastle in the early 80s, Bristol City, Birmingham and also Chelsea.

Harford did make two England appearances, with one being a draw at Israel, and the other being in 1988 in a 1-0 friendly win over Denmark - He was a Luton player at the time.



GAFFER: Harford on the sidelines for Luton



ANGER MAN: Collins during Pompey game at home

The Danger Man

James Collins has featured in 36 games this season, scoring 19 leagues goals for the Hatters, with his latest coming against Wycombe Wanderers last weekend.

Collins started off his career at Aston Villa, where he scored 23 goals in his first season in the reserves. Collins was then sent out on loan to Darlington and Burton Albion so he could prove himself away from the club.

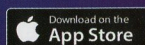
After that, the 28-year-old signed for Shrewsbury Town in 2011 and scored his first goal in a 3-1 win over Rotherham United. He also scored against Arsenal in the League Cup.

After spells at Swindon, Hibernian and Crawley Town, he moved to Luton in 2017. Now on a three-year-deal at the club, he has settled down and made his place as a No.10 his after the goals he has scored this season.

Fleetwood Town v Luton Town

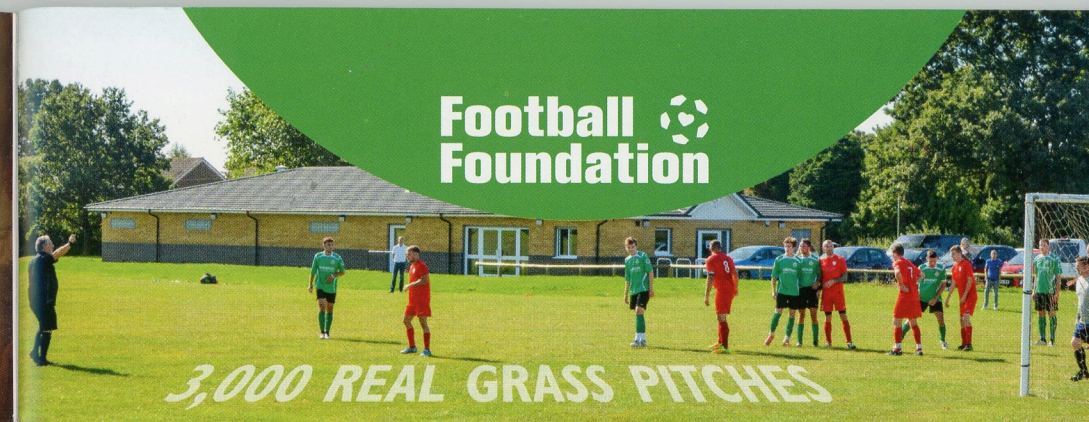


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Date	KO/Res	Competition	Opposition	Pos	Att	Starting XI	Substitutes Used										Referee			
AUGUST																				
SAT 4	0-1		AFC WIMBLEDON	20th	3,236	CAIRNS	COYLE	BOLGER	MORGAN	SPURR	SOWERBY	DEMPSEY	BURNS	McALENY	GRANT	EVANS	MARNEY	HUNTER	MADDEN	M. HEYWOOD
SAT 11	0-2		OXFORD UNITED	10th	6,489	CAIRNS	COYLE	EASTHAM	MORGAN	G. JONES	HOLT	DEMPSEY	MARNEY	GRANT	EVANS 1	HUNTER	BURNS	SHERON	MADDEN 1	D. YATES
TUE 14	1-1 (P)		CREWE ALEXANDRA (R1)	-	1,783	CAIRNS	COYLE	BOLGER	SPURR	G. JONES	BIGGINS	SOWERBY	SHERON	BURNS	MADDEN	McALENY	HOLT 1	HUNTER	LONG	T. KETTLE
SAT 18	2-2		ROCHDALE	9th	3,565	CAIRNS	COYLE	EASTHAM	MORGAN	G. JONES	HUNTER	HOLT	MARNEY	DEMPSEY	EVANS 1	MADDEN 1	BURNS	BOLGER	McALENY	D. WHITEHOUSE
WED 22	0-5		SCUNTHORPE UNITED	6th	3,465	CAIRNS	COYLE	EASTHAM	MORGAN	HUSBAND	BURNS 2	HOLT	MARNEY	HUNTER 1	EVANS 2	MADDEN	GRANT	McALENY	LONG	C. BOYESON
SAT 25	0-0		CHARLTON ATHLETIC	4th	8,010	CAIRNS	COYLE	EASTHAM	MORGAN	HUSBAND	BURNS	HOLT	MARNEY	HUNTER	EVANS	MADDEN	LONG	McALENY	A. COGGINS	
TUE 28	0-4		LEICESTER CITY (R2)	-	10,471	P. JONES	G. JONES	SPURR	BOLGER	MAGUIRE	GRANT	BIGGINS	SHERON	DEMPSEY	McALENY	LONG	MADDEN	HILL	J. WALLACE	L. MASON
SEPTEMBER																				
SAT 1	2-1		BRADFORD CITY	4th	3,347	CAIRNS	COYLE	EASTHAM	MORGAN	HUSBAND	BURNS	HOLT	MARNEY	HUNTER 1	EVANS 1	MADDEN	J. WALLACE	LONG	SPURR	A. HAINES
SAT 8	1-1		SUNDERLAND	4th	29,367	CAIRNS	COYLE	EASTHAM	MORGAN	HUSBAND	McALENY	HOLT	MARNEY	HUNTER	EVANS	MADDEN 1	SPURR	DEMPSEY	J. WALLACE	D. DRYSDALE
TUE 11	2-2 (P)		LEICESTER CITY U21	-	504	P. JONES	G. JONES	SPURR	BOLGER	CLARKE	GRANT	BIGGINS	J. WALLACE	DEMPSEY	McALENY 1	LONG 1	SHERON	GARNER	BOYLE	P. WRIGHT
SAT 15	1-1		ACCRINGTON STANLEY	8th	3,355	CAIRNS	COYLE	EASTHAM	BOLGER 1	HUSBAND	McALENY	HOLT	MARNEY	HUNTER	LONG	MADDEN	DEMPSEY	J. WALLACE	BIGGINS	M. SALISBURY
SAT 22	1-0		SOUTHEND UNITED	10th	5,712	CAIRNS	COYLE	EASTHAM	BOLGER	G. JONES	HOLT	DEMPSEY	MARNEY	HUNTER	EVANS	MADDEN	J. WALLACE	R. WALLACE	GRANT	C. BREAKSPEAR
SAT 29	1-3		BARNSELY	11th	3,356	CAIRNS	COYLE	EASTHAM	SPURR	HUSBAND	HOLT	BIGGINS 1	TAYLOR	BURNS	EVANS	R. WALLACE	BOLGER	LONG	DEMPSEY	M. COY
OCTOBER																				
TUE 2	1-1		WYCOMBE WANDERERS	13th	2,304	CAIRNS	COYLE	EASTHAM	SHERON	HUSBAND	TAYLOR	R. WALLACE	J. WALLACE	BURNS	MADDEN 1	HUNTER	BIGGINS	MORGAN	BURNS	S. OLDHAM
SAT 6	0-4		DONCASTER ROVERS	10th	6,846	CAIRNS	COYLE	EASTHAM 1	SHERON	HUSBAND	HUNTER 1	TAYLOR	J. WALLACE 1	R. WALLACE	EVANS 1	MADDEN	HOLT	MORGAN	BURNS	J. BUSBY
TUE 9	0-2		ROCHDALE	-	669	CRELLIN	G. JONES	MORGAN	SHERON	CLARKE	MOONEY	HOLT	BIGGINS	DEMPSEY	BURNS	LONG	EASTHAM	GARNER	RYDEL	R. JOYCE
SAT 13	2-1		SHREWSBURY TOWN	8th	2,983	CAIRNS	SHERON	EASTHAM	MORGAN	COYLE	R. WALLACE	TAYLOR	J. WALLACE	BURNS 1	MADDEN 1	HUNTER	LONG	HOLT	DEMPSEY	T. BRAMALL
SAT 20	1-0		PORTSMOUTH	11th	10,046	CAIRNS	SHERON	EASTHAM	MORGAN	COYLE	R. WALLACE	HOLT	TAYLOR	BURNS	MADDEN	HUNTER	EVANS	DEMPSEY	BOLGER	L. SWABEY
TUE 23	1-0		PETERBOROUGH UNITED	13th	5,347	CAIRNS	COYLE	EASTHAM	MORGAN	TAYLOR	DEMPSEY	R. WALLACE	MARNEY	BURNS	EVANS	HUNTER	BIGGINS	HOLT	LONG	O. YATES
SAT 27	3-2		BLACKPOOL	10th	5,035	CAIRNS	COYLE	EASTHAM	MORGAN	HUSBAND	HOLT	R. WALLACE 1	SHERON	BURNS 1	EVANS	HUNTER	MADDEN 1	BOLGER	LONG	J. BROOKS
NOVEMBER																				
SAT 3	3-0		GILLINGHAM	11th	3,916	CAIRNS	COYLE	EASTHAM	MORGAN	HUSBAND	HOLT	R. WALLACE	SHERON	BURNS	EVANS	HUNTER	MADDEN	LONG	DEMPSEY	C. BREAKSPEAR
SUN 11	1-4		ALFRETON TOWN (R1)	-	827	CAIRNS	COYLE	EASTHAM	BOLGER	HUSBAND	R. WALLACE	HOLT	SHERON	HUNTER 1	BURNS	MADDEN 2	J. WALLACE	GARNER 1	DEMPSEY	C. SARGINSON
TUE 13	3-1		BURY	-	554	P. JONES	G. JONES	BOLGER	SHERON	CLARKE	TAYLOR	BIGGINS	J. WALLACE	DEMPSEY 1	LONG	GARNER	BAINES	MARNEY	McALENY	A. BACKHOUSE
SAT 17	0-0		WALSALL	12th	3,090	CAIRNS	COYLE	EASTHAM	BOLGER	HUSBAND	HOLT	R. WALLACE	SHERON	BURNS	MADDEN	HUNTER	EVANS	McALENY	BIGGINS	R. JOYCE
SAT 24	2-1		PLYMOUTH ARGYLE	13th	8,301	CAIRNS	TAYLOR	EASTHAM	BOLGER	COYLE	R. WALLACE	HOLT	SHERON	HUNTER	EVANS	MADDEN 1	BURNS	McALENY	J. WALLACE	C. BREAKSPEAR
TUE 27	3-0		COVENTRY CITY	12th	2,570	CAIRNS	COYLE	EASTHAM	MORGAN	HUSBAND	BURNS 1	MARNEY 1	J. WALLACE	McALENY	EVANS 1	MADDEN	BOLGER	R. WALLACE	HOLT	M. COY
DECEMBER																				
MON 3	1-2		GUILDFORD (R2)	-	2,324	CAIRNS	COYLE	EASTHAM	MORGAN	HUSBAND	BURNS 1	MARNEY	SHERON	McALENY	EVANS	MADDEN 1	HUNTER	BOLGER	BIGGINS	J. BUSBY
SAT 8	2-0		LUTON TOWN	13th	0,520	CAIRNS	SHERON	EASTHAM	MORGAN	HUSBAND	TAYLOR	HOLT	MARNEY	R. WALLACE	EVANS	MADDEN	DEMPSEY	HUNTER	McALENY	N. KINSELEY
SAT 15	1-0		BURTON ALBION	10th	2,563	CAIRNS	COYLE	EASTHAM	SHERON	R. WALLACE	HUNTER	HOLT	MARNEY	McALENY	EVANS 1	MADDEN	BIGGINS	DEMPSEY	TAYLOR	A. BACKHOUSE
SAT 22	2-1		BRISTOL ROVERS	12th	7,159	CAIRNS	COYLE	EASTHAM	SHERON	R. WALLACE	HUNTER 1	HOLT	MARNEY	McALENY	EVANS	MADDEN	BIGGINS	MORGAN	TAYLOR	B. HUXTABLE
WED 24	3-0		DONCASTER ROVERS	10th	2,908	CAIRNS	SHERON	EASTHAM	MORGAN	COYLE	HUNTER 1	HOLT	MARNEY	R. WALLACE	EVANS	MADDEN 2	BIGGINS	J. WALLACE	BURNS	P. WRIGHT
SAT 29	2-5		PORTSMOUTH	11th	3,474	CAIRNS	COYLE	EASTHAM	MORGAN	R. WALLACE	HUNTER	MARNEY	BIGGINS	BURNS	EVANS 1	MADDEN 1	J. WALLACE	DEMPSEY	BOLGER	M. DONOHUE
JANUARY																				
TUE 1	0-0		SHREWSBURY TOWN	11th	5,919	CAIRNS	COYLE	EASTHAM	MORGAN	HUSBAND	BURNS	BIGGINS	J. WALLACE	R. WALLACE	EVANS	MADDEN	HUNTER	McALENY	SHERON	A. YOUNG
SAT 5	2-3		AFC WIMBLEDON (R3)	-	2,131	CAIRNS	COYLE	EASTHAM	MORGAN	R. WALLACE	BURNS	MARNEY	J. WALLACE	HUNTER	EVANS 1	MADDEN 1	BIGGINS	HUNTER	McALENY	R. JOYCE
SAT 12	2-2		OXFORD UNITED	10th	2,789	CAIRNS	COYLE	EASTHAM	MORGAN	HUSBAND	BURNS 1	HOLT	J. WALLACE	R. WALLACE	MADDEN 1	NADESAN	HUNTER	BIGGINS	SHERON	A. HAINES
SAT 19	1-1		ROCHDALE	12th	2,713	CAIRNS	COYLE	EASTHAM	MORGAN	HUSBAND	BURNS	HOLT	J. WALLACE	R. WALLACE	MADDEN 1	NADESAN	SHERON	BIGGINS	HUNTER	G. ELtringham
TUE 22	0-3		AFC WIMBLEDON	9th	3,499	CAIRNS	BURNS	EASTHAM	MORGAN	HUSBAND	R. WALLACE	HOLT	J. WALLACE	NADESAN	EVANS 2	MADDEN	BIGGINS	HUNTER 1	SHERON	C. BREAKSPEAR
SAT 26	0-1		SCUNTHORPE UNITED	10th	2,637	CAIRNS	BURNS	EASTHAM	MORGAN	HUSBAND	R. WALLACE	HOLT	J. WALLACE	NADESAN	EVANS	MADDEN	HUNTER	McALENY	S. STOCKBRIDGE	
FEBRUARY																				
SAT 2	1-0		CHARLTON ATHLETIC	10th	2,742	CAIRNS	BURNS	EASTHAM	SOUTTAR	HUSBAND	R. WALLACE	HOLT	J. WALLACE	NADESAN	EVANS 1	MADDEN	SOWERBY	HUNTER	BIGGINS	T. HARRINGTON
SAT 9	0-1		BRADFORD CITY	9th	15,365	CAIRNS	COYLE	EASTHAM	SOUTTAR	HUSBAND	R. WALLACE	SOWERBY	J. WALLACE	MADDEN 1	EVANS	HUNTER	SHERON	NADESAN	BIGGINS	D. YATES
SAT 16	-		LUTON TOWN	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
SAT 23	-		BURTON ALBION	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
MARCH																				
SAT 2	-		GILLINGHAM	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
SAT 9	-		WALSALL	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
TUE 12	-		COVENTRY CITY	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
SAT 16	-		PLYMOUTH ARGYLE	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
SAT 23	-		SUNDERLAND	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
SAT 30	-		ACCRINGTON STANLEY	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
APRIL																				
SAT 6	-		SOUTHEND UNITED	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
SAT 13	-		BARNSELY	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
FRI 19	-		PETERBOROUGH UNITED	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
MON 22	-		BLACKPOOL	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
SAT 27	-		BRISTOL ROVERS	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
MAY																				
SAT 4	-		WYCOMBE WANDERERS	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-



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KEY: GAMES HOME (BOLD) & AWAY (LIGHT) GOALSCORER 1 BOOKED 2 RED CARD 3 SUBSTITUTE ON/OFF 4 FIRST SUB SECOND SUB THIRD SUB

CORPORATECODES

Contact the Commercial Team! - Call: 01253 775080 option 2 - Email: commercial@fleetwoodtownfc.com



Martin Booker
Head of Commercial

Welcome back to Highbury this afternoon for our home game against league leaders Luton Town.

Today's Match Sponsors are Links Signs & Graphics. To say a thank you for supporting the club over ten years, Links Signs and Graphics would like to give something back to the Fylde Coast - so they are donating a percentage

of all new business from new customers to Blackpool's children's hospice, Brian House over the next twelve months. Whatever signage or graphics you need for your business or project; just call into Links, quote Brian House, and a percentage of the sale will go towards the incredible work they do for local children and families. For full details speak to a member of the team at Links, or search Links Signs and Graphics online. Thanks to Shaun Bennett and his team for their ongoing support to Fleetwood Town as one of our business partners.

Today's Ball Sponsors are Blackpool Promotions. Blackpool Promotions is the UK's leading tour operator to Blackpool. All of their hotels offer superb locations close of Fleetwood Town, excellent service and great food. They are experts in group travel with over 40 years experience and can help organise your visit and offer excellent discounts plus free places for large groups. Visit us at www.blackpoolpromotions.com. Thanks to Jim O'Neil, Isaac Ratcliffe and the team as one of our newest business partners.

Finally, today's Match Programme Sponsors are Appletree Finance. Thanks to David Gallagher and the team for their ongoing support as a business partner.

Since 1999, they have aimed to achieve excellence well above the standard of our profession, helping our clients to create, protect and manage their money. Pension planning today and into retirement, savings & investment options, solving the mortgage puzzle, family, mortgage and business protection and comprehensive property insurance. Contact them today 01253 886600 for an appointment.

If you want to book any remaining VIP packages for the 2018/19 season don't miss out - Parkside Suite places from £50pp with games selling fast. Limited availability also on VIP Boxes for remaining fixtures from £650 plus VAT for 12 guests.

Match Ball sponsorship has become available this week for the game against Gillingham (2nd March) which is a Cat C game for 10 guests priced at £850 plus VAT.

Match Programme sponsorship is available for £400 plus VAT Gillingham, Plymouth (16th March) and Peterborough (19th April) with hospitality for four guests.

We are well underway planning ahead for the 2019/20 season. Official Partner packages available for businesses locally, regionally or nationally. Get in Touch!

Martin Booker - Head of Commercial

Office: 01253 775080 option 2 | Mob: 07854 846820 (for out of office hours)

Email: commercial@fleetwoodtownfc.com | Twitter DM me @FTFCCommercial

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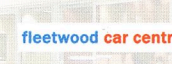
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FLEETWOOD TOWN UNDER-18S YOUTH ALLIANCE FIXTURES 2018/19

DATE	K/O	H/A	OPPONENTS	RES
AUGUST 2018				
SAT 04	11AM	H	WALSALL	1-1
SAT 18	11AM	H	BLACKPOOL	2-0
SAT 25	11AM	A	ROCHDALE	1-0
SEPTEMBER 2018				
SAT 01	11AM	A	CARLISLE UNITED	0-0
SAT 08	12PM	H	SHREWSBURY TOWN	0-0
TUE 11	11AM	A	ROCHDALE	3-2
SAT 15	11AM	A	GRIMSBY TOWN	4-0
SAT 22	11AM	A	BURY	3-0
SAT 29	11AM	H	WREXHAM	3-0
OCTOBER 2018				
SAT 06	11AM	H	BURTON ALBION	4-1
SAT 20	11AM	H	PRESTON NORTH END	1-1
SAT 27	11AM	H	MANSFIELD TOWN	3-2
NOVEMBER 2018				
THU 01	7PM	H	CARLISLE UNITED	2-1
THU 08	7PM	A	BURY	3-2
SAT 17	11AM	H	MORECAMBE	1-1
SAT 24	11AM	A	WIGAN ATHLETIC	3-0
TUE 27	1PM	A	ROCHDALE	P-P
DECEMBER 2018				
SAT 01	11AM	H	PORT VALE	7-1
SAT 15	11AM	A	TRANMERE ROVERS	0-1
JANUARY 2019				
SAT 05	11AM	A	SHREWSBURY TOWN	0-4
SAT 19	11AM	H	CARLISLE UNITED	1-0
SAT 26	11AM	A	WREXHAM	P-P
FEBRUARY 2019				
TUE 12	12:30PM	H	BURY	0-2
SAT 23	10:30AM	A	PRESTON NORTH END	-
MARCH 2019				
SAT 02	11AM	H	WIGAN ATHLETIC	-
SAT 16	11AM	A	MORECAMBE	-
SAT 23	11AM	H	ACCRINGTON STANLEY	-
SAT 30	11AM	H	TRANMERE ROVERS	-
APRIL 2019				
SAT 06	11AM	A	PORT VALE	-
SAT 13	12PM	A	WALSALL	-
SAT 27	11AM	H	ROCHDALE	-
MAY 2019				
SAT 04	11AM	A	BLACKPOOL	-

* EFL Youth Alliance Cup fixtures
** FA Youth Cup fixtures

FLEETWOOD TOWN UNDER-18S YOUTH ALLIANCE LEAGUE TABLE 2018/19

TEAM	PLD	W	D	L	GD	PTS
1 WIGAN ATHLETIC	15	14	1	0	+44	43
2 ROCHDALE	15	11	1	3	+20	34
3 BLACKPOOL	18	9	4	5	+9	31
4 BURY	15	8	4	3	+11	28
5 PRESTON NORTH END	17	8	3	6	+4	27
6 FLEETWOOD TOWN	16	7	5	3	+9	26
7 TRANMERE ROVERS	17	6	5	6	+1	23
8 SHREWSBURY TOWN	15	4	5	6	-5	17
9 MORECAMBE	15	4	4	7	-8	16
10 PORT VALE	17	5	1	11	-25	16
11 CARLISLE UNITED	16	4	3	9	-12	15
12 WALSALL	14	3	5	6	-8	14
13 WREXHAM	15	1	6	8	-17	9
14 ACCRINGTON STANLEY	17	2	3	12	-23	9

ACADEMY

WITH STEVE MACAULEY
ACADEMY PHYSIOTHERAPIST



I have been at Fleetwood Town on a coaching basis since 2005 and a lot has changed since the first day I walked through the door that day.

The Academy - where my main role is focused as a physiotherapist - has grown and continues to grow year on year and that's a huge credit to the staff that we have.

They work hard to ensure players are one, developing, but also that they are enjoying themselves when we see them at Poolfoot Farm.

My main role within the Academy is to provide medical cover for the under 18s, and to also oversee the younger players in the Academy, from our Foundation Phase at under 9s to under 12s, and then to our Youth Development phase which is under 13s to our under 16s.

I personally work closely with the under 18s on a daily basis and provide assessment and treatment alongside any 'maintenance' treatments that may be required, and also oversee the player's gradual return to play, working closely with players who have been out of action for longer periods.

This is a very rewarding aspect of my job to see all the hard work pay off.

It is a psychological battle for any player who is unfortunate enough to be out long-term, so the physiotherapist

must be a number of things for the player including a therapist, a coach, a motivator, someone to vent their frustrations to however the most important thing is to be a friend.

What the physio team do at the club is provide a clinic based appointment system for our younger Academy players. This will see myself and Stephen Jackson (physiotherapist) assess the lads, and then offer advice where we feel appropriate.

Whilst we are treating the younger players, as I said, it's also important we educate them about injuries and ways of preventing these from happening as their bodies change.

We have a fully equipped gym for rehabilitation at Poolfoot Farm, where we work closely with the Sports Science department.



The two departments work well together, and we have worked hard to integrate all the departments within our growing Academy in an attempt to offer the young players a pathway to earn themselves a career in professional football.

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COMMUNITY TRUST SPORTS DEVELOPMENT OFFICER ROB LARCOMBE ON HIS WORK WITH MENTAL AND PHYSICAL HEALTH IN THE LOCAL COMMUNITY...

At Fleetwood Town Community Trust, health and wellbeing is one area we are working to improve both the mental and physical health of people within the community.

It has been reported that one in six adults are diagnosed with a common mental health disorder during their lifetime; 50% of those are established by age 14, and 75% by age 24.

Due to this, we recognise the value of educating children about mental health. We are active within over 45 primary schools and are working with over 4,000 different children through the Healthy Heads character building programme, which we deliver in partnership with the Wyre & Fylde SSP and Sport Active and Fitness Ltd.

Within Healthy Heads, children learn about how to build their character through structured learning where they cover topics such as building confidence, showing resilience, respect and gratitude.

The combination of both theory and physical activity elements allow all types of learner to gain benefit and apply the skills learnt into different scenarios.

Last year, the Healthy Heads programme was rated 9.21 out of 10 overall by teachers, and 100% of teachers felt that children benefitted from receiving the programme and that the topics covered were in-line with the schools PSHE targets.

We are delighted to have such a positive impact on the local children and the feedback from teachers has been outstanding.



Northfold Community Primary School is a huge supporter of the Healthy Heads programme and having had this delivered already, the year 6 class teacher stated: "The Healthy Heads programme really helps children to understand themselves and others, and how they can make themselves the best people possible."

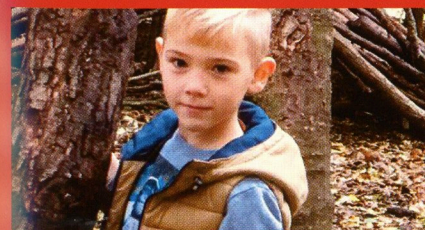
Furthermore, the year 4 class teacher at Royles Brook Primary School had similar feedback: "Healthy Heads is an amazing programme that has been essential for the children in my class. I can already see that my class have started to implement some of the qualities taught."

Teachers from all over the local area are starting to support this programme more and more through seeing the benefits first-hand.

We are delighted that we can continue to build on our success from last year and more importantly; continue to have a positive impact on building mental health in children through the delivery of the Healthy Heads programme.

If you'd like to find out more information, you can contact Rob Larcombe, Health & Wellbeing Officer at Fleetwood Town Community Trust on 01253 208440, or you can go directly to the Healthy Heads website at www.healthyheadseducation.com.

TODAY'S MASCOTS



KIERAN STEWART | AGE: 7 | SCHOOL: FLEETWOOD CHARITY |
FAVOURITE PLAYER: ALEX CAIRNS

TEAM OF THE DAY



FLEETWOOD ACADEMY UNDER 9S



FLEETWOOD TOWN

HEAD COACH:
JOEY BARTON

ALEX CAIRNS	1
LEWIE COYLE	2
EDDIE CLARKE	3
JASON HOLT	4
ASHLEY EASTHAM	5
WES BURNS	7
CHED EVANS	9
HARRY SOUTTAR	12
PAUL JONES	16
PADDY MADDEN	17
RYAN TAYLOR	18
CRAIG MORGAN	20
ASHLEY HUNTER	22
ROSS WALLACE	23
ASHLEY NADESAN	24
DEAN MARNEY	25
JAMES HUSBAND	26
HARRISON BIGGINS	27
JACK SOWERBY	28
NATHAN SHERON	29
BILLY CRELLIN	31
JAMES HILL	33
RYAN RYDEL	35
JAMES WALLACE	38

MATCH OFFICIALS



REFEREE
Peter Bankes



ASSISTANT REFEREES
Timothy Wood
Geoffrey Russell



FOURTH OFFICIAL
Thomas Bramall

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