

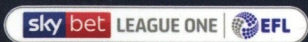
OFFICIAL MATCHDAY PROGRAMME 18/19 | £3

RR

ROOTS REVIEW



SOUTHEND UNITED
v Luton Town



Saturday 26th January 2019
Kick-Off 3PM

MATCH SPONSOR:



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 SS2 6NQ

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08444 770077

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01702 304147

Marketing:
01702 304135

Press Office:
01702 304119

THE TEAM

Chairman:
Ronald Martin

Directors:
Gary Lockett, Michael Marksheffel, Frank Van Wezel and Geoffrey King

Club Secretary:
Amanda Balcomb

Manager:
Chris Powell

Assistant Manager:
Damian Matthew and Kevin Keen

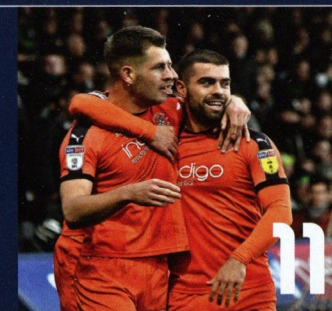
Academy Manager:
Ricky Duncan

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THE TROPHY CABINET



6x Trophy Winners: League One Champions (2005/06), Division Four Winners (League Two) (1980/81), League Two Play-Off Winners (2004/05, 2014/15), Southern League Division One Winners (1906/07, 1907/08)

6x Runners Up: Division Three (League One) (1990/91), Division Four (1971/72, 1977/78), Football League Trophy (2003/04, 2004/05, 2012/13)

Other Honours: League Two Play-Off Semi-Finals (2011/12, 2013/14), Promoted from Division Four (Third place finish) (1989/90), FA Cup Best

(Fifth Round 1920/21) (Old Third Round 1925/26, 1951/52, 1975/76, 1992/93), Football League Cup Best (Quarter-Final 2006/07), Essex Professional Cup winners (1949/50, 1952/53, 1953/54, 1954/55 shared, 1956/57, 1961/62, 1965/66, 1966/67, 1971/72, 1972/73), Essex Senior Cup Winners (1982/83, 1990/91, 1996/97, 2007/08)

WHEN THE **FUN** STOPS **STOP**

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THE PLAYERS DESERVE REAL CREDIT FOR THEIR RESPONSE TO THE PLYMOUTH GAME, BUT WE NEED TO BACK IT UP THIS AFTERNOON. LAST WEEK HAS GONE AND TODAY WE WILL NEED TO BE BETTER TO GET THE RESULT WE WANT.



CHRIS POWELL

Good afternoon and welcome to Roots Hall for today's game against Luton Town.

Our visitors have been in excellent form recently and are going to provide a really tough test, arguably our toughest at home this season, and that is in no small part down to the excellent job Nathan Jones did. A former Southend player and someone I had as a coach at Charlton, as it's turned out it won't be Nathan on the touchline this afternoon, but he deserves credit for getting Luton to where they are. They've continued his work with a good win last weekend, however we ourselves are in confident mood after the 4-0 win against Bradford which gave everyone around the club a huge lift.

I went on record as saying it was our best performance of the season and I think you will agree because scoring four goals away from home in any league isn't easy, not forgetting the quality of each of them.

We had a great start and that settled everyone into the game, but the real pivotal moment was Nathan Bishop's save at 2-0 because if that goes in it's a different second half.

The players deserve real credit for their response to the Plymouth game, but we need to back it up this afternoon. Last week has gone and today we will need to be better to get the result we want.

We brought in Sam Hart and Stephen Humphrys into the camp prior to the Bradford game and I'm sure both will get big Roots Hall welcomes from you this afternoon.

I remember what it was like when I stepped out for my first game as manager over a year ago now against Scunthorpe. A year has flown by and there have been ups and downs of course, but I'm pleased with the progress we've made as a club both on and off the pitch.

I would like to welcome Mick Harford and the Hatters players,

staff and supporters to Roots Hall and wish them a safe journey home after the game.

Today gives us an opportunity to go toe-to-toe against a top side and since I became manager of the club we've relished those encounters. We have a great chance to build on the Bradford result, and that really is the key for us now. Consistency is so important.

Your support was brilliant at Bradford and we'll need that again this afternoon.

Forever Blues,

BLUES NEWS



CELEBRITY FOOTBALL MATCH AT ROOTS HALL

A host of celebrities will join Blues legends at Roots Hall Stadium on Sunday 10 March (3pm kick-off) with all proceeds being donated between Southend United Community & Educational Trust and Magic Moments Children's Charity.

We are delighted to announce that the two captains for the game will be Eastenders star Danny Dyer and former X Factor winner Shayne Ward.

The match is organised by Sellebrity Soccer and it will be the first time it has been hosted in Essex! Blues will also be including several legends which will be announced in due course.

Southend United Community & Educational Trust is the official charity partner of Southend United Football Club. The Magic Moments Children's Charity was set up in 1998 and is dedicated to helping children from the supported hospices and their families on annual trips to Disneyland Paris.

Any additional funds in the charity pot have historically been used to provide vital equipment,

ACADEMY TRIALS



Southend United's Academy are holding trials for Under 6's to Under 14's on Wednesday 20th February 2019.

If you are aged between 6 and 14 years old and are interested in playing for Southend United Football Club's Academy, then this is your opportunity to come along and demonstrate your football skills.

The open trials are free and will be held at Boots & Laces Training Ground.

Interested in attending the trial day? Head to the website and download the application form which includes all information regarding the trials.

Please note: We do not currently hold trials for Under 15's, 16's or for girl's teams.

Times for each individual age group trial are:

Wednesday 20th February 2019

Under 6's, Under 7's, Under 8's, Under 9's & Under 10's: 9.00am-10.30am

Under 11's, Under 12's & Under 13's: 11.30am-1.00pm

Under 14's: 2.30pm-4.00pm

electrical appliances, hoists to lift the children in and out of their beds or baths, and toys for the Children's Hospices.

Tickets are now on sale and are priced as £10 adults, £5 concessions. For hospitality visit www.southendunited.co.uk, where you'll also find a full list of the celebrities who will be playing, or call 01702 304147.

TICKET OFFICE

ADVANCED TICKET PRICES

Adult (22-59)	£22
Senior (60+)	£15
Young Adult (17-22)	£14
Student	£14
Junior (9-16)	£10
Under 8	£4

MATCHDAY TICKET PRICES

Adult (22-59)	£25
Senior (60+)	£18
Young Adult (17-22)	£17
Student	£17
Junior (9-16)	£12
Under 8	£5

* Students will be required to provide proof that they are in full-time education to qualify for the concessionary rate.
* Please note £1 will be added to the price of adult tickets when not bought online (waived where online transaction isn't available).

TICKET NEWS
Buy in person at Roots Hall's Ticket Office
By Calling 08444 770077
Or by visiting our ticketing website at <https://ticketing.southend-united.co.uk>



COMING UP ROOTS HALL:



Bristol Rovers



Saturday 2nd February | Kick Off 3pm
Now on sale!



Portsmouth



Saturday 16th February | Kick Off 3pm
Now on sale!



AWAY DAYS



Charlton Athletic



Saturday 9th February | Kick Off 3pm
Now on sale!



Doncaster Rovers



Tuesday 12th February | Kick Off 3pm
Now on sale!

MATCH ACTION

12.01.19 | REF: G SALISBURY | ROOTS HALL | ATT: 6,851

SOUTHEND UNITED PLYMOUTH ARGYLE

Cox 86', Kelman 90+2'

Sarcevic 21', Ladapo 49', Lameiras 73'

2
3



XI

Bishop
Bwomono
Turner
White
Hendrie
Dieng
Yearwood
Mantom (C)
Bunn 34'
Hutchinson 71'
Cox

Subs: Smith, Hyam,
McLaughlin, Klass,
Wabo, Kightly 34',
Kelman 71'

XI

Letheren
Smith-Brown
Edwards
Canavan
Sawyer (C)
Fox
Song'o
Sarcevic
Carey 89'
Lameiras
Ladapo 90+1'

Subs: Macey, Riley,
Ainsworth, Wootton,
Threlkeld, Jephcott 89',
Taylor 90+1'

REACTION CHRIS POWELL

"I DON'T WANT IT TO MASK WHAT WAS A TOUGH DAY, BUT IF YOU WANT TO TAKE SOMETHING FROM TODAY IT WOULD BE THAT [GOAL]. HE'S A YOUNG TALENT, HE'S TRAINED WITH US, WE'VE HAD HIM IN AND AROUND THE GROUP TRAINING AND WE ALL LIKE HIM."



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INTRODUCING... LUTON TOWN



Chris Lincoln introduces today's visitors to Roots Hall in Sky Bet League One, Luton Town...

It's fair to say that Luton Town fans have experienced quite a rollercoaster ride, particularly over the last three decades. From the heights of League Cup success, to the lows of non-league football, the Hatters are now back on the up and hunting down a place in the Championship.

After a very brief spell in the Football League at the turn of the 20th Century, Luton had to wait until 1920 before they climbed back up following a spell of

financial irregularities, a feature of their last 120 years. Yet they worked their way up to the top tier in 1955 and were just one win away from winning the 1959 FA Cup, losing out to Nottingham Forest in the final.

Yet relegation concluded the next season before an incredible 15-year spell saw Luton drop all the way down to the fourth tier before working their way back into the top-flight. The Hatters began to establish themselves as a presence

in the English game, going on to win the League Cup against Arsenal in 1988.

However, they were to fall all the way down to the non-league by 2008 as more financial problems took a toll on the club. It wasn't until 2014 that they climbed back into the Football League before promotion from League Two last season.

It was quite a campaign for the Bedfordshire club as they lost just eight games and scored 94 goals, finishing second to Accrington Stanley. 13 wins, four draws and just one defeat between September and December set Luton on their way with Danny Hylton and James Collins finding the target on a regular basis. The duo netted 40 league goals between them during the campaign.

After a shaky start to this season, where they won just two of their opening seven matches, Luton have found their feet and climbed to second in League One. Collins has reached double-figures already and has been joined by Elliot Lee at the top of the goalscoring charts.

The Hatters are unbeaten at home and have not been defeated anywhere in the league since mid-October. 11 wins and four draws in their last 15 games have put the Kenilworth Road club in a great position for the second half of the campaign.



ABOUT LUTON TOWN

INTERIM MANAGER...
MICK HARFORD

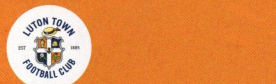


APPOINTED:
10th January 2019
DOB:
12th February 1959

Previous Clubs Played for:



Previous Clubs Managed:



FOUNDED: 1885
STADIUM: KENILWORTH ROAD
CAPACITY: 10,356
LAST SEASON'S FINISH: 2ND (LEAGUE TWO)
FORM: WLDDDD



Luton Town legend Mick Harford returned to Kenilworth Road in January 2016, soon after Nathan Jones' appointment as manager, to head up the recruitment side of the club, but now finds himself in the hot-seat following the recent departure of Jones to Stoke City.

The 59-year-old first joined the Hatters as a player in 1984 for a fee in the region of £250,000 from Birmingham City and spent six years leading the line in the old First Division, before returning in 1991/92 for a second spell.

Harford is a fan favourite of Luton supporters and is often voted as the club's best ever player, such is the regard he is held in. His part in the Luton side that won the League Cup in 1988 against Arsenal, as well scoring in the final the following year as Luton went down 3-1 to Nottingham Forest, were noteworthy moments in a goalscoring spell which attracted interest from Derby and then Manchester United, although of those two clubs it was only the Rams who he turned out for.

Chelsea also signed him, for £300,000, in 1992 and the latter stages of Harford's playing days came at Sunderland, Coventry and Wimbledon.

The ex-England international would return to Kenilworth Road as coach, then director of football and finally manager in 2008, winning the Johnstone's Paint Trophy in 2009 as the Hatters struggled financially.

As well as his non-playing roles at Luton, Harford was manager of Rotherham United in 2005 and has been caretaker manager of both Nottingham Forest and Queens Park Rangers. He has also held assistant manager positions at Colchester United, MK Dons and Millwall, and coaching roles at Wimbledon and Swindon Town.

Time will tell, maybe even before today, if the Luton hierarchy employ him as the permanent manager, or if they go searching elsewhere.

A TRIP DOWN MEMORY LANE... SOUTHEND 3 - LUTON TOWN 0

TUESDAY 9TH DECEMBER 2003 | LDV VANS TROPHY | ROOTS HALL

SOUTHEND XI

GK Joined the Blues in 2000 from Woking then he went on to make over 300 appearances for the club before moving to Crystal Palace in 2008.

DF Came through the Southend Academy and finally made it into the first team in 2000 and spent four years at the club before moving to local sides non-league sides.

DF Joined on loan from Derby County for a season in 2003 before making a permanent transfer to the club in 2004 for a duration of four years.

DF This centre back earned promotion to the Premier League with Stoke City. He joined Blues from Millwall and left for Hull City in 2004.

DF Played for Norwich, Bristol Rovers and Cambridge before joining Blues. He was forced to retire due to a series of Achilles tendon injuries.

MF Started his career at Spurs but moved to Barnet in 2001 after not making an appearance. He joined Southend in 2003 and made over 200 appearances for the club.

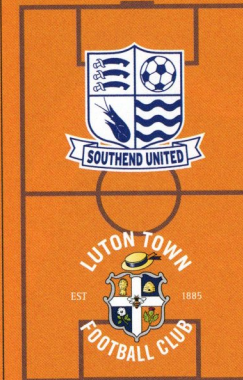
MF Joined the Blues straight from the Aston Villa Academy in 2003 and spent four seasons at the club before leaving for Notts County in 2007

MF Captained the club to two successive promotions from League Two to the Championship and made over 400 appearances.

MF Wolves signed the winger from Grays Athletic and after a great career in the Premier League he re-joined Blues in 2017. Was also a goalscorer in this game.

FW A lower league journeyman who did well at Blues scoring a goal every other game. His spell came between 2003 and 2004 and he opted to leave for Peterborough from Roots Hall.

FW Monsterrat international who joined the club in 2001 and made 150 league and cup appearances, scoring 40 goals, in four-and-a-half seasons before moving to Stockport County in 2005.



Can you remember the two starting line-ups from the game?

LUTON TOWN XI

GK Joined the Hatters from Bradford in 2003 and spent a season at the club before moving to Barnsley in 2004 on loan then came back for another three seasons before leaving in 2008.

DF Former Southend loanee joined the Hatters in 2001 and spent seven years at the club in which he made over 200 appearances before moving to Colchester United in 2008. Australia international seven times.

DF A Welsh U21 international who was at Kenilworth Road between 2001-2005. He then moved to Newport County where he was Players and Supporters Player of the Year.

DF A popular Luton player who made 229 appearances in seven seasons, his last coming as the Hatters were relegated out the Football League in 2009.

MF Hatters fans would consider him a club legend. He had two separate spells at Luton either side of stints at Leeds and Watford. Now a player-coach at Hitchin Town.

MF Midfielder who recently faced controversy over tweets he posted online, he wasn't at Luton for long and played the majority of his career in Non-League.

MF This midfielder's career is best remembered for his eight years at Torquay United, but he began as a trainee at Luton where he spent five years before moving to Oxford.

MF He is the current Motherwell manager, but as a player the former Northern Ireland international had long spells at Bournemouth and then at Luton between 2002 and 2008.

MF Joined from Sheffield Wednesday having failed to make an appearance and was at the club between 2000-2007 before moving to Rotherham United. He last played for Hemel Hempstead Town.

FW Durham-born prolific goalscorer throughout his career who attracted big interest while at Luton, eventually joining Derby for £1 million. Went on to play for Leicester for four years.

FW Striker, who shot to prominence at Stoke, moved to Luton in 2001 and scored 12 goals in 43 starts before a leg break halted his progress. He moved to Oldham in 2004.

WHO TO WATCH

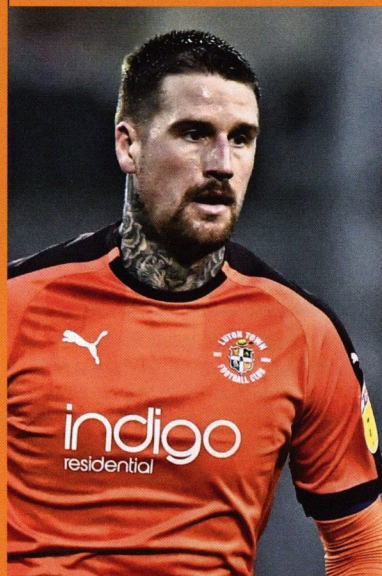


JAMES SHEA

Goalkeeper James Shea is into his second season at Luton having joined from AFC Wimbledon in 2017. After being released by Arsenal as a youngster, Shea plied his trade in non-league with Needham Market and Harrow Borough before being picked up by the Dons. The 27-year-old made over 100 appearances for Wimbledon, helping them gain promotion from League Two, but he wasn't first choice on his arrival at Kenilworth Road. Shea eventually broke into the first team at the back end of last season and has been Luton's number one this campaign, helping himself to 15 cleans sheets in all competitions.

SONNY BRADLEY

Sonny Bradley was quite a coup for Luton after the centre back joined having been instrumental in Plymouth's push for a play-off spot last season. At 6ft 5, Bradley is a nuisance at both ends of the pitch with the defender scoring seven times in Argyle's promotion-winning campaign from League Two in 2017, earning him a place in the League Two team of the year. Although he's yet to score for the Hatters, Bradley has been an almost ever-present as Luton push for a second successive promotion, featuring in all but one of Luton's league games so far this campaign.

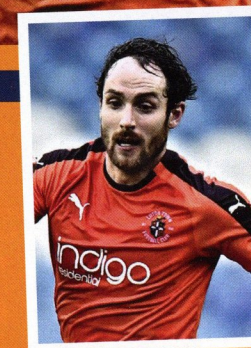
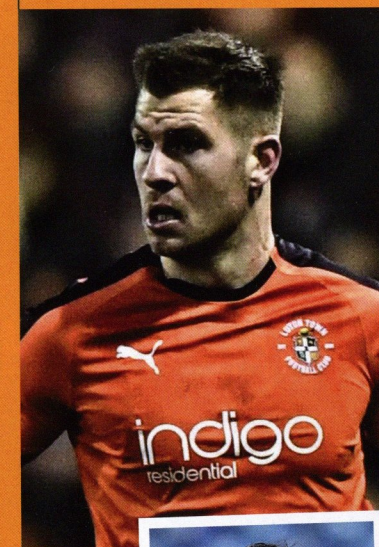


ANDREW SHINNIE

Scottish midfielder Andrew Shinnie initially came to Kenilworth Road on loan before making his switch permanent in the summer. The 29-year-old has a wealth of experience north and south of the border, having come through the ranks at Rangers before spells at Dundee and Inverness where Shinnie had his best spell in front of goal. Notching 12 times in 38 games for Caley Thistle saw Shinnie catch the eye of Birmingham City where he spent three seasons. But having fallen out of favour at St. Andrews, Shinnie spent time out on loan with Rotherham and Hibs before joining Luton.

JAMES COLLINS

Striker James Collins is in good form going into today's game against Blues after scoring a hat-trick last weekend in a 4-0 thumping of Peterborough at Kenilworth Road. Collins is the Hatters' top-scorer this season with 14 goals and he's scored goals wherever he's been with spells at Shrewsbury, Swindon and Crawley under his belt. Collins joined Luton from Crawley ahead of the 2017/18 season following an impressive campaign with the Red Devils and his 19 league goals for the Hatters helped them gain promotion from League Two with the striker showing no signs of slowing down any time soon.



THE SQUAD

GOALKEEPERS

MAREK STECH / CZE
AGE: 28
SIGNED FROM: SPARTA PRAGUE
JAMES SHEA / ENG
AGE: 27
SIGNED FROM: AFC WIMBLEDON
HARRY ISTD / ENG
AGE: 21
SIGNED FROM: STOKE CITY

DEFENDERS

JAMES JUSTIN / ENG
AGE: 20
LUTON YOUTH PRODUCT
DAN POTTS / ENG
AGE: 24
SIGNED FROM: WEST HAM
SONNY BRADLEY
AGE: 27
SIGNED FROM: PLYMOUTH
MATTY PEARSON / ENG
AGE: 25
SIGNED FROM: BARNSLEY
JACK STACEY / ENG
AGE: 22
SIGNED FROM: READING
GLEN REA / ENG
AGE: 24
SIGNED FROM: BRIGHTON
JACK SENIOR
AGE: 22
SIGNED FROM: HUDDERSFIELD
LLOYD JONES / ENG
AGE: 23
SIGNED FROM: LIVERPOOL
ALAN SHEEHAN / IRE
AGE: 32
SIGNED FROM: BRADFORD CITY

MIDFIELDERS

ALAN MCCORMACK / IRE
AGE: 35
SIGNED FROM: BRENTFORD
LUKE BERRY / ENG
AGE: 26
SIGNED FROM: CAMBRIDGE
ANDREW SHINNIE / SCO
AGE: 29
SIGNED FROM: BIRMINGHAM CITY
PELLY RUDDOCK MPANZU / ENG
AGE: 24
SIGNED FROM: WEST HAM
GEORGE MONCUR
AGE: 25
SIGNED FROM: BARNSLEY
GEORGE THORNE / ENG
AGE: 26
LOANED FROM: DERBY COUNTY
KAZENGA LUALUA / CON
AGE: 28
FREE AGENT
ARTHUR READ / ENG
AGE: 19
LUTON YOUTH PRODUCT

FORWARDS

DANNY HYLTON / ENG
AGE: 29
SIGNED FROM: OXFORD
ELLIOTT LEE / ENG
AGE: 24
SIGNED FROM: BARNSLEY
HARRY CORNICK / ENG
AGE: 23
SIGNED FROM: BOURNEMOUTH
JAMES COLLINS / ENG
AGE: 28
SIGNED FROM: CRAWLEY
AARON JARVIS / ENG
AGE: 20
SIGNED FROM: BASINGTOKE
JOSH NEUFVILLE / ENG
AGE: 17
LUTON YOUTH PRODUCT

COMPLETE RECORD v LUTON TOWN

HOME	P	W	D	L	F	A
League	30	15	5	10	48	29
FA Cup	3	2	0	1	6	6
Other	1	1	0	0	3	0
AWAY	P	W	D	L	F	A
League	31	4	9	18	29	59
FA Cup	3	0	0	3	1	7
Other	2	0	2	0	2	2
OVERALL	P	W	D	L	F	A
League	61	19	14	28	77	88
FA Cup	6	2	0	4	7	13
Other	3	1	2	0	5	2
TOTAL	70	22	16	32	89	103

LEAGUE MILESTONES

First met:	1920/21
Doubles Achieved:	1
Doubles Conceded:	8
Biggest win (Home):	5-0, 1928/29; 1964/65
Biggest win (Away):	3-0, 1929/30
Heaviest defeat (Home):	1-3, 1922/23; 06/07
Heaviest defeat (Away):	0-4, 1920/21; 24/25
Last home win:	1-0, 2014/15
Last away win:	1-0, 1964/65
Last home draw:	3-3, 1934/35
Last away draw:	0-0, 2006/07
Last home defeat:	1-3, 2006/07
Last away defeat:	0-2, 2018/19

LEAGUE ATTENDANCES

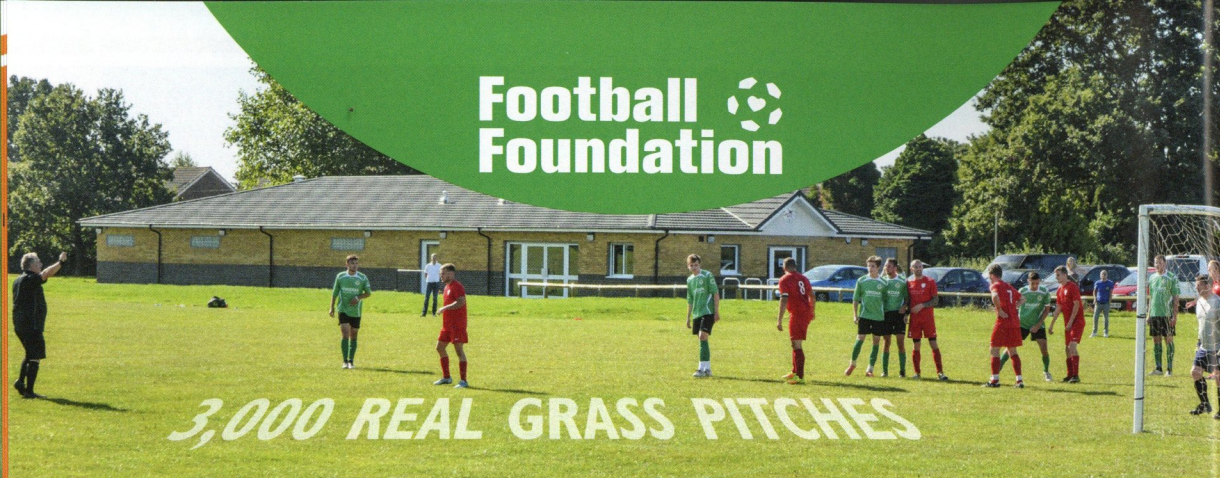
Home Average:	7,185
Away Average:	7,797
Home Highest (1936/37):	11,869
Away Highest (1936/37):	14,461
Home Lowest (1994/95):	4,558
Away Lowest (1932/33):	2,969

THE LAST...

Southend Clean Sheet:	2014/15 (Roots Hall)
Luton Town Clean Sheet:	2018/19 (Kenilworth Road)
Southend Hat-Trick:	Leo Stevens; 1934/35 (Grainger Road)
Luton Town Hat-Trick:	Not Known
Southend Penalty Scored:	Terry Bradbury; 1963/64 (Kenilworth Road)
Luton Town Penalty Scored:	Danny Hylton; 2018/19 (Kenilworth Road)

Southend Own Goal Conceded:	Not Known
Luton Town Own Goal Conceded:	John Reid; 1964/65 (Roots Hall)

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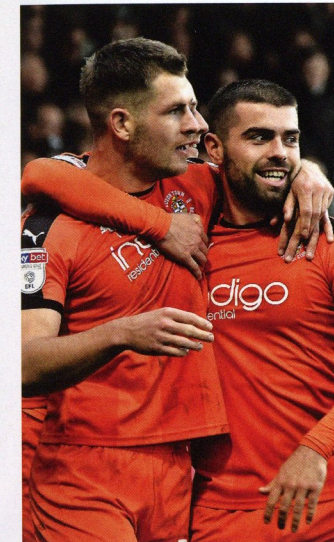
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LOCAL EYE



Roots Review asks Mike Simmonds, sports editor of the Luton News, to run the rule over the Hatters...



We'll start with the managerial situation at Kenilworth Road which has been in the news a lot. At the start of the week Mick Harford was in interim charge following Nathan Jones' departure. Firstly, was it a shock to see Jones move on and do you expect Harford to become permanent manager?

MS: It was definitely a shock to see Jones leave the club in the manner that he did, just days before the vital trip to Sunderland and not long after declaring his love for the club once more. He was immensely popular with the Hatters fans as well, after spending just over three years in the job, so the decision has definitely severely dented that relationship as well. Although many would like to see Harford continue until at least the end of the season due to results and performances not being affected by Jones' departure, it remains very unlikely. He has already spoken about not wanting the job,

while interviews were likely to take place this week, so everything points towards a new manager being installed.

On the pitch, it's been an incredible season for the Hatters on their return to League One, currently 15 games unbeaten in the league. What's been the key to their fantastic run?

MS: The key for Town has been their ability to score goals, plus keep clean sheets, while they have also transferred a superb home record to their travels as well. Apart from a goalless draw against Barnsley, Luton have won seven from eight home matches in that sequence, conceding just two goals in that time. Meanwhile, away from Kenilworth Road, it's four victories and three draws, one in the final minute at Walsall, showing just how tough the Hatters are to beat at the moment.

How confident are you of Luton getting promoted?

MS: I'm confident that Luton are in with a real chance of winning automatic promotion this season, while this week could be a crucial one. With Portsmouth and Sunderland not in action, Town

could go top with a result at Roots Hall. They then entertain Pompey at Kenilworth Road on Tuesday night, so a win there could see Luton really cement their place at the summit. Of the sides in and around the promotion places, both Charlton and Barnsley appear a major threat, but Town's stunning home form will give them a real opportunity of going up for the second season running.

Off the pitch once again, there was the recent news of the new stadium being granted planning permission. How much has that given a further lift to the club and when do they expect to be playing in their new home?

MS: The news has given the club a massive boost because it's the first time they have ever received planning permission in their history to build a new ground since trying to relocate away from Kenilworth Road in their history. Moving in remains some way off though as they need to secure planning permission for a mixed use scheme in Newlands Park first, which will enable them to afford the new ground, and that is expected to go before the council in the near future.



LUTON TOWN

DEADLY DUOS

Football historian LEIGH EDWARDS profiles five notable post-war Luton Town goalscoring partnerships

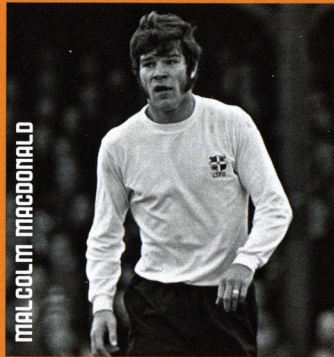
GORDON TURNER &
ALLAN BROWN

Long-serving inside-forward Gordon Turner holds Luton Town's all-time goalscoring record. Signing professional at Kenilworth Road in March 1950, he featured in Luton's 1951-52 FA Cup run and 1952-53 promotion near-miss. He was leading marksman seven times, including 1954-55 when ever-present as they won promotion to the top-flight, also representing the Football League. Netting 243 goals in 406 League outings for the Hatters, he briefly reunited with Jesse Pye at Wisbech Town in July 1964, then played for Kettering Town, Dunstable and Bletchley. He lived and worked locally until his death in December 1976.

Ex-Scotland international Allan Brown was a player and manager at Luton Town. He was a Scottish Cup finalist with East Fife shortly before joining Blackpool in December 1950, moving to Luton in February 1957. Appearing in the 1959 FA Cup final, he netted 51 goals in 151 League games, joining Portsmouth in March 1961. He helped win the Third Division title in 1961-62, then was Wigan's player-boss and Luton's manager from November 1966 until December 1968, plotting their 1967-68 Fourth Division title triumph. Later managing Torquay, Bury, Nottingham Forest, Southport and Blackpool, he died in April 2011.

MALCOLM
MACDONALD &
DON GIVENS

Ace marksman Malcolm Macdonald was capped 14 times by England



MALCOLM MACDONALD

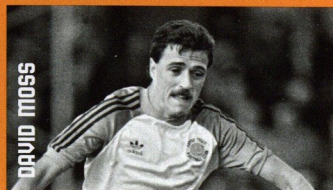
after leaving Luton Town. Initially with Tonbridge, he joined Fulham in August 1968 and moved to Kenilworth Road in July 1969. He was Luton's top scorer in two consecutive seasons including their 1969-70 promotion success and netted 49 goals in 88 League games before being sold to Newcastle United for £180,000 in May 1971. An FA Cup finalist in 1974, he joined Arsenal for £330,000 in August 1976 and was an FA Cup finalist again in 1978 before injury ended his career. He managed Fulham and Huddersfield Town and now works in the media.

Republic of Ireland international striker Don Givens was ever-present for Luton Town in 1971-72. Starting with Manchester United, he joined Luton in April 1970 and formed a lethal partnership with Malcolm Macdonald, netting 19 goals in 83 League outings before joining QPR in July 1972. He starred as they won promotion in 1972-73, then were League Championship runners-up in 1975-76. Joining Birmingham City in August 1978, he later appeared for Sheffield United, then was player and coach with leading Swiss side Neuchatel Xamax. He had a spell as Arsenal's youth coach before managing Republic of Ireland U-21's.

DAVID MOSS &
BOB HATTON

Winger David Moss was Luton Town's top scorer in two consecutive seasons. Initially with hometown Witney, he joined Swindon Town in July 1969 and was twice leading marksman before moving to Luton for £110,000 in May 1978. He featured prominently in their 1981-82 Second Division title triumph and was an FA Cup semi-finalist in 1984-85, netting 88 goals in 221 League games for the Hatters prior to rejoining Swindon in July 1985. Later with Trowbridge Town, he coached under Brian Horton at Oxford United, Manchester City and Huddersfield Town. He has since been chief scout of Liverpool's Academy.

Much-travelled striker Bob Hatton missed just one match for Luton Town in two consecutive seasons. Initially with Wolves, he had spells at Bolton Wanderers and Northampton prior to joining Carlisle United in July 1969. He starred as they were League Cup semi-finalists in 1969-70, then joined Birmingham City in October 1971 and helped to clinch top-flight status that season. Moving to Blackpool in July 1976, he was leading marksman in 1977-78 and joined Luton in July 1978. He netted 29 goals in 82 League games before joining Sheffield United in July 1980, then Cardiff City, becoming director of sales for the PFA.

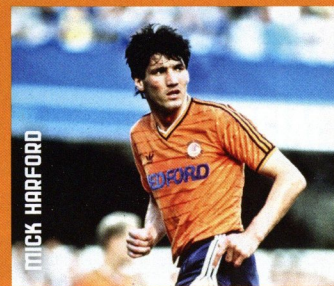


DAVID MOSS

BRIAN STEIN &
MICK HARFORD

England international striker Brian Stein scored twice in Luton Town's 1988 League Cup final triumph. Moving to Kenilworth Road from Edgware Town in October 1977, he was leading marksman in Luton's 1981-82 Second Division success and also starred as they were FA Cup semi-finalists in 1984-85 and 1987-88. He joined Caen in July 1988 and moved via Annecy back to Luton in July 1991. Voted their 'Player of the Year' for the second time in 1991-92, he netted 130 goals in 427 League games overall before joining Barnet in August 1992, helping win promotion in 1992-93. His brother Mark also played for Luton.

England international striker Mick Harford played for Luton Town in two consecutive League Cup finals including their 1988 Wembley triumph. Signing professional for Lincoln City in July 1977, he had spells with Newcastle United, Bristol City and Birmingham City prior to joining Luton in December 1984. He starred as the Hatters were FA Cup semi-finalists in 1984-85 and 1987-88, moving to Derby County in January 1990 and returning to Luton in September 1991. Joining Chelsea in August 1992, he then played for Sunderland, Coventry City and Wimbledon. He has since been coach and manager back at Luton.



MICK HARFORD

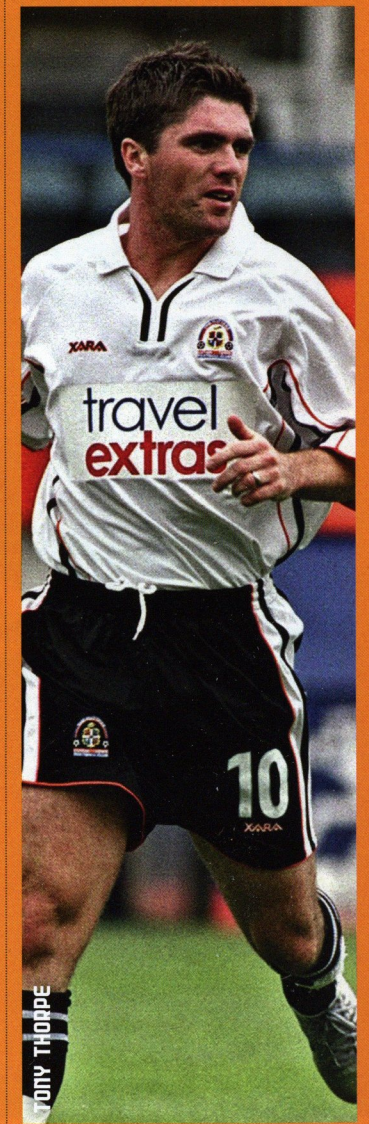


STEVE HOWARD

STEVE HOWARD &
TONY THORPE

Striker Steve Howard topped Luton Town's goalscoring charts in five successive seasons. Initially with Tow Law, he joined Hartlepool United in August 1995 and moved to Northampton Town for £120,000 in February 1999. He starred in their 1999-2000 promotion campaign, joining Luton for £50,000 in March 2001. A key figure as the Hatters won promotion in 2001-02 and League One title in 2004-05, he scored 95 goals in 212 League outings before sold to Derby County for £1,000,000 in July 2006. He helped win promotion in 2006-07 and joined Leicester for £1,500,000 in January 2008, then returned to Hartlepool.

Striker Tony Thorpe was leading marksman as Luton Town qualified for the Second Division play-offs in 1996-97. A former Leicester City trainee, he reunited with David Pleat at Luton in August 1992 and was also top scorer in 1997-98. He joined Fulham for £800,000 in February 1998 and helped them reach the play-offs that season. Sold to Bristol City for £1,000,000 in June 1998, he was top scorer three times prior to rejoining Luton in July 2002 after two loan spells. He netted 70 goals in 164 League games overall before moving to QPR in August 2003, then Swindon, Colchester, Stevenage, Grimsby and Tamworth.



TONY THORPE



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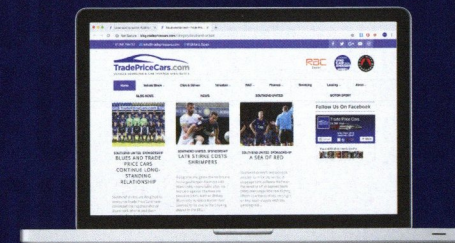
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THE ACADEMY

Youth Team Review

By Robert Craven



Southend United U18s will take on Exeter City in the area final of the EFL Youth Alliance Cup following a 3-0 semi-final success against Cambridge United at Boots & Laces earlier this month.

Freddy Eastwood, Jon Benton and Miles Mitchell-Nelson were all on target for the teenage Shrimpers against the U's as Dave Huzzey's squad matched the best-ever performance of the club in the competition dating back to 2010/11. They will now host the Grecians next Saturday, 2nd February.

"I thought we were magnificent defensively, and attacking-wise we were outstanding," beamed Huzzey. "I'm really pleased with the boys, and not just how they performed but how they conducted themselves in the game. Sometimes they weren't nice, and we encourage that, but most importantly they were professional."

Blues went into the fixture on the back of two crushing victories, against Barnet and Gillingham, but the youth team coach was also keen to focus on the side's preparation for the clash against Cambridge. The squad discussed at length about how to approach the game and what made knockout football different.

"We spoke in the week about what made this a cup game and asked whether we put the pressure on it ourselves," Huzzey revealed. "Within the first 15 minutes we

realised why it was different; it was because it was so quick. We went 1-0 up, but the game then was on a knife-edge and it could've gone either way, but we controlled the game so well after the first 15-20 minutes.

"We went on to get a well-deserved win, and I thought we were outstanding in the second half. The cup brings speed to the game, and it's almost as though the fear of losing and going out of the cup makes it quicker. It makes it mean more and every decision means that little bit more."

Blues made the perfect start when Eastwood drifted inside before sweeping the ball into the top right-hand corner of the net in just the second minute, and Huzzey felt that getting a fast start may have had an effect on their opponents.

"We spoke in the week about how we could approach the game in the same way as we did against Gillingham and against Barnet because they were two excellent wins. To get the goal, more than anything for our opponents having seen our recent results, they might have thought, 'Here we go again.'"

"We've played Cambridge twice before this season and beaten them twice, so maybe there was a psychological aspect there, but they put us under some pressure for ten minutes after the first goal and we stood up so well to it. Earlier on in the season

we might've crumbled, but this group of players have learnt and progressed, and we got what we deserved in the end."

Blues had to stand firm after that, but a solid base helped them to protect Harry Seaden's goal, and Benton doubled the advantage on 31 minutes by crashing home via the underside of the crossbar from Sam Brogan's pass. Benton had earlier struck the bar and Matt Rush also hit a post in the 37th minute, with Rush seeing a penalty saved early in the second period.

However, Mitchell-Nelson calmed any fears of a Cambridge comeback with the third goal on the hour as he got a crucial touch to Ide Osimeh's corner, and Blues cruised into the area final. "Rick and I had a chat about how my teams have often conceded a lot of goals, and I wanted to make us more defensively solid," stated Huzzey.

"We worked on that in the week, and that was not just working with the back four but with the midfield four and making sure that they ran hard to get themselves set so that we could then press off of our shape. I think that was the difference to make sure that defensively we had that set-up and we could apply pressure in the right areas of the pitch."

"Offensively, going forwards, I think we're the best team in the league. The challenge for me, as the coach, and the players, was to make sure

we had a good defensive structure and base to do that from. We had that, and we're not the finished article in terms of defensive shape or going forwards, but this was a step in the right direction."

"Going into the final of this competition for the first time in a long time, and also going into the top half of the Merit League, we're going to have to keep executing the same defensive performance that we put in here," he added.

Huzzey was also keen to thank all the supporters who came to the club's training ground to watch the match, with the number representing three times as many as the team enjoy for league matches: "It replicates what they are hoping to go into a little bit,

and to have 150 fans here and people watching the game means so much," he said.

"We always talk about The FA Youth Cup games and how there's a big crowd there and some of the boys relish that and others learn from it. I'd like to say a massive thank-you to all of the fans that came over to the game before the first-team fixture. It means a lot to the club and the Academy, but more than anything it means a lot to the boys."

Southend won the game without one of their key players this season, leading goalscorer Charlie Kelman, who would go on to make his mark in the first team by scoring from inside his own half against Plymouth Argyle at Roots Hall before signing a professional

contract. Huzzey concluded by speaking about the importance of senior recognition to the Academy.

"I was speaking to Kevin Maher and Ian Hart before the game and saying how excited I was about Saturday. I wasn't just talking about our fixture, I was talking about the first-team fixture because at the moment we're getting players perform as well as they did in the Academy and then we've got Charlie Kelman who couldn't be involved because he was in the first-team squad.

"When we go over to the first team games the Academy will see a lot of familiar faces like Nathan Bishop, Elvis Bwomono, Dru Yearwood, Isaac Hutchinson, Michael Klass, Rob Howard, Tom Clifford; the list goes on and on and that, for every member of staff in the Academy, is excellent. For me, it is part of the reason why I come into work every day.

"Those involved with the U9s through to the U16s, I don't think they get enough plaudits really because what we do for this Academy is excellent. From Monday to Friday the work that goes on at PlayFootball and by all the part-time staff that have other jobs and have to fill in reports and put together session plans, they deserve massive credit and we feel that this was a massive day for the Academy."



*Follow @SUFYouth on Twitter for full updates on all U18s games and visit www.southendunited.co.uk/teams/academy/ for the latest on the club's Academy.

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- Zak **O'Keefe** (U11) – Lumeric/M.K. Plumbing & Heating
- Alfie **Whiteaker** (U15) – Duration Windows
- Jake **Huet** (U13) – Onduline Building Products Ltd
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- Ethan **Firth** (U10)
- Alessandro **Speight** - MKM Builders
- Reid **Skinner** (U13) – Observatory The Opticians
- Jaden **Crowhurst** (U15) – W.E. Cox Claims Group Limited

Merit League Fixtures & Results 2018/19

DATE	OPPONENTS	H/A	COMPETITION	RESULT/KICK-OFF	VENUE
AUGUST 2018					
Sat 04	Barnet	A	EFLYASEC	2-1 W	The Hive
Sat 11	Gillingham	H	EFLYASEC	2-2 D	Boots & Laces
Sat 18	Northampton Town	A	EFLYASEC	2-2 D	Moulton Agricultural College
SEPTEMBER 2018					
Sat 01	Stevenage	H	EFLYASEC	2-3 L	Boots & Laces
Sat 08	Cambridge United	A	EFLYASEC	3-2 W	Clare Sports College
Wed 12	Newport County	A	EFLYASEC	W 6-4	Llisbury High School
Sat 15	Peterborough United	H	EFLYASEC	1-5 L	Boots & Laces
Sat 22	Leyton Orient	A	EFLYASEC	W 5-0	Whitbread Sports Ground
Sat 29	Milton Keynes Dons	H	EFLYASEC	W 3-1	Boots & Laces
OCTOBER 2018					
Sat 06	AFC Wimbledon	H	EFLYASEC	W 6-2	Boots & Laces
Sat 13	Luton Town	A	EFLYASEC	W 8-3	Ely Way
Sat 27	AFC Bournemouth	A	EFLYACR3	W 3-1	
NOVEMBER 2018					
Thu 1	Leyton Orient	A	FAYCR1	W 4-3 (AET)	Whitbread Sports Ground
Sat 10	Cambridge United	H	EFLYASEC	W 3-2	Boots & Laces
Sat 17	Peterborough United	A	EFLYASEC	L 1-2	Nene Park Academy
Wed 21	Charlton Athletic	A	FAYCR2	L 0-2	
Sat 24	Milton Keynes Dons	A	EFLYASEC	D 3-3	Woughton-on-the-Green Playing Fields
DECEMBER 2018					
Sat 01	Leyton Orient	H	EFLYASEC	W 6-0	Boots & Laces
Tue 4	Stevenage	A	EFLYASEC	L 2-4	
Sat 08	AFC Wimbledon	A	EFLYASEC	L 2-3	Kings College Sports Ground
Sat 15	Luton Town	H	EFLYASEC	D 1-1	Boots & Laces
Sat 22	Barnet	H	EFLYASEC	W 7-1	Boots & Laces
JANUARY 2019					
Sat 05	Gillingham	A	EFLYASEC	W 6-1	Beechings Cross
Sat 12	Cambridge United	H	EFLYACSSSF	W 3-0	Boots & Laces
Sat 19	Northampton Town	H	EFLYASEC	L 0-1	Boots & Laces
FEBRUARY 2019					
Sat 02	Exeter City	H	EFLYACSSSF	TBC	Boots & Lacs

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U23s REVIEW

By Robert Craven



Southend United's progress in the BBC Essex Senior Cup was ended at the Quarter-Final stage by current holders Billericay Town after a 6-2 defeat at The AGP Arena.

Kevin Maher's side had lost 7-3 to Billericay in the Third Round of last season's competition and, despite two goals inside sixty seconds from Norman Wabo and Michael Klass to make it 2-2 after just 17 minutes, a hat-trick by Billy Clifford underpinned another four-goal margin of victory for the hosts.

Blues had beaten Harlow Town and Waltham Abbey, both 5-2, to reach the last eight of the competition, but the signs that this would be a tougher proposition were clear in the third minute when a long ball caught out the Blues back-line and Ross Lafayette was given too much space to beat Ted Smith from eight yards out.

It was 2-0 in the 11th minute as Billericay's whirlwind start continued. The goal came courtesy of Clifford, who steered the ball brilliantly between the outstretched left glove of Smith and the inside of the right-hand post to double the advantage from 20 yards out.

Southend showed good resolve and managed to halve the deficit in the 16th minute when Wabo embarked on a superb solo run. He danced down the left-hand side before cutting in and holding

off the attention of a couple of defenders to fire clinically into the bottom right-hand corner and make it 2-1.

Incredibly, almost straight from the kick-off, Southend hauled themselves level through former Queens Park Rangers youngster Klass. The midfielder picked up possession in the centre of the pitch and strode through unchallenged before deftly dinking the ball over Smith and into the bottom left-hand corner of the net.

Parity lasted just two minutes as Clifford's second goal of the evening edged the home side in front. Danny Waldren's off-target header was retrieved before it went out and the midfielder brilliantly bent his shot around Smith from just inside the penalty area.

Billericay restored their two-goal advantage eleven minutes before half-time when a right-wing corner wasn't sufficiently cleared and Kieron Cadogan's driven attempt was deflected past an unsighted Ted Smith.

Despite the setback, Blues continued to attack with purpose and Wabo almost brought the visitors back into the game with some more magic, this time from the right-hand side of the penalty area. He managed to cut the ball back from the goal-line to Phillips, but the playmaker was denied by a good block inside the six-yard box.

Nathan Minhas turned in the penalty area to draw a fine save from Smith in the 53rd minute, but a foul by Miles Mitchell-Nelson ten minutes later led to a penalty for Town. It looked as though the infringement may have occurred just outside the penalty area, but the referee waved away Southend's remonstrations and Clifford sent Smith the wrong way with a well-delivered spot-kick.

Former England U18s international Smith then made a good low save to turn away a Minhas strike midway through the second half ahead of further fine work to beat out a Devonte Aransibia effort and then touch substitute Moses Emmanuel's away from danger.

However, he was beaten for a sixth and final time three minutes from the end of the match when another Billericay replacement, Adam Coombes, was picked out in space by Waldren's long ball into the penalty area and he drilled the ball into the bottom right-hand corner.

Kevin Maher's young team will have learnt a number of lessons from their exploits in the competition as they reached the quarter-finals for the first time in six seasons. The next fixture for the U23s is scheduled to take place away to Peterborough United in the Central League on Tuesday.



IN THE COMMUNITY

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SHENFIELD HIGH REPRESENT BLUES AT THE DEN

On Thursday 10th January the winners of Southend United Community & Educational Trust's local schools tournament, Shenfield High, made the trip to Millwall to represent the Blues in the regional final of the EFL Girls Cup.

The winner of the regional round goes through to the next group of games and then the winners of that competition will eventually play in the final at Wembley. Shenfield started well with a convincing 2-0 win over Gillingham, and then picked up another three points against Millwall and QPR.

This saw the girls go top of the group with three wins in three and made them favourites to go through to the semi-finals.

After wins in the reverse group games against Gillingham, QPR,

and Millwall they girls remained unbeaten, conceding just one goal in the group stages!

The semi-final was tough with the best teams in the competition left to beat. Blues, who faced AFC Wimbledon, had a challenging fixture ahead of them. The game started with little action at either end, but a moment of magic from one of the girls saw an opportunity open and Southend punished the Dons with a cute finish from a very tight angle.

The goal boosted Shenfield's confidence and they continued to play well, bagging themselves another goal before full-time, earning a place in the final which meant they would take on Gillingham, who had beaten Crawley Town on penalties.

The girls had already faced Gills and knew how to beat them. But

this was the toughest game of the day, both teams consistently attacked and defended well.

The game was very close and it was still 0-0 coming into the closing stages of the match.

To Blues' disappointment, Gillingham scored from a goal-kick. The keeper stepped back and scooped a long-range ball towards Southend's goal only for it to bounce just out of the reach of our keeper.

Shenfield couldn't find a way back despite attacking several times and meant our EFL Girls Cup journey, unfortunately, came to an end.

SUCET Community Officer April Smith said: "The EFL Girls Cup is a great opportunity to showcase the amazing talent that schools across South Essex have to offer in girls football and we only hope this grows further within the community and footballing world!"

WHITE VISITS BROCKFIELD HOUSE



On Tuesday 15 January, Southend United first team player John White visited Brockfield House for a Q&A session.

The patients got a chance to ask John about his career and what it is like to be a professional footballer.

The experienced defender spoke about what it takes to reach the top level and the sacrifices he had to make through his development years.

He said: "Your mentality is key, you have to be committed and be strong."

John also took the time to speak about the setbacks he has had including injuries, as well as not being picked in the starting line-up.

"It's hard to sit on the sidelines with an injury but being out because you don't fit into the manager's plans is even harder to take," White added.

This visit was slightly different to the usual session from Southend United Community & Educational Trust, as the participants are used to a skills and drills based session that are instructed by our coaches.

Disability Officer Georgia Raby had this to say about the hospital visit.

"Having player appearances at sessions like this help the participants in a variety of ways. It gives them motivation and inspiration to achieve their goals, whether that's sports related or not."

John summarised his time working with the community by saying: "The community aspect of any Football Club is important, but for me, personally my favourite bit about the job has to be putting smiles on people's faces and making people happy is a great thing for me to do. "If I can do that within 15 minutes of being with someone, especially with the little kids as well as adults, then that can make a big difference in the community."

"Today's visit was a bit different, the normal visit would have seen us go to a summer camp or a school, but because they were older they produced some great questions during the Q&A!

"They were asking questions that they generally have a passion on and interest about. It's brilliant getting questions from kids as well, but because of the different people that you mix with both in and around the community you get a real variety which is great."

SCHOLARSHIPS AT BLUES

Are you 16-19? Interested in a career in sport? Then the Southend United Futsal and Football Education Scholarship is the course for you...

Students will look the part in their very own Nike SUFC tracksuit and training kit as well as being given the opportunity to study at the home of Southend United, Roots Hall Stadium.

Pupils that take the course study either a BTEC Level 2 or 3 in sport depending on their GCSE results, with the BTEC Level 3 being equivalent to 3 A-levels.

One of our current students, Robert Lodge, is working towards the completion of his BTEC Level 3 course and the youngster is aiming to use Southend United as a stepping stone for the future.

"The course enables me, while studying, to expand my learning of the game. The frequent training sessions are a big part of why I joined this course and the sessions are at a high quality and intensity. The BTEC lessons help me to expand my knowledge of the sports industry so I can develop myself further and work towards a degree at university."

To find out more and how to apply to book a place at our next open evening, Thursday 31 January 6pm at Roots Hall Stadium.

Call 01702 341351 or email c.barlow@southendunited-cet.co.uk to book your place.

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SOCIAL BLUES

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Sam hart @Samhart123 · Jan 19
Some start the boys were unreal! @HumphrysStevie say no more
@SUFCRootsHall

Southend United @SUFCRootsHall · 2h
We would like to wish #Blues legend @StanCollimore a very Happy Birthday
Have a good one Stan!

Sky Bet League One @SkyBetLeagueOne · Jan 20
Looks like @SUFCRootsHall were holding their own Goal of the Month competition yesterday...

Sporting Life Football @SportingLifeFC · Jan 20
@SUFCRootsHall didn't just beat Bradford, they also had their own goal of the weekend competition between themselves

Four beauties here..

Josh Bunting @BuntingFootball · Jan 19
Simon Cox and Sam Mantoma goals for @SUFCRootsHall today what a way for Humphrys's to make his debut also two very composed finishes.

Stephen Humphrys @HumphrysStevie · Jan 19
Wow, that was a day to remember. Absolutely delighted to get the win today at Bradford. Lads were different class and deserved that!

On a personal note, buzzing to get a couple of goals on my debut for @SUFCRootsHall. Hopefully many more to come.

Fans were outstanding #COYS

SOUTHEND eSPORTS XB1 @sb1southend · 7m
Southend united eSports xb1 looking for Top Players in the following positions:
• Full Back
• Centre Back
• Centre Defensive Midfield
• Centre Attacking Midfield
Also looking for a co-manager to help us push to win the title
@SouthendSports
@SUFCRootsHall @sufcrootshall

nath @nath099 · Jan 19
The boys were on fire today all over!! @HumphrysStevie & @Samhart123 both amazing! Brilliant support thank you strimperial! Enjoy your weekend!

Elvis Buonomo @ElvisBuonomo · Jan 19
Fantastic 4-0 away win against Bradford! What a team performance. Fans were quality from start to finish! 🙌🙌🙌 @SUFCRootsHall

MATCH ACTION 19.01.19 | REF: M SALISBURY | NORTHERN COMMERCIALS STADIUM | ATT: 15,517

BRADFORD CITY 0 SOUTHEND UNITED 4

Cox 2', Mantom 26', Humphrys 54', 73'



XI

O'Donnell
Caddis
McGowan
A. O'Connor © 66'
Knight-Perceival
Ball
Apkan
O'Brien
Payne
Doyle ● 87'
Miller 76'

Subs: Wilson, P. O'Connor,
Devine, Ellington, Wood
66', Colvill 76',
Anderson 87'

XI

Bishop
Bwamono
White
Turner
Moore
Hart ●
Hyam
Dieng
Mantom © ● 81'
Cox 86'
Humphrys 76'

Subs: Smith, Hendrie,
Kightly, McLaughlin,
Robinson 76', Yearwood
81', Kelman 86'

REACTION CHRIS POWELL

"I'M ECSTATIC. TODAY REALLY WAS OUR BEST PERFORMANCE OF THE SEASON, NO DOUBT, BUT IT'S HARD BECAUSE THIS LEAGUE DOES TEST YOU IN MANY WAYS. I THOUGHT WE GOT OUR PREPARATION RIGHT, OUR TACTICS RIGHT AND THE SHAPE OF THE TEAM RIGHT."





STEPH HUMPHRYS

FORWARD



As debuts go, Stephen Humphrys' away at Bradford last weekend is right up there amongst the best for Southend United.

Immediately after the full-time whistle the debate had begun about debuts better than the one witnessed at Valley Parade, in a 4-0 win, from the newly signed striker.

There's Richard Cadette's four goals against Leyton Orient or Freddy Eastwood's hat-trick against Swansea City that probably pip it, but there was no taking away from a brilliant performance from Humphrys, who only received confirmation the move had gone through on the morning of the game.

But the 21-year-old said he was prepared to play, despite the ongoing wait for clearance from the FA, and admitted he couldn't have wished for a better start to his Southend career.

"It was a fast start with Coxy scoring pretty much straight away with a great finish and I think that set the tempo for the match," said Humphrys. "The skipper got a goal of the same quality and then I was delighted to get my goals as well.

"Being a striker, and I said it in my interview after the game, you want to get off the mark straight away and as soon as I got my first goal it was a sigh of relief. The second one just came out of nowhere really.

"From the start I felt quite alert and the lads knew when I was going to set off running and I knew when they were going to play the pass. We seemed to click straight away.

"The delay in confirmation didn't affect me either because I prepared as if I was going to be playing. I did everything the night before and on the morning of the game to make sure I was in the best possible shape, and also mentally as well, to be able to play and do my best for the team and I think that paid off.

"I tried to get my hat-trick but the gaffer actually called me over and said I had five minutes to get it before he took me off because he didn't want to lose me for today."

The second of his brace was a fine solo effort, cutting in from the right wing onto his left foot and curling an unstoppable strike into the far corner.

Humphrys said it goes down as the best goal of his fledgling career.

"That's technically the best goal I've scored, on my weak foot as well.



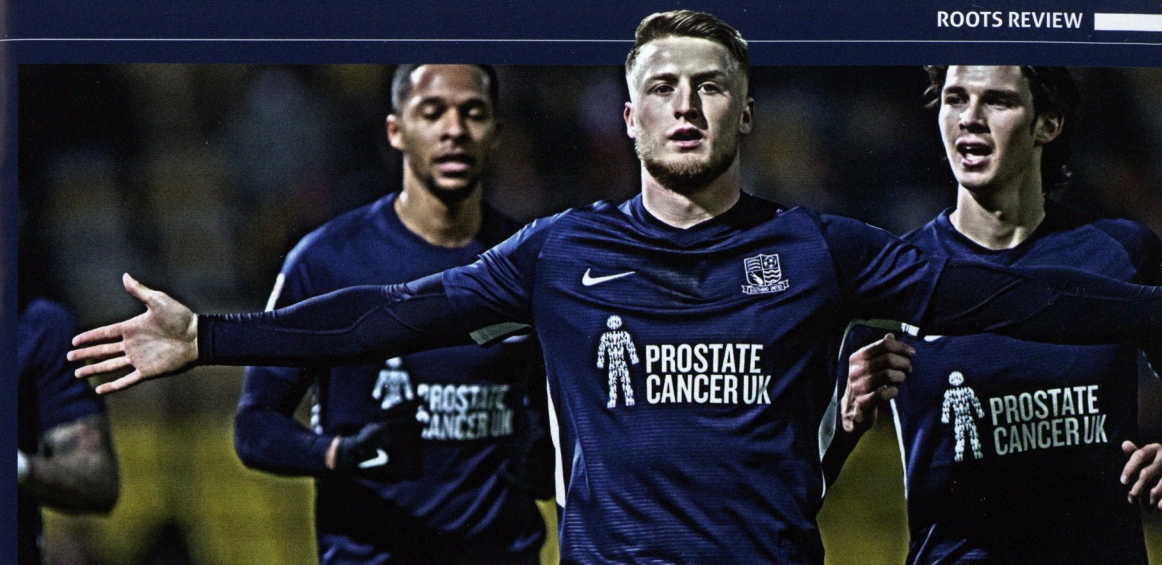
"I would say it's a signature move of mine, the right stepover onto my left foot, which I've had to work on since I was a kid really. I don't usually go for the curl technique, I usually try and whack it as hard as I can, so to curl one in like that was probably my best goal."

You wouldn't think it was the striker's weak foot, but he puts that down to endless work with his father when he was younger.

"That's down to my dad to be fair. He always said since I was six or seven years old you've got to be two footed.

"We used to go out on the field across the road from my old house and he'd stick a crisp packet or bottle on the wall and I'd have to hit that with my left foot. We'd do it for hours and hours and it's paid off."

Ahead of potentially making his first appearance at Roots Hall this afternoon in a difficult encounter against Luton, Humphrys is relishing the opportunity of going toe-to-toe with the League One high-flyers.



"I've had a nice reaction on social media from the fans," he added. "Even before the Bradford game everyone welcomed me and then it was an even better reaction after the two goals and the win.

"I'm looking forward to showing everyone who comes to the game what I can do this afternoon.

"It's a big game but I don't think you're in the right profession if you don't want to play in the biggest games.

"I'm sure every lad growing up wants to play in a World Cup Final, so you've got to want to play in the biggest games.

"You've got to be nervous, but your fear of failure has got to be less than your will to win and your will to do well. That's what I want to do, and I want to get another win on the board.

"We've spoken about consistency, we spoke about it directly after Bradford. That was one, but we can't take our foot off the gas now.

"We've got to keep that going if we want to push for the play-offs. When I was at Scunthorpe at the start of the season we lost six games in a row so I know how it feels to be on the opposite end of the spectrum where we're losing games, so to get the win on Saturday was a massive boost personally and I think it will be for the lads as well.

"You want to get the reputation of coming to Southend as being a really tough game. Old Trafford has had that, I know it's a different scale, but you want to make Roots Hall a place where the opposition don't want to come.

"Hopefully we can get a good win or grind out a good result."



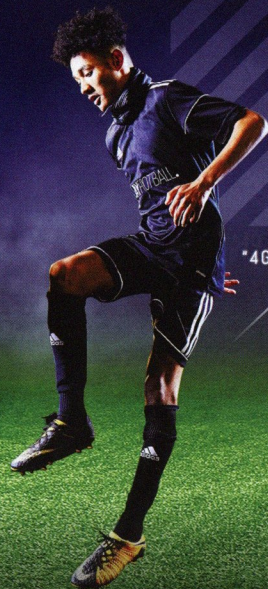
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STEPHEN HUMPHREYS



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- VIP Meet the Players Day - exclusively for Junior Blues members

Shrimpers Trust offer free travel to one away match per season for any Junior Blues Member

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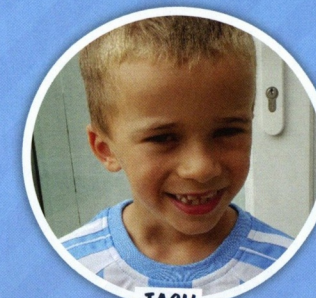
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TODAY'S MASCOTS



JACK
FAVOURITE PLAYER - BEN COKER



ROMAN
FAVOURITE PLAYER - SIMON COX



RUBY
FAVOURITE PLAYER - JASON DEMETRIOU



RYAN
FAVOURITE PLAYER - JOHN WHITE



RUBY
FAVOURITE PLAYER - SIMON COX



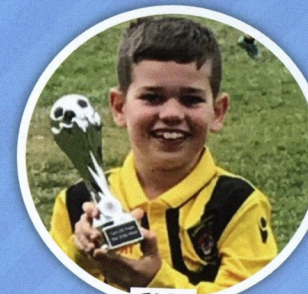
DAISY
FAVOURITE PLAYER - MICHAEL RIGHTLY



JENSON
FAVOURITE PLAYER - SIMON COX



MADDIE
FAVOURITE PLAYER - TIMOTHEE DIENG



JACK
FAVOURITE PLAYER - SIMON COX



HENRY
FAVOURITE PLAYER - DRU YEARWOOD

JUNIOR BLUES



WHO AM I?

Q1. I PLAYED FOR SOUTHEND, ASTON VILLA, LIVERPOOL AND NOTTINGHAM FOREST

Q2. I HAVE BEEN CONSIDERED ONE OF THE BEST PLAYERS SOUTHEND HAVE EVER HAD

Q3. I PLAYED AS A FORWARD

TOTAL...1

NAME SCRAMBLE

UNSCRAMBLE THE LETTERS TO REVEAL THE SUFC PLAYER

O H T E O N I S R B N O

TOTAL...1

SPOT THE BALL

WHICH IS THE CORRECT BALL IN THE PICTURE?

A B C

TOTAL...1

QUICK QUIZ

1. WHICH CLUB HAS WON THE MOST FA CUPS IN HISTORY?

2. WHO JOINED FULHAM FROM BESIKTAS LAST FRIDAY?

3. WHO DID HUDDERSFIELD TOWN APPOINT AS THEIR NEW MANAGER THIS WEEK?

TOTAL...3



P	H	A	R	F	O	R	D	C	P	I	J	D	N	T
Z	R	R	Y	V	D	N	X	Y	C	O	N	Z	U	O
T	Q	W	B	L	V	M	Y	G	X	E	W	G	M	O
H	Y	S	F	O	K	Y	W	O	H	F	Q	E	Y	H
D	K	L	L	C	M	S	C	T	E	J	E	V	L	S
S	U	L	O	M	F	Y	U	Z	J	R	H	G	H	L
Y	E	L	C	I	N	O	A	B	V	L	O	S	V	J
Y	B	S	O	S	S	N	O	T	U	L	V	C	E	P
P	S	B	R	S	J	C	U	L	Q	B	T	D	S	W
R	L	V	N	V	C	O	K	P	O	X	N	A	J	T
N	W	N	E	J	K	X	J	E	H	U	N	P	U	I
B	Q	Z	R	B	B	G	K	O	X	F	D	X	H	V
F	Z	I	B	Q	X	M	O	F	O	D	D	R	H	T
S	R	C	R	O	S	S	M	A	F	Y	O	F	W	J
H	C	H	D	B	U	N	Y	I	L	F	R	I	Y	D

WORD SEARCH

- BLOCK
- CORNER
- CROSS
- GOAL
- HARFORD
- LUTON
- MISS
- POWELL
- SCORE
- SHOOT
- SOUTHEND
- VOLLEY
- TOTAL...12

MATCH THE MANAGER

CAN YOU MATCH THE MANAGER TO THEIR CLUB/COUNTRY?



SHIRT NUMBER SUMS

- 1. STEPHEN HUMPHRYS + JOHN WHITE =
- 2. TAYLOR MOORE - MICHAEL KLASS =
- 3. NORMAN WABO ÷ SAM MANTOM =

TOTAL...3

TOTAL...3

HOW DID YOU DO?
 0-7 AMATEUR
 8-16 SEMI-PRO
 17-24 PRO

Name Scramble: Theo Robinson. Who Am I? Stan Collymore Quick Quiz: 1. Arsenal, 2. Ryan Babel, 3 Jan Stewart. Spot the ball: B. Shirt number sums 1 = 87, 2 = 3, 3 = 1.61. Match the Manager: 1+B, 2 + C, 3+A.



YOUR TEAM IS THE ONE TO WATCH

EFL Highlights Saturday 9pm

Now On
QUEST

Freeview 37 | Freesat 167 | Sky 144 | Virgin 172

2018-19 STAT PACK



LEAGUE ONE TOP FIVES

GOALS

1	MARQUIS	16
2	MAJA	15
3	COLLINS	14
4	GRANT	14
5	HENDERSON	14

ASSISTS

1	COPPINGER	10
2	HUNTER	9
3	CAREY	8
4	CURTIS	8
5	GOOCH	8

SHOTS ON TARGET

1	MCCONVILLE	40
2	TAYLOR	36
3	COOK	35
4	LEE	35
5	MARQUIS	35

MINUTES PER GOAL

1	MAJA	118
2	TOM EAVES	139
3	MOORE	147
4	LAMEIRAS	153
5	GRANT	158

% OF GOALS INVOLVED IN

1	HENDERSON	54
2	MCCONVILLE	44
3	KEE	41
4	TAYLOR	40
5	HENRY	40

MINUTES PER ASSIST

1	MADDISON	187
2	COPPINGER	190
3	CUMMINGS	190
4	HUNTER	203
5	OVIEDO	220

FOULS

1	COLLINS	73
2	GNANDUILLET	63
3	TAYLOR	63
4	HAWKINS	57
5	MARQUIS	56

MINUTES PER GOAL CONCEDED

1	LILLIS	40
2	MACEY	47
3	ALNWICK	51
4	HOLY	53
5	MITCHELL	53

LEAGUE ONE SPOTLIGHT

Mark Robins has lost his last four league meetings with Blackpool by an aggregate score of 0-9.

LEAGUE ONE SPOTLIGHT

Plymouth Argyle have won nine of their last 12 league matches in January (D1 L2).



SHRIMPERS TRUST

www.shrimperstrust.co.uk



Good afternoon and welcome all, for our match this afternoon, against high flying (and scoring) Luton Town. A special welcome back to Alan McCormack a member of SUEPA who played a fair few games for us in two spells and knocked in 17 goals too.

I am delighted to see that the slight timing issue with HMRC did not result in the dreaded transfer embargo, thus allowing a couple of signings to complement our injury ravaged squad. That said, the opportunity afforded our youth academy graduates, could hardly be described as unsuccessful, with the latest, Shrimpers Trust sponsored Charlie Kelman, being introduced with such dramatic effect! Talking of dream debuts, you'd be hard pushed to beat that of Stephen Humphrys in that rousing 4-0 beating of Bradford. A score matched by Luton in their last game... what price 0-0 today then, let's hope not!

Of course, whilst Charlie Kelman was missing, otherwise engaged, his U18 team mates were brushing aside Cambridge United (3-0) in the EFL Youth Alliance Cup Southern Section Semi-Final. Scorers on the day were Freddy Eastwood, Jon Benton and Miles Mitchell-Nelson. The reward for our youngsters is a Final against Exeter, with details to be announced shortly.

I mentioned before that our Social Inclusion scheme is under way and am delighted that we are currently planning for a visit by Staff and Pupils at Kingsdown school. This, we hope, will be a memorable day for all involved and will become



a template for future occasions. Part of this scheme was also to reward those who have made a significant impact to their local community – step forward then, Lee Webster, who (together with some colleagues) rescued a charity shop in their hour of need. More details on this in my notes for the Wycombe game, where he will be our guest and hopefully enjoying some Southend United hospitality.

Our first Liaison meeting of the New Year went ahead last week and amongst the usual agenda items of Club Finance, New Stadium and Junior Blues, was the state of the TV feed played into the club bars. As many of you will have noticed, this has significantly degraded over the last few weeks and despite a couple of gentle (and then less so) nudges, it has not been improved. Action has now been taken and I am assured, it's now a matter of, "watch this space."

Our Quid a Goal Scheme was given a fillip with the fabulous result against Bradford, with Chris Diani, Clare Chapman, Darren Assiter, Brian Illsley, (Simon Cox goals),

David Oldbury, (3 Goal Margin) Victor Riley, Peter Moorhouse, Andrew Moorhouse, Alan Stivey, Alex Trott (League and Away Goals) being amongst those required to dig a little deeper at the end of the season!

The continued generosity of supporters to the Trust has meant we need to reorganise our collection of programmes yet again and to that end we plan to open the Shrimpers Bar one Sunday (soon) to do this. As is normal we will also be selling on the day. So, if you are missing that key programme – check next week and we will have the date confirmed.

Enjoy the game, whatever the result and safe journey home, one and all!

If you have any comments on anything the Shrimpers Trust does or does not do – please feel free to contact me at:

pfitz666@aol.com.

Paul FitzGerald

SHRIMPERS TRUST

Forthcoming Trust Events

RACE NIGHT

In conjunction with the Carli Lansley Foundation

Saturday 16th March 2019

Venue: Shrimpers Bar

Time: 7.00 for a 7.30 pm prompt start – more details to follow

For further details contact Alan Perry: 01702 476458 alanperry4@hotmail.com

QUIZ NIGHT

Saturday 2nd February 2019

Time: 7.00pm for a 7.30pm prompt start.

The cost will be £10.00 for adults and £6.00 for under 16's.

Included in the price will be a choice from 5 meals (Chicken & Chips, Chicken Nuggets & Chips, Sausage & Chips, Fish & Chips or Vegetarian Spring Roll & Chips).

The Venue: Shrimpers Bar

For further details contact Alan Perry: 01702 476458 alanperry4@hotmail.com

Away Travel



CHARLTON ATHLETIC

Saturday 9th February 2019

Members £10.00
Non-Members £15.00
Under 16 traveling with adult £10.00

ROOTS HALL	11:45
The ELMS	11:55
HADLEIGH CHURCH	12:00
TARPOTS CORNER	12:10
The WATERMILL	12:25
FORTUNE of WAR	12:30



DONCASTER ROVERS

Tuesday 12th February 2019

Members £20.00
Non-Members £25.00
Under 16 traveling with adult £10.00

ROOTS HALL	14:00
The ELMS	14:10
HADLEIGH CHURCH	14:15
TARPOTS CORNER	14:25
The WATERMILL	14:40
FORTUNE of WAR	14:45

To book, call 07892 905 338, visit www.shrimpers.co.uk or come and see us at the Trust stand in the Shrimpers Bar on any home match day

Chinese Night

Thursday 28th March 2019

Time: 7.00 for 7.30pm meal. Cost is £15.00 for an all you can eat buffet

The Venue: East, 33 Alexandra Street, Southend on Sea

For further details, contact Alan Perry: 01702 476458 alanperry4@hotmail.com



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- Spark plug socket: 18mm
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- Accessories

1/2" Drive Contents:

- Hexagon Sockets: 10-32mm
- Hexagon Deep Sockets: 16-22mm
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- Spark plug sockets: 16 & 21mm
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WRITTLE COLLEGE PARTNERSHIP

A newly-formed relationship with Writtle University College has provided one third-year student Sports Performance students the opportunity to learn first-hand in the industry and gain important work experience with Southend United Football Club.

Adam Bantock, who studies at Writtle, has been combining research for his dissertation while also bridging his knowledge and understanding from their academic studies in an applied setting at Blues.

And Adam said it's been a great experience learning with first team Head of Sports Science and Conditioning, Stef Russo, two days a week alongside his studies.

"It's more about being in the field and the ins and outs of what really goes on behind the scenes," said Adam. "It's been a really good experience for me and is a great stepping stone for making a career in the field."

"My lecturer, Mark Williams, used to work at Southend so he had the contacts and gave me the opportunity and I took it."

"When I get in, I usually do the simple jobs like filling up water bottles, sorting out the GPS vests for the players and then I help Stef set up with the warm-up. I also sit in on the training session in case they need any help and then after that help pick up the GPS data."

Meanwhile, the strength and conditioning coaches at the club have been able to utilise a piece of equipment that Writtle College have called a Nordbord - a fast, easy, accurate and reliable system for monitoring hamstring strength and imbalance.



Adam added: "I'm doing my dissertation with Southend using data we've taken from the U23s and using that to look at training programmes to hopefully benefit the club as much as me."

"At Writtle we have a piece of equipment that Southend don't have called the Nordbord and we're using that to give the Southend staff data."

"They get to see different things to what they would normally see so they can set training programmes around the set of data."

"It's also a huge benefit for me to be able to use data from professional athletes for my research."

Mark Williams, lecturer in Sports Science at Writtle University College, who formerly headed the strength and conditioning programme at Southend United, visited the club's training ground to facilitate strength testing of players alongside Adam, using the recently acquired Nordbord.

Mark said: "This relationship is hugely important as it gives our students valuable experience of working with professional football players, which, in turn, helps put their learning at Writtle into real-life context. It is vital for students to build their CV not only with their academic qualifications but with experiences such as these."

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BLUES THE RIGHT PLACE FOR KELMAN

TEENAGER CHARLIE KELMAN WAS IN NO DOUBT THAT HE'S AT THE RIGHT PLACE TO CONTINUE HIS DEVELOPMENT.

The 17-year-old striker from Wickford was rewarded for his fine performances in the U18 side this season and recent emergence in the senior team with a two-and-a-half-year professional contract.

That capped off a remarkable few days for the striker who scored his first professional goal for the club, on his league debut, from inside his own half against Plymouth Argyle.

And he was thrilled to sign pro terms at Blues, the club he grew up watching when he was younger.

"It's a dream," said Kelman. "I used to be a season ticket holder at Southend and I used to sit there with my friends and think 'I want to get out there'.

"I've been working hard and it's good when it pays off.

"When you're four years old and kicking a ball around, you never think it will come this quick.

"I love the Club so I knew that here was the best place for me."

Kelman has been in prolific form for the Youth Team this season and caught the eye of Manager Chris Powell by scoring 18 goals in 21 appearances.

He was thankful to his family who have helped him get this far, but knows the hard work continues.

"A lot of people have helped me get here. My coaches, my family, my nan and grandad, but the biggest one has been my mum. She's been there since I went off track when I was 14 and we've been through a lot of hard times together, so it's all for her. Without her I wouldn't be where I am today.

"I've worked closely with Ricky [Duncan] and he's never done me wrong. He's always put my



development first and the managers, from the Academy staff when I first joined, every single person has played a part in where I am now, and now the gaffer and the first team staff are showing faith in me.

"The hard work starts now, more so than before I got my contract. Now it's time to kick on and show that I'm not just about the goal [against Plymouth], but I can be consistently scoring goals and hopefully have a good career."

Blues boss Chris Powell said: "It's been in the pipeline for a long while to be honest.

"Myself, Ron and Rick have spoken about Charlie and now he's all signed and I'm extremely pleased and proud of him.

"For any youngster who leaves school and has ambitions of becoming a pro, the next step after becoming a scholar is to become a professional.

"It's a fantastic moment for Charlie and his family and us as a football club. It's always a real great moment and we all know he's announced himself in such a special way."



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MESSAGE BOARD

HAPPY BIRTHDAY

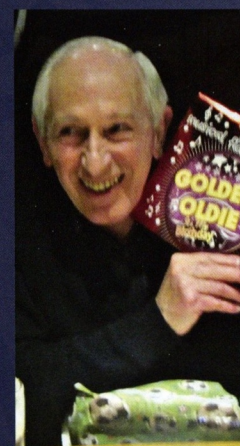


Happy birthday to Jenson Sparkes who turned nine on the 15th January. Jenson is a massive fan and attends all the home games with his grandad as well as being Junior Blues member and season card holder. With love from all the family!

RIP

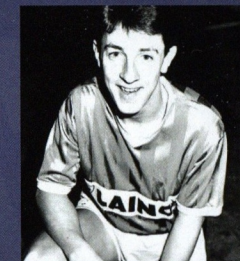
Peter Kadesh
Peter sadly passed away on Monday 7th January after a short illness, reaching the grand age of 92. He began taking Peter (my brother) to Southend games in 1988 and they shortly became season ticket holders and would regularly travel to away games. In 1993 I (Claire) began following them and it was a regular occurrence for us to attend Roots Hall and travel around the country to follow the Blues, with our seats in the West Stand. Up until only a few years ago our uncle would travel to away games with great enthusiasm for our beloved club.

HAPPY BIRTHDAY



Michael Young has been a very loyal supporter since the age of 10, going along with his Dad (Archie Young), in the early 50's, to be followed by Michael's three children and two grandchildren supporting SUFC. Michael treated his two grandchildren to lead the team out for their 18th and 21st birthdays. A Blues supporter through and through, he has seen the ups and downs of SUFC throughout the years, never losing faith. His beloved wife and family, would all like to wish him a VERY Happy 75th Birthday.

HAPPY BIRTHDAY



Happy 50th birthday to former Southend midfielder Nicky Smith, who made 60 appearances for the Blues, for today. Have a great day, from Frankie Banks and everyone at the club!

HAPPY BIRTHDAY



To Chris, wishing you a very happy 50th birthday for tomorrow. Enjoy the game today. Love Dawn, Ben and Toby xxx

HAPPY BIRTHDAY



Wishing Nick Page a very Happy Birthday from all of the family!

TODAY'S BALLBOYS

Today's ball boys are Essex Royals under 14's Stripes team, who play in the Southend & District Junior Sunday Football League C division.

IF YOU HAVE A MESSAGE YOU WANT SHOWN, PLEASE EMAIL IT TO MATT.MUNDY@SOUTHEND-UNITED.CO.UK.



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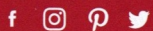
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PLAYER V FAN PREDICTION LEAGUE

In every home league programme this season we're going to be putting a fan up against a player or member of the backroom team at the club.

They will attempt to try and correctly predict the results of the weekend's Sky Bet League One fixtures. One point will be awarded for correctly guessing the result, and three points for the right scoreline.

In the Plymouth programme representing the supporters was Joe Turnpenny who scored three points which were for correctly predicting three correct results, but no correct scores.

Jason Demetriou represented the players and he scored seven points which included one correct score in the Sunderland vs Luton game.



3 Taylor Duke 1
3 Dru Yearwood 1



2 Taylor Duke 1
2 Dru Yearwood 0



0 Taylor Duke 1
1 Dru Yearwood 0



2 Taylor Duke 2
1 Dru Yearwood 0



3 Taylor Duke 1
0 Dru Yearwood 1



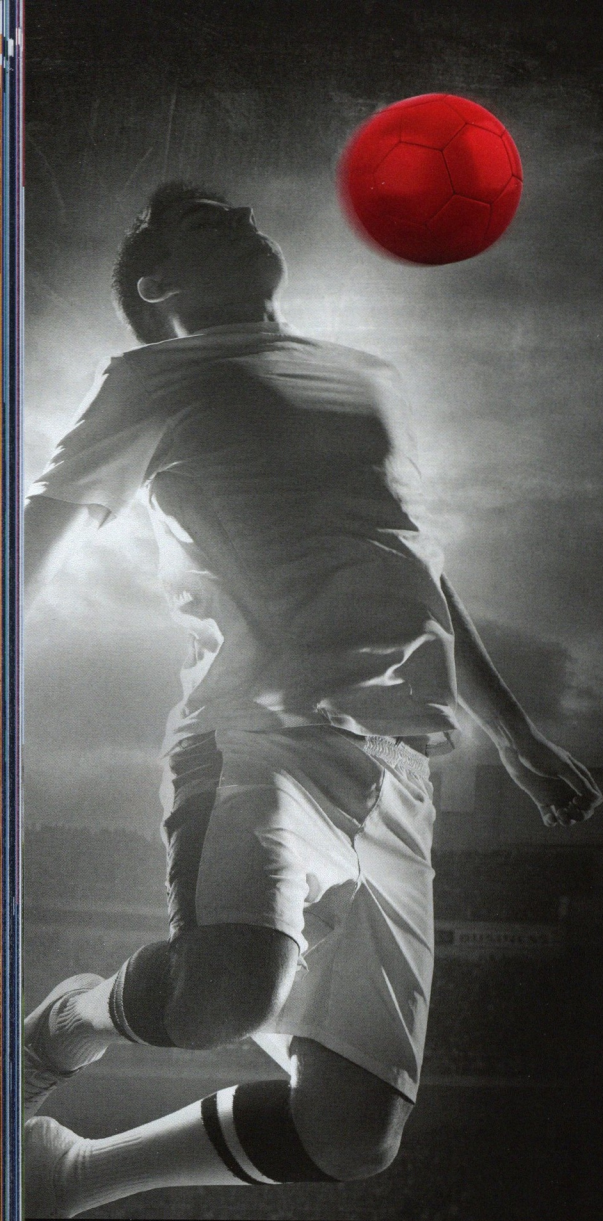
1 Taylor Duke 3
1 Dru Yearwood 2



SCORES ON THE DOORS

SUPPORTERS 62
PLAYERS 73

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SCOTT BARBER PREVIEWS
BLUES' NEXT AWAY GAME AT
THE VALLEY...



ON THE ROAD CHARLTON ATHLETIC

What can we expect against them?

When we visit The Valley, the home of Charlton Athletic, there'll be no doubt that we will face a strong side and a very difficult game. The Addicks sit fourth in the Sky Bet League One standings as they try and go one better than their play-off finish last season and try to secure promotion to the Championship. They've made some good additions to their squad this month with Jonny Williams and Ben Purrington joining.

A bit about their gaffer...

Lee Bowyer is enjoying his first spell as a football manager at his boyhood club. The former midfielder, who once won a cap for England, didn't necessarily believe he'd be the permanent manager, but so far he's settling into life in the dugout quite nicely.

Who stands out from their squad?

Latest signing Jonny Williams stands out as a brilliant player for this level. The Welsh international joined from Crystal Palace after spending several seasons out on loan. Former Blue Ben Reeves is a talented footballer as well as former AFC Wimbledon striker Lyle Taylor.

Blues fans may remember...

...2016/2017 season when Blues were chasing the play-offs and they faced Charlton at The Valley. John White equalised but the game will be remembered for the miss by Nouble, although it wasn't as easy as it first looked. Charlton went onto win the game 2-1 and Blues ended up missing out on the play-offs by a single point.



How have we fared against them in the past?

Southend have won 10 of the meetings between the two clubs,

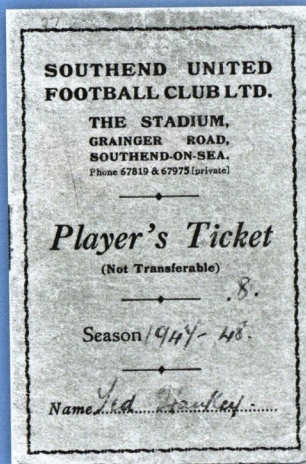
Charlton Athletic have been victorious on 27 occasions and there has been 10 draws. The last time Blues won at Charlton was in March 1996.

THE LITTLE KNOWN TO A-Z OF SOUTHEND UNITED



Rather than come up with a collection of images of the good and great from the history of Southend United, something that has been done many times in the past, this is a collection of the interesting and obscure, the weird and the wonderful, the long and the short from the 100+ years of history of our great club.

Do you remember any of these? Do you have memories to share? Join the conversation on Twitter using the hashtag #SUFCAtoZ and be sure to tag your tweets with @SUFH_History.



TRAINING RULES AND PLAYERS' INSTRUCTIONS.

- 1.—All players must attend the ground at 10 a.m. daily (match days excepted), and shall be under the orders of the manager for the rest of the day.
- 2.—In case of illness or accident, players if unable to report at the ground must inform the manager as soon as possible. The Club's Hon. Medical Officer is Dr. A. G. Bewes, of 11, Wimbourne Road, Southend, and can be seen by appointment which must be made through the manager.
- 3.—Players must not invite friends into the grounds or dressing rooms at any time, nor must they invite friends into reserved compartments when travelling.
- 4.—Players will be provided with the necessary outfits, such outfits to be the property of the club.
- 5.—Gambling of any description is strictly prohibited.
- 6.—Smoking in the dressing rooms during training hours, or on any outward journey of an away match is strictly prohibited.
- 7.—All players must be on the ground 45 minutes before kick-off time for home matches, and at the station or place of leaving 15 minutes before the

PENNANT

A thing that Dads can only tell their kids about, pennants used to hang on the wall of every football-mad child in the 70s.



PLAYERS TICKET

In the 1940s, players were given a ticket with rules they must adhere to. These included rules on smoking in the changing rooms and getting injured when riding in cars.

train or bus starts for away matches; when reserves are advised this also applies to them. Every player must inspect, and assure himself that he has his complete playing outfit before leaving the ground for away matches and be responsible for same on the journey.

- 8.—If players are injured whilst riding in or driving motor cars and as a consequence rendered unable to carry out their agreement it will be considered entirely their own responsibility.
- 9.—Players who wish to stay overnight or visit their homes during the season, must make their requests to the manager and must give him adequate time to make the necessary arrangements.
- 10.—Any player absenting himself from training, or disregarding these instructions without leave from the manager, shall be held to have broken his agreement and be liable for suspension without pay, or be fined at the discretion of the directors.
- 11.—Any case of misconduct while on the field of play must be reported immediately after the match by the captain.
- 12.—Trainers must report to the manager all breaches of the above rules.
- 13.—Players must carry this card and produce it at the official entrance at all home matches.

Players must under no circumstances allow it out of their possession, or allow any other person to use it.

- 14.—The foregoing Rules will be strictly adhered to, and players are requested to make themselves thoroughly conversant with same.

It is up to all the players of the Club to keep themselves as fit as possible, and to work harmoniously with one another. If any player has a complaint to make, do not breed discontent, but report same to the manager at once.

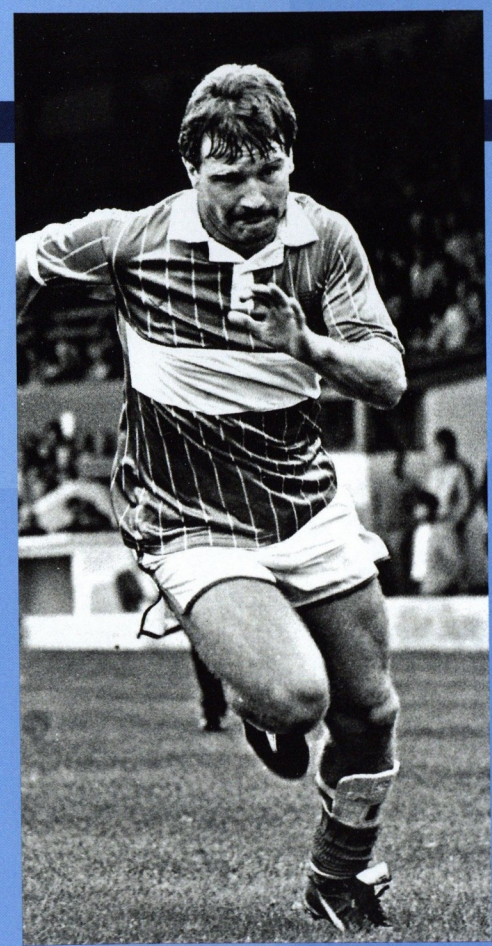
The Directors wish to point out the honourable position your club occupies in football, and to ask every player to assist them in upholding the tone of professional football generally.

Everything possible will be done for your comfort and advancement, and you are asked to play the game in the true spirit.

Harry Wane
Secretary Manager

PROMOTION PARADE

In 1991, the Shrimpers had a Promotion Parade along Southend seafront. Current boss Chris Powell sported a fantastically large hat!



STEVE PHILLIPS

"Inchy" played 182 matches and scored 72 goals between 1982 and 1986.



PLAY-OFF FINAL 2005

Duncan Jupp and Freddy Eastwood celebrate... not much else needs saying really!!

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MEMORABLE MATCH

CHRIS PHILLIPS LOOKS BACK AT SOME CLASSIC GAMES BETWEEN SOUTHEND AND LUTON...



SOUTHEND United's games with Luton Town have not been short of incident or excitement in recent seasons at Roots Hall.

And there are two exciting encounters which immediately spring to mind when I instantly think of this fixture.

The first was back in April 2015 when Blues were pushing for promotion from League Two and faced the Hatters in what promised to be a crucial clash towards the end of the season.

With the score locked at 0-0, Southend had Ben Coker harshly sent off for a foul on Shaun Whalley in the 67th minute.

The red card was later rescinded but Blues battled with 10 men and somehow managed to secure all three points nine minutes from time when a long range effort from Michael Timlin trickled past embarrassed Luton goalkeeper Elliot Justham and rolled into the back of the net to spark wild celebrations.

The victory pushed Southend into the automatic promotion places with just one game to go.

But Blues were ultimately beaten by Morecambe on the final day of the season before bouncing back to win promotion via the play-offs in memorable fashion.

Southend have actually won their last three home games against Luton.

And there was also a memorable FA Cup victory against the Hatters back in 2001 as Blues recorded an exciting 3-2 triumph at Roots Hall.

If I remember correctly, it was Mark Rawle and Tes Bramble running riot in attack that afternoon as Rob Newman's side made it through to the next round.

Today's clash will be the 18th time Luton have visited Roots Hall and none of their previous 17 clashes have ended in a draw.

Luton last won here back in 2007 when they secured a 3-1 victory towards the end of the season in the Championship as Blues unsuccessfully fought to try and avoid relegation.



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BBC ESSEX



Pounding away in the gym on Monday I was listening to a radio discussion rounding-up some of the talking points from last weekend's football.

During one game a player was booked for diving. On reflection it didn't look like either a dive or a foul, the player just stumbled and fell over. The player in question also never appealed for a penalty but was nevertheless cautioned for simulation.

That had some pundits berating the referee, claiming they are now looking for a dive rather than just letting play continue. What they possibly should be asking is WHY are referees now looking for this? Who is at fault for this swaying towards cautioning any player who falls over in the penalty area? The fact probably is, if players hadn't started trying to deceive match officials and cheat fellow professionals, Saturday's decision would not have happened.

There isn't a team around who haven't benefitted from one of their players 'buying' a penalty with a fall in the area. But among many who I talk to there is a sense of guilt about it. We all like to have a go at other teams when their players do it, but how do we react when it is one of our own? Normally by replying "they all do it anyway" but as my Mum used



to say "two wrongs don't make a right".

At a game I was commentating on last weekend I had fans complaining about the opposition's time wasting towards the end, but I had to remind them their side had done exactly the same a couple of months previously in order to protect their lead.

The only way to stop the moaning is for players to sign some kind of document promising to abstain from diving, time wasting and any other cynical practice, but we will just all get told "it's part of the game" and sadly they are right.

BBC Essex has full match commentary on every Southend United match on 95.3FM and Digital Radio.

BBC ESSEX

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AROUND THE LEAGUE



Plenty of League One sides have been busy strengthening their squads in the transfer window before it closes next week.

Today's visitors, Luton Town, added George Moncur at the end of last week from fellow promotion hopefuls Barnsley for an undisclosed fee. They also brought in George Thorne on loan from Derby prior to Nathan Jones' departure.

Walsall signed defender Dan Scarr, who was on loan at Wycombe last season, from Birmingham City for an undisclosed fee. The 24-year-old centre-back, who made his name in non-league football with Stourbridge, signed a two-and-a-half-year contract. Scarr is the fifth

arrival in January to the Banks' Stadium following right-back Cameron Norman, centre-back Scott Laird, midfielder Omar Mussa and winger Matt Jarvis.

Shrewsbury Town have brought in Reading striker Sam Smith on loan for the remainder of the season. The 20-year-old spent the first half of the campaign at Oxford United where he scored three goals, and he goes back out on loan from the Royals to gain first team experience at the Shrews.

Accrington Stanley have re-signed defender Janoi Donacien on loan from Ipswich Town only two weeks after he completed a £750,000 move to the Tractor Boys.

Winger Jordan Green put pen to paper on a transfer from Yeovil to Barnsley. Green's arrival will help fill in the void left by Brad Potts and Moncur who departed the Tykes this month.

Sunderland are still interested in Wigan Athletic striker Will Grigg, despite having a couple of bids rejected. The Black Cats are prepared to submit a final bid for the Northern Ireland International, a signing that could prove to make or break their season as interest still looms around Josh Maja.

Aside from the comings and goings in the division, last weekend threw up a great opportunity for the promotion chasers as Portsmouth fell to 2-1 defeat to Oxford United. Luton took the chance to close the gap to one point with a 4-0 thrashing of Peterborough, but Sunderland could only draw away at Scunthorpe United. Charlton and Barnsley from the chasing pack both picked up three points.

At the bottom of the table Bristol Rovers lost to Wycombe but Plymouth made it back-to-back wins against Coventry City.



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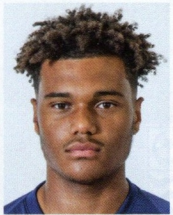
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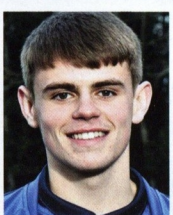
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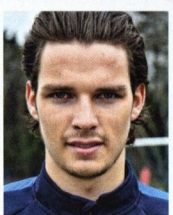
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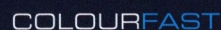
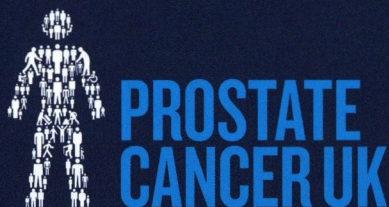
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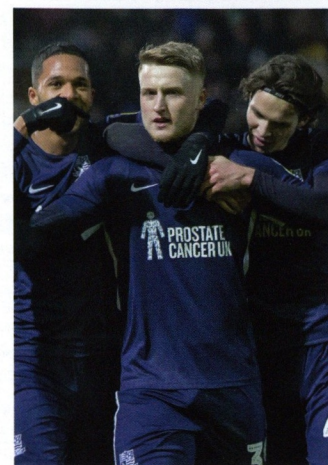
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COMMERCIAL CORNER



Good afternoon and a warm welcome to our visitors Luton Town for today's Sky Bet League One fixture at Roots Hall stadium.

We're all looking forward to seeing our two new recruits, Sam Hart and Stephen Humphrys, in action for the first time at home and what a way for Stephen to make his introduction last week, hopefully we will have more of the same today against a tough opposition.



Sam Hart's (above) player sponsorship is still available for the remainder of the season so make sure you contact the commercial department to secure the sponsorship!



NEXT UP! Bristol Rovers at Roots Hall, Saturday 2nd February – 3pm kick-off.

We're back at home next week to Bristol Rovers and former Blues player and assistant manager Graham Coughlan will be returning after securing the manager's job at the south west club.

Our hospitality offering is limited for this fixture but we have some spaces in our Trade Price Cars Centre Circle Lounge! Enjoy a one-course meal and a pint of Heineken or a glass of wine for only £55 + vat per person.

To secure your place please contact the Commercial department on 01702 304147 or email commercial@southend-united.co.uk.

Enjoy the game

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FIXTURES AND RESULTS 2018/19

DATE	OPPOSITION	K/O	COMP	F/A	ATT	STARTING XI
Sat 4 Aug	Doncaster Rovers	15:00	SBL1	2-3	7,147	Oxley Demetriou Lennon ● Turner Coker McLaughlin
Sat 11 Aug	Plymouth Argyle	15:00	SBL1	1-1	9,886	Oxley Demetriou 1 ● White Turner Coker Kightly
Tue 14 Aug	Brentford	19:45	EFL	2-4	3,654	Oxley Demetriou White Kyprianou Coker Dieng
Sat 18 Aug	Bradford City	15:00	SBL1	2-0	6,295	Oxley Demetriou White Turner Coker McLaughlin
Tue 21 Aug	Luton Town	19:45	SBL1	0-2	9,086	Oxley Bwomono Turner White Coker McLaughlin
Sat 25 Aug	Bristol Rovers	15:00	SBL1	1-0	8,172	Oxley Bwomono Turner White Coker McLaughlin
Sat 1 Sep	Charlton Athletic	15:00	SBL1	1-2	7,923	● Oxley Bwomono Turner ● White Coker McLaughlin
Tue 4 Sep	Cambridge United	19:45	CT	3-1	1,421	Bishop Bwomono White Moore Hendrie McLaughlin
Sat 8 Sep	Peterborough United	15:00	SBL1	2-3	6,551	Stockdale Bwomono White Turner Coker McLaughlin 1
Sat 15 Sep	Shrewsbury Town	15:00	SBL1	0-2	5,651	Stockdale ● Demetriou Moore White Coker ● McLaughlin
Sat 22 Sep	Fleetwood Town	15:00	SBL1	1-0	5,712	Stockdale White Moore Turner Coker Demetriou
Sat 29 Sep	Wycombe Wanderers	15:00	SBL1	3-2	4,784	Oxley White Moore Turner Coker Demetriou
Tue 2 Oct	Burton Albion	19:45	SBL1	2-1	2,149	Oxley White Turner Moore Coker Demetriou
Sat 6 Oct	Oxford United	15:00	SBL1	0-0	6,670	Oxley ● Demetriou White Turner Moore Coker
Tue 9 Oct	Colchester United	19:45	CT	0-2	1,516	Bishop Bwomono Moore Dieng Hendrie McLaughlin
Sat 13 Oct	Gillingham	15:00	SBL1	2-0	5,584	Oxley Bwomono Moore Turner Hendrie Coker
Sat 20 Oct	Coventry City	15:00	SBL1	1-2	7,775	Oxley Bwomono Moore Turner Hendrie ● Coker
Tue 23 Oct	Walsall	19:45	SBL1	3-0	5,603	Oxley Demetriou Moore Lennon Coker Bunn 2
Sat 27 Oct	Sunderland	15:00	SBL1	0-3	30,894	Oxley Demetriou Moore Turner Coker Dieng
Sat 3 Nov	Barnsley	15:00	SBL1	0-1	10,709	Oxley Demetriou Moore Turner White Hendrie
Sat 10 Nov	Crawley Town	15:00	FA	1-1	3,935	Oxley Demetriou ● White Turner Hendrie McLaughlin
Wed 14 Nov	Southampton U21	19:45	CT	3-0	983	Bishop Bwomono 1 Moore White Kyprianou 1 McLaughlin
Sat 17 Nov	Blackpool	15:00	SBL1	1-2	6,882	Oxley Demetriou 1 Moore ● Turner Hendrie Mantom
Tue 20 Nov	Crawley Town	19:45	FA	6-2	3,120	Oxley Demetriou White 1 Moore Kyprianou McLaughlin 1
Sat 24 Nov	AFC Wimbledon	15:00	SBL1	1-2	4,195	Oxley Demetriou White Moore Kyprianou Hendrie
Tue 27 Nov	Scunthorpe United	19:45	SBL1	2-0	5,110	Oxley Demetriou White Moore Hendrie McLaughlin
Sat 1 Dec	Barnsley	15:00	FA	2-4	3,616	Oxley Bwomono White Turner Hendrie McLaughlin
Wed 5 Dec	Luton Town	19:45	CT	1-1	1,545	Oxley Moore Turner White Bwomono Hendrie
Sat 8 Dec	Portsmouth	15:00	SBL1	0-2	18,062	Oxley ● Moore Turner ● White Bwomono McLaughlin
Sat 15 Dec	Accrington Stanley	15:00	SBL1	3-0	6,286	Oxley Bwomono White Moore Hendrie Mantom 1
Sat 22 Dec	Rochdale	15:00	SBL1	1-2	5,735	Bishop Bwomono Moore White 1 Hendrie Mantom
Wed 26 Dec	Oxford United	15:00	SBL1	1-0	8,978	Bishop ● Bwomono Turner Moore Hendrie Dieng
Sat 29 Dec	Coventry	15:00	SBL1	0-1	11,395	Bishop Bwomono White Moore Hendrie ● Dieng
Tue 1 Jan	Gillingham	15:00	SBL1	2-0	7,093	Bishop ● Bwomono Turner Moore 1 Hendrie Dieng
Tue 8 Jan	Portsmouth	19:45	CT	0-2	1,649	Smith Bwomono Hendrie White Moore Hyam
Sat 12 Jan	Plymouth Argyle	15:00	SBL1	2-3	6,851	Bishop Bwomono Turner White ● Hendrie ● Dieng
Sat 19 Jan	Bradford City	15:00	SBL1	4-0	15,517	Bishop Bwomono Turner White Moore ● Hart
Sat 26 Jan	Luton Town	15:00	SBL1			
Sat 2 Feb	Bristol Rovers	15:00	SBL1			
Sat 9 Feb	Charlton Athletic	15:00	SBL1			
Tue 12 Feb	Doncaster Rovers	15:00	SBL1			
Sat 16 Feb	Portsmouth	15:00	SBL1			
Sat 23 Feb	Accrington Stanley	15:00	SBL1			
Sat 2 Mar	Barnsley	15:00	SBL1			
Sat 9 Mar	Blackpool	15:00	SBL1			
Tue 12 Mar	Scunthorpe United	19:45	SBL1			
Sat 16 Mar	AFC Wimbledon	15:00	SBL1			
Sat 23 Mar	Peterborough United	15:00	SBL1			
Sat 30 Mar	Shrewsbury Town	15:00	SBL1			
Sat 6 Apr	Fleetwood Town	15:00	SBL1			
Sat 13 Apr	Wycombe Wanderers	15:00	SBL1			
Fri 19 Apr	Walsall	15:00	SBL1			
Mon 22 Apr	Burton Albion	13:00	SBL1			
Sat 27 Apr	Rochdale	15:00	SBL1			
Sat 4 May	Sunderland	17:30	SBL1			



KEY: Goalscorer 1 Cautioned ● Sent off ● First substitution Second substitution Third substitution Home games highlighted in bold † One own goal * AET

STARTING XI										SUBSTITUTES										REFEREE					
Hyam	Mantom	Kightly	Cox	● Hopper 1	Bwomono	Dieng	Bishop	Klass	Barratt	Robinson 1	White	C Hicks	Dieng	Mantom	McLaughlin	Cox	Hopper	Bishop	Bwomono	Klass	Kyprianou	McCoulsky	Robinson	Hendrie	J Busby
Klass	Cox	Robinson	McLaughlin	McCoulsky 2	Bishop	Bwomono	Turner	Hendrie	Mantom	Ba	Kightly	A Madley	● Dieng	Mantom	Kightly	Cox 1	Hopper 1	Bwomono	Bishop	Klass	Kyprianou	McCoulsky	Robinson	Hendrie	T Nield
● Dieng	Mantom	● Demetriou	Cox	Hopper	● Hyam	Kightly	Bishop	Kyprianou	McCoulsky	Robinson	Hendrie	T Kettle	Demetriou	Mantom	Kightly	Hopper	Robinson	Cox	Hendrie	Klass	Kyprianou	McCoulsky	Gard	Bishop	R Joyce
● Demetriou	Mantom	● Kightly	Hopper	Robinson 1	Bishop	Hendrie	Kyprianou	Klass	McCoulsky	Bunn	Cox	B Huxtable	Batlokwa	Klass	● Bunn	McCoulsky 2	Cox	Coker	Ba	Robinson	Gard	Coutts	Hutchinson 1	Seaden	G Ward
Mantom	Dieng	Bunn	Cox	Hopper 1	Bishop	Klass	Moore	McCoulsky	Robinson	Hendrie	Batlokwa	K Johnson	● Dieng	Mantom	Bunn	● Cox	Hopper	Bwomono	Turner	Bishop	Klass	McCoulsky	Robinson	Hendrie	C Sarginson
Mantom	Dieng	● Cox 1	Hopper	Robinson	Bwomono	McLaughlin	Bishop	Klass	Kyprianou	McCoulsky	Hutchinson	C Breakspear	Mantom	Dieng	Cox 1	Robinson 1	Hopper 1	Kightly	McLaughlin	Bishop	Yearwood	Klass	Kyprianou	McCoulsky	T Nield
Yearwood	Dieng	Cox 1	Robinson	Hopper 1	Bwomono	Kightly	Bishop	Klass	Kyprianou	McCoulsky	Hutchinson	S Stockbridge	Dieng	Mantom	Yearwood	Cox	Hopper	Bwomono	Kightly	Bishop	Klass	McCoulsky	Robinson	Hendrie	C Hicks
Klass	Batlokwa	Hutchinson	McCoulsky	Robinson	Oxley	Coker	Turner	Cox	Kightly	Yearwood	Gard	R East	Dieng	Mantom	Yearwood	Cox 2	Robinson	Kightly	McLaughlin	Bishop	Klass	Lennon	McCoulsky	Hutchinson	J Busby
Dieng	Yearwood	Mantom	● Cox	Robinson	Bishop	Demetriou	Lennon	McLaughlin	McCoulsky	Bunn	Hopper 1	D Whitestone	Mantom	Dieng 1	Yearwood	McLaughlin	Hopper	Bishop	Bwomono	Hendrie	● Turner	Bwomono	Kightly	McCoulsky	A Young
● Yearwood	Mantom	McLaughlin	● Bunn	Cox	Bishop	Bwomono	Hendrie	White	Kightly	McCoulsky	Robinson	R Lewis	Dieng	Yearwood	Mantom	Bunn	Cox	Bwomono	Kyprianou	Smith	Kightly	McCoulsky	McLaughlin	Robinson	B Huxtable
Mantom	Yearwood	Kightly	● Cox	Robinson	Bwomono	Bishop	Yearwood	Moore	Kyprianou	McCoulsky	Bunn	S Oldham	Yearwood	Hyam	Kightly	Bunn 1	McCoulsky	Oxley	Demetriou	Hendrie	Dieng	Cox	Kelman	Robinson	J Busby
Yearwood	Dieng	Kightly	Cox	Bunn	Bwomono	Hyam	McLaughlin	Bishop	Kyprianou	McCoulsky	Robinson	N Kinsey	Dieng	● Hyam	● Bunn 1	Cox 2	Robinson	Bwomono	Kightly	Bishop	Mantom 1	Klass	McCoulsky	Hendrie	C Breakspear
Dieng	Yearwood	Mantom	Cox	Robinson	Bishop	Bwomono	Hyam	Kightly	McLaughlin	McCoulsky	Bunn	M Russell	Dieng 1	Hyam	Mantom 1	Bunn	Cox	Bishop	Bwomono	Kightly	Yearwood	Klass	McCoulsky	Robinson	T Kettle
Mantom 1	Yearwood	Kightly	Dieng 1	Cox	Hyam	Bishop	Moore	McCoulsky	Bunn	Robinson	Hutchinson	P Marsden	Hyam	● Yearwood	Mantom	Robinson	McCoulsky	Bishop	Howard	Hutchinson	Kightly	Klass	McLaughlin 1	Kelman	D Drysdale
Dieng	Mantom	● Hyam	Bunn	Cox	Kightly	Bishop	Yearwood	McCoulsky	Robinson	Hendrie	Hutchinson	L Collins	Hyam	Dieng	McLaughlin	Robinson 1	Cox 1	Bishop	Turner	Hutchinson	Kightly	Klass	McCoulsky	Yearwood	A Coggins
● Dieng	Hyam	McLaughlin	Robinson	Cox	Smith	Turner	Kightly	Yearwood	Klass	McCoulsky	Hutchinson	N Hair	Yearwood	Mantom	Kightly	Robinson	● Cox	Smith	● Hyam	McLaughlin	McCoulsky	Hutchinson	Clifford	White	T Robinson
Yearwood	Mantom	● Kightly	Robinson	Cox	Smith	Turner	● McLaughlin	Bunn	McCoulsky	Hutchinson	Clifford	K Johnson	Yearwood	Mantom	Hutchinson	● Robinson	Bunn	Smith	Hyam	Kightly	Cox	McLaughlin	McCoulsky	White	K Stroud
Kightly	Yearwood	Bunn	Cox	Robinson	Bishop	Turner	Dieng	Hutchinson	Klass	Mantom	McLaughlin	C Hicks	Yearwood	Mantom (C)	Bunn	Hutchinson	● Cox 1	Smith	Hyam	Kightly	McLaughlin	Klass	Wabo	Kelman 1	G Salisbury
Yearwood	Mantom	● Bunn	Hutchinson	● Cox 1	Smith	Hendrie	Yearwood	Kightly	McLaughlin	Robinson	Kelman	M Salisbury	Hyam	Dieng	● Mantom 1	Cox 1	Humphrys 2	Smith	Hendrie	Yearwood	Kightly	McLaughlin	Robinson	Kelman	M Salisbury

Hatters XI: Marlon Beresford, Chris Coyne, Ian Hillier, Sol Davis, Matthew Spring, David Deeney, Lee Mansell, Stephen Robinson, Peter Holmes, Steve Howard, Dean Crowe

Blues XI: Darryl Flahavan, Dave McSweeney, Lewis Hunt, Leon Cort, Che Wilson, Mark Cower, Jay Smith, Kevin Maher, Michael Kightly, Leon Constantine, Tes Bramble

22

Stephen Humphrys scored a brace on his debut against Bradford last weekend to take him to seven goals in total for the season which comes in 14 starts and seven substitute appearances. The 21-year-old striker also scored on debut for Scunthorpe at the start of the campaign.



ROLL CALL



Shirt No	Player Name	2018/19 Apps	2018/19 Goals	Blues Career Apps	Blues Career Goals	Career Apps	Career Goals
1	Mark Oxley (GK)	24	7	99	31	242	72
2	Elvis Bwomono	20(1)	1	35	1	35	1
3	Ben Coker	16	0	207	4	255	4
4	Luke Hyam	10(3)	0	13	0	164	3
6	Michael Turner	24(1)	0	51	4	488	28
7	Michael Kightly	12(12)	2	73	9	410	75
8	Timothee Dieng	30(3)	3	33	3	181	10
9	Tom Hopper	13(1)	7	14	7	172	36
10	Simon Cox	30(3)	11	130	37	474	128
11	Stephen McLaughlin	21(6)	3	142	21	225	35
12	Amadou Ba	0(2)	0	12	0	12	0
13	Nathan Bishop (GK)	9	4	10	4	10	4
15	Rob Kiernan	0	0	17	0	175	3
16	Dru Yearwood	17(6)	0	51	0	51	0
18	Sam Mantom	30(2)	6	38	6	247	28
20	Michael Klass	3(5)	0	10	0	10	0
22	Ted Smith (GK)	1	1	30	7	30	8
23	Taylor Moore	26	1	26	1	96	1
24	Jason Demetriou	21(2)	2	111	12	337	15
25	Sam Barratt	0(1)	0	1	0	38	12
26	Harry Lennon	2(1)	0	3	0	56	4
27	Harry Kyprianou	4	1	24	3	24	3
29	Norman Wabo	0	0	3	0	11	0
30	Harry Bunn	16(6)	4	20	4	187	28
31	Theo Robinson	19(12)	4	100	20	427	98
32	Stephen Hendrie	18(6)	0	44	1	173	1
33	Renei Batlokwa	2	0	2	0	2	0
34	Charlie Kelman	0(3)	1	3	1	3	1
36	Isaac Hutchinson	3(5)	1	8	1	8	1
37	Tom Clifford	0(1)	0	1	0	1	0
39	Stephen Humphrys	14(7)	7	1	2	57	13
42	Sam Hart	14	0	1	0	40	1
43	Lewis Gard	0(2)	0	4	0	4	0
48	John White	28(2)	2	218	8	477	8

*Please note for goalkeepers in green, their clean sheet figures are denoted instead of goals

STAT ATTACK

SKY BET LEAGUE ONE 2018/19 TABLE

#	Team	Pl	W	D	L	F	A	GD	Pts
1	Portsmouth	28	17	6	3	47	27	20	57
2	Luton Town	28	16	8	4	54	25	29	56
3	Sunderland	27	14	11	2	48	26	22	53
4	Charlton Athletic	29	16	5	8	47	31	16	53
5	Barnsley	27	15	7	5	47	23	24	52
6	Peterborough	28	13	8	7	47	38	9	47
7	Doncaster Rovers	28	13	7	8	51	37	14	46
8	Fleetwood Town	29	10	9	10	41	33	8	39
9	Blackpool	27	10	9	8	27	25	2	39
10	Coventry City	29	11	6	12	31	34	-3	39
11	Southend United	28	12	2	14	38	34	4	38
12	Wycombe Wanderers	28	10	8	10	38	40	-2	38
13	Burton Albion	28	10	6	12	38	38	0	36
14	Accrington Stanley	27	9	8	10	27	36	-9	35
15	Walsall	29	9	8	12	33	45	-12	35
16	Scunthorpe	29	9	7	13	37	54	-17	34
17	Plymouth Argyle	29	9	6	14	38	51	-13	33
18	Shrewsbury Town	28	7	10	11	29	35	-6	31
19	Gillingham	28	9	4	15	39	48	-9	31
20	Rochdale	29	8	7	14	35	59	-24	31
21	Oxford United	28	7	9	12	35	44	-9	30
22	Bristol Rovers	28	7	7	14	25	30	-5	28
23	Bradford City	28	8	3	17	31	47	-16	27
24	AFC Wimbledon	29	6	5	18	22	45	-23	23

SOUTHEND UNITED v LUTON TOWN STAT ATTACK



TODAY'S OTHER SKY BET LEAGUE ONE FIXTURES





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TEAMS



SOUTHEND UNITED

Manager: **Chris Powell**

1	Mark Oxley ^{GK}	■
2	Elvis Bwomono	■
3	Ben Coker	■
4	Luke Hyam	■
6	Michael Turner	■
7	Michael Kightly	■
8	Timothee Dieng	■
9	Tom Hopper	■
10	Simon Cox	■
11	Stephen McLaughlin	■
12	Amadou Ba	■
13	Nathan Bishop ^{GK}	■
15	Rob Kiernan	■
16	Dru Yearwood	■
18	Sam Mantom	■
20	Michael Klass	■
22	Ted Smith ^{GK}	■
23	Taylor Moore	■
24	Jason Demetriou	■
25	Sam Barratt	■
26	Harry Lennon	■
27	Harry Kyprianou	■
29	Norman Wabo	■
30	Harry Bunn	■
31	Theo Robinson	■
32	Stephen Hendrie	■
34	Charlie Kelman	■
36	Isaac Hutchinson	■
39	Stephen Humphrys	■
42	Sam Hart	■
48	John White	■
	Harry Kane	■

*Competition Winner



LUTON TOWN

Interim Manager: **Mick Harford**

1	Marek Stech ^{GK}	■
2	James Justin	■
3	Dan Potts	■
4	Alan Mccormack	■
5	Sonny Bradley	■
6	Matty Pearson	■
7	Jack Stacey	■
8	Luke Berry	■
9	Danny Hylton	■
10	Elliot Lee	■
11	Andrew Shinnie	■
14	Harry Cornick	■
16	Glen Rea	■
17	Pelly-Ruddock Mpanzu	■
19	James Collins	■
20	George Moncur	■
21	Jack Senior	■
24	George Thorne	■
27	Aaron Jarvis	■
28	Lloyd Jones	■
34	Jack James	■
35	Arthur Read	■
36	James Shea ^{GK}	■
40	Harry Isted ^{GK}	■
44	Alan Sheehan	■

MATCH OFFICIALS



Thomas
Bramall



George
Byrne &
Nicholas
Cooper



Bhupinder
Gill

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