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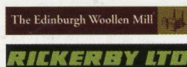
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EFL CLUB MEETING UPDATE ... WITH NIGEL CLIBBENS



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The Blues

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On 16 February I attended the latest EFL all-club meeting at Walsall FC.

Each season the EFL has three scheduled meetings where its 72 member clubs get together with the EFL Board.

The EFL board consists of non-executive Chairman Ian Lenagan, Chief Executive Shaun Harvey, two independent non-executive directors (Debbie Jevans CBE and Richard Bowker CBE), plus six divisional directors elected by clubs - three directors from Championship (Brighton, Brentford and Norwich), two from League One (Scunthorpe and Walsall) and one from League Two (John Nixon, our Club's Director of External Affairs).

The meetings are usually held in October, February and then June (the Summer Conference and Annual General Meeting) where rule and regulation changes are put to the vote.

The meetings have two parts. The first part is an open meeting with all 72 clubs in attendance and this is followed by separate meetings where the 24 teams of each division hold their own forum. All clubs must attend and it's usually the owners and Chief Executives who represent their clubs.

At Walsall, the EFL Chairman explained how the EFL was working to support and bring about reform of the FA. He also outlined where the EFL is working with government on key areas like policing, ground safety, safe-standing, visas for overseas players, apprenticeships, alcohol licencing and community programmes.

Clearly football can't operate on its own. It relies on cooperation with government and the wider community. Putting the shutters up to reform is short-sighted and not credible by those resistant to change, in my view. I don't think the professional game will allow a gap to form with the law makers.

Shaun Harvey, the EFL Chief Executive, then went through a whole range of topics which are currently affecting the EFL, its clubs and supporters.

At the top of the agenda was safeguarding, which is a key issue for all clubs. Dealing properly with the problems of the past and making sure we provide a safe environment for all our players and staff is crucial for everyone in the game.

With the domestic TV contract bringing in two thirds of the EFL central income, broadcasting is always an important topic for clubs, especially as contracts come up for renewal. Fans follow their clubs in many ways, streaming highlights on the move and being able to watch games. Mobile devices open up so many new opportunities and alternatives to traditional live matches on TV. Clubs were told the EFL plan for selling its rights in the upcoming year. It announced that specialist advisors would help with that process.

This summer promises to be busy with most EFL clubs set to launch a new website alongside a new Player HD service. The view from the EFL is that it will be much improved. We will start to see what this looks like in the next few months. Watch this space!



Other issues covered included commercial EFL deals and sponsorships, and possible rule changes on local promotions (where home clubs charge away fans more than home fans). Looking ahead to 2017/18, the fixture schedule was discussed along with the date for the full fixture release.

The EFL board then took questions from all member clubs about areas of specific concern.

Divisional Meeting

In the League Two divisional meeting we discussed pitch condition and how to avoid overuse in multi-sport grounds to ensure they are up to standard as the season goes on.

Clubs agreed the process to review the Checkatrade Trophy. Last season changes were made to see if the Trophy could be revitalised and we went into the season open minded about it. With the benefit of seeing the changes in practice, it's now important that we look at it again and a balanced view is taken about whether the changes worked, and what the competition will look like next season. A meeting of League One and League Two clubs on 11 April will consider it.

Before then, and working alongside CUOSC and the Carlisle United Supporters' Group, we have asked our fans to complete a survey so that we can take a fully representative view with us to the meeting.

Club's decided in principle to vote on reducing the Salary Cost Management Protocol (SCMP) limit from 55% to 50% for the 2018/19 season. This will further improve club viability.

League Two clubs also backed a move to have at least one Club Developed Player on the team sheet from next season. If one is not named, then it's likely a club would only be allowed six substitutes. More details on this will come in the near future.

In other matters, Championship clubs voted to bring in goal line technology. They are funding it themselves as the cost is close to £100,000 per club, per season.

I will provide a similar review after the next meeting in April 2017.

Best wishes,
Nigel Clibbens

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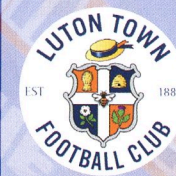
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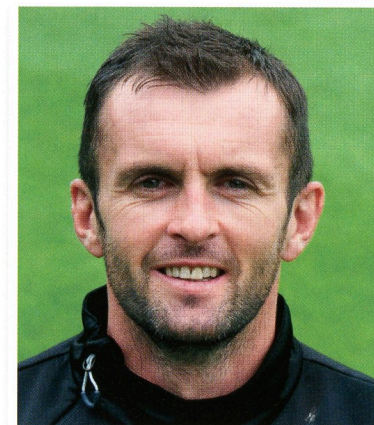
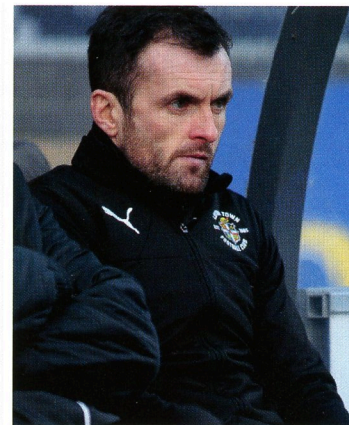
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MEET THE MANAGER – NATHAN JONES



Welshman Jones was appointed as John Still's successor in January 2016. A former coach and assistant-manager at Brighton & Hove Albion, Charlton Athletic and Yeovil Town, he was a player at Kenilworth Road in 1995 but left without making an appearance. Jones spent a year in Spain before returning to the UK and playing for Southend, Brighton and Yeovil, making over 500 appearances. The 43-year-old began his coaching qualifications while still a player with Yeovil, initially coaching the Ladies team, and achieved his UEFA Pro-Licence in 2014.

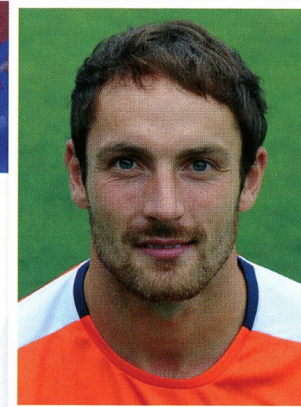


TEAM	FROM	TO	GAMES	WON	DRAWN	LOST
Luton	6 Jan 2016	Present	67	34	15	18
Brighton	22 Dec 2014	31 Dec 2014	2	1	1	0

ONE TO WATCH – DANNY HYLTON

London-born forward who joined the Town last summer alongside Oxford United teammate Johnny Mullins, after the pair had helped the U's to promotion to League One and the Johnstone's Paint Trophy final. Hylton started his career with Aldershot Town, where he made over 200 appearances in the Conference and League Two before joining Rotherham United in 2013. He played just one game for the then-

League One club, however, and was loaned out to Bury and AFC Wimbledon prior to his move to Oxford two years ago. While at the Kassam Stadium Hylton hit 30 goals in 84 starts, but turned down the offer of a new contract in order to pen a two-year deal at Kenilworth Road. Currently the club's top scorer this season, having passed his previous season's best tally of 16 in January.



TEAM	FROM	TO	FEE	LEAGUE		FA CUP		LGE CUP		OTHER	
				APPS	GLS	APPS	GLS	APPS	GLS	APPS	GLS
Luton	1 Jul 16		Free	29 (1)	17	2 (0)	3	2 (0)	0	2 (0)	2
Oxford	6 Jun 14	1 Jul 16	Free	75 (10)	26	3 (3)	0	2 (2)	3	5 (1)	1
AFC W'bledon	27 Jan 14	4 May 14	Loan	10 (7)	3	0 (0)	0	0 (0)	0	0 (0)	0
Bury	15 Oct 13	10 Jan 14	Loan	7 (0)	2	2 (0)	0	0 (0)	0	0 (0)	0
Rotherham	18 Jun 13	6 Jun 14	Free	0 (1)	0	0 (0)	0	0 (0)	0	1 (0)	0
Aldershot	9 Oct 06	18 Jun 13	Youth	122 (56)	35	8 (6)	8	5 (2)	2	9 (1)	3

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MEET THE SQUAD LUTON TOWN



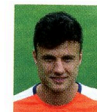
STUART MOORE
GOALKEEPER
On loan from Reading



STEPHEN O'DONNELL
DEFENDER
Previous club: Partick



DAN POTTS
DEFENDER
Previous clubs: West Ham, Colchester, Portsmouth



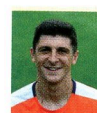
JONATHAN SMITH
MIDFIELDER
Previous clubs: Morecambe, Forest Green, York, Swindon



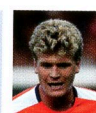
JOHNNY MULLINS
DEFENDER
Previous clubs: Reading, Kidderminster, Mansfield, Stockport, Rotherham, Oxford



SCOTT CUTHBERT
DEFENDER
Previous clubs: Celtic, Livingston, St Mirren, Swindon, Leyton Orient



JAKE GRAY
MIDFIELDER
Previous clubs: Crystal Palace, Cheltenham, Hartlepool



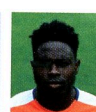
CAMERON MCGEEHAN
MIDFIELDER
Previous clubs: Norwich, Cambridge United



JORDAN COOK
STRIKER
Previous clubs: Sunderland, Darlington, Walsall, Carlisle, Charlton, Yeovil



DANNY GREEN
MIDFIELDER
Previous clubs: Bishop's, Dag & Red, Chelmsford, Charlton, MK Dons



PELLY-RUDDOCK MPANZU
MIDFIELDER
Previous club: West Ham



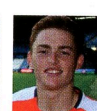
ZANE BANTON
STRIKER
Youth graduate



OLLY LEE
MIDFIELDER
Previous clubs: West Ham, Dag & Red, Gillingham, Barnet, Birmingham, Plymouth



ISAAC VASSELL
MIDFIELDER
Previous clubs: Plymouth, Truro



JACK SENIOR
DEFENDER
Previous club: Huddersfield



LUKE GAMBIN
MIDFIELDER
Previous clubs: Barnet, Hendon



LAWSON D'ATH
MIDFIELDER
Previous clubs: Reading, Yeovil, Cheltenham, Exeter, Dag & Red, Northampton



TYREEQ BAKINSON
MIDFIELDER
Youth graduate



OLLIE PALMER
STRIKER
Previous clubs: Woking, Mansfield, Grimsby, Leyton Orient



JAMES JUSTIN
MIDFIELDER
Youth graduate

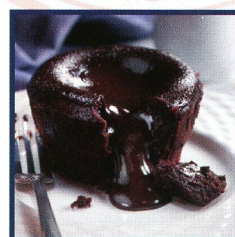
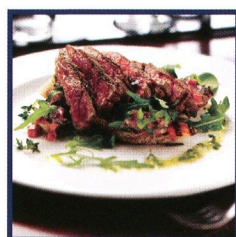
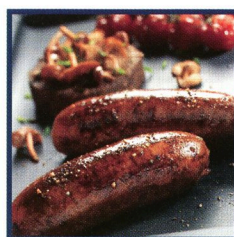


AKIN FAMEWO
DEFENDER
Youth graduate

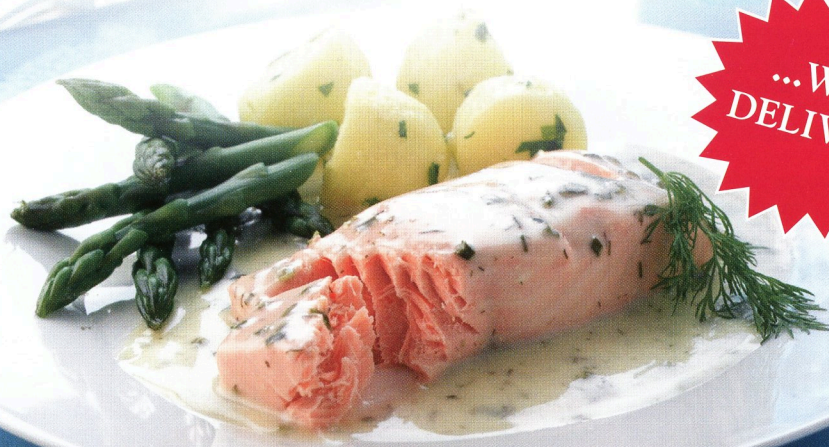


ALAN SHEEHAN
DEFENDER
Previous clubs: Belvedere, Leicester, Mansfield, Leeds, Crewe, Oldham, Swindon, Notts County, Bradford, Peterborough

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LUTON TOWN

Tyler, Smith, Cuthbert, Lawless, McGeehan (McCourt 82), Green, Griffiths, Marriott (Mackail-Smith 70), Lee, McQuoid, O'Brien. Subs - Justham, Hall, Long, Williams, Doyle.

GOALS - Marriott (4), McQuoid (46), Green (57)

BOOKING - Green (69)

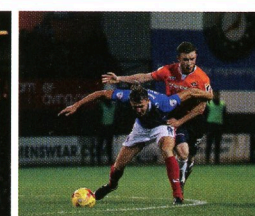


CARLISLE UNITED

Gillespie, Miller (Ibehre 63), Atkinson, Ellis, Raynes, Grainger, Hery (Gilliead 63), Joyce, Kennedy, Wyke (Sweeney 85), Asamoah. Subs - Hanford, Dicker, Thompson, McQueen.

GOALS - Wyke (44), Gilliead (66), Ibehre (79), Asamoah (80)

BOOKINGS - Grainger (54), Hery (56)



A double substitution after the break provided the spark for Carlisle United which took them on to an amazing victory which saw them come from two goals behind to grab three dramatic match-winning goals.

Luton used their goal kick to good effect when Lawless picked the loose ball up in midfield. He fed it to Marriott and the former-Carlisle loanee made no mistake as he took a touch, spun and thumped an unstoppable shot into the back of the net.

Green was next to try his luck with a long range rasper which zipped over the target, but Carlisle almost grabbed an equaliser courtesy of a long throw from Ellis. A ricochet invited Miller to shoot but Tyler dived low to complete a fantastic save.

Carlisle knocked on the door again when a Grainger free kick from the half way line was nodded on by Raynes. The keeper came out to get it, but it fell loose, with plenty of blue shirts in attendance. Asamoah stretched out a leg but his toe-poke went well wide.

The visitors suddenly looked the better side and some neat passing between Hery and Kennedy gave Grainger the chance to cross. Raynes leaped high but Tyler stood strong to make a block.

Another glanced header from Raynes found

Ellis with time at the back post and he put his head in his hands as he lobbed the ball into the stands as Tyler crept off his line. It was one-way traffic and the Luton keeper had to use quick feet to beat another Raynes head from under his bar as it threatened to creep over the line.

For all the good work, Carlisle were almost undone again when Marriott showed good close control from a precise through ball. His left-footed shot beat Gillespie but it was never going to trouble the target.

But it was the Cumbrians who had the last say of the half when a long ball over the top from Joyce found Wyke with just one man to evade. His first touch set it up and he left Tyler with no chance as he picked his spot in the bottom corner with a well executed finish.

The visitors were rocked back on their heels with just 56 seconds on the second half clock when a measured ball from Green which fell into the box was allowed to go unchallenged. Josh McQuoid sprinted between two defenders and the slightest of touches was enough to take it past Gillespie.

An intricate free kick routine involving Grainger and Joyce resulted in the latter drilling a low shot at Tyler, but it was disaster at the other end when Green was felled by Hery just 22-yards out. The lively wide man picked himself up to take the free kick and he

got a second bite at the cherry as his first effort spooned up off the wall. A hopeful volley took a slight deflection and it spun awkwardly as it dropped in off the post.

It took substitute Alex Gilliead just three minutes to make his mark when the Cumbrians battled for the ball inside the Luton area. It eventually broke free and the youngster kept his cool to gain his bearings before smashing his shot past Tyler to bring his side right back into the game.

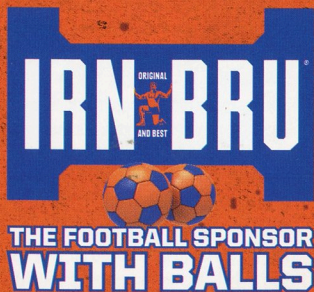
Patient build-up play brought a cut back from Kennedy and Joyce let fly with a shot which hit a defender and went behind for a corner. A half clearance followed from the delivery and the second equaliser of the night arrived when Jabo Ibehre kept his eye on a bouncing ball to snatch his eleventh of the season with a fine strike.

The game was turned on its head just 60 seconds later when Derek Asamoah went on a run across the edge of the area. He had only one thing in mind as he sent a wonderful effort past Tyler's full length dive.

Gillespie made a vital save from a free kick from distance in time added on, and Asamoah had a shot blocked as he went through with the closing stages proving to be very open indeed. But it was job done for Carlisle as they plugged the gaps despite a late attempt from McCourt.

BALLS TO WORKING THE WEEKEND

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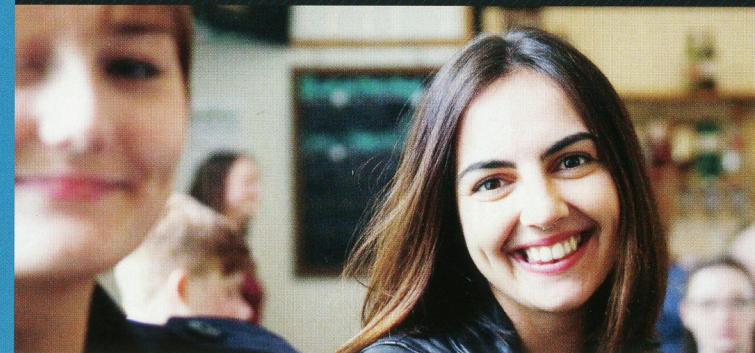
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COMMUNITY SPORTS TRUST



Good evening and welcome to this SkyBet League Two match against Luton Town FC.

During the half term holiday period the Community Sports Trust held soccer camps in Carlisle, Penrith Wighton and Whitehaven.

The Penalty King and Best Attitude Winners from two of our schools were as follows:

Carlisle

Penalty King - Connor Moran, Kian Storey, Joshua Marcus, Max Brierley and Joey Armstrong.

Best Attitude - Robert Maver, Jay Mackay, Reece Templeton, Eden Varah and Mia Rodda.

Penrith

Penalty King - William Hudson, Rob Sisson, Henry Thompson, Charles Dinsdale, Declan Atkinson and Joe Mortimer.

Best Attitude - Erin Skelton, Tyler Bainbridge, Joe Bell, Liam Gaskill, Blake Crighton & Matthew Fisher. Congratulations to all of the above Winners.

During the Easter holiday the Community Sports Trust will be running soccer camps in the following areas:

Whitehaven - The County Ground on 10 and 11 April from 10am to 3pm each day.

Carlisle - Harraby 3G on 10, 11, 12 and 13 April from 9am to 2pm each day.

Carlisle - Harraby 3G on 18, 19, 20 and 21 April from 9am to 2pm each day.

Wigton - Rugby Club on 12 and 13 April from 9am to 2pm each day.

Penrith - Leisure Centre on 18, 19, 20 and 21 April from 9am to 2pm each day.

At the Carlisle United Football Club Community Sports Trust we offer a unique opportunity for talented 16-19 year old football players to pursue a two-year Football & Futsal Education Scholarship.

We are in our fifth year of running the course and have established a fantastic reputation for post-16 education provision gaining a 100% pass rate with all students. The course offers a BTEC Extended Diploma in Sport (Equivalent to three A levels), work experience opportunities with CUFC CST staff, work based coaching qualifications in both football and Futsal, and the opportunity to represent Carlisle United in the North West Development League, the National Futsal League and cup competitions.

CST Assistant Community Manager James Tose said: "We think it's a fantastic way for youngsters

to train like a professional athlete and to gain a first class education at the same time. You get to LEARN, WORK, TRAIN and PLAY which sets young people up with university and employment opportunities. We are very proud of our 100% pass rate and have worked very hard to build a positive reputation for post-16 education."

If you are interested in becoming part of this exciting opportunity, then contact James Tose immediately for more information.

Email fitc1@carlisleunited.co.uk or call **01228 554 169** and join us for the start of the 2017/18 Football & Futsal season!

Carlisle United and Carlisle United Community Sports Trust are fully behind #CallFullTimeOnHate. The club will be supporting the initiative on social media, as well as through Kick It Out resources such as posters, t-shirts and LED board advertisements inside **Brunton Park**.

Over the last year, Lord Herman Ouseley, Chair of Kick It Out, has reiterated with all the football authorities his concerns on behalf of the organisation around rising levels of hate in society and believes support from professional clubs is an important step in tackling the issue.

"Our anti-hate initiative aims to build on existing positive education and awareness-raising projects supported by clubs and their Foundations in their local communities. Football is at the forefront of helping its fans, players and young people in their local communities to understand the damaging effects of prejudice and discriminatory abuse. Call Full Time on Hate aims to ensure the game remains as inclusive and welcoming as possible and that it reiterates a zero-tolerance approach to discrimination."



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You can now get regular updates about the latest Carlisle United CST news by joining our new Facebook page: www.facebook.com/cufccst or follow us on Twitter: **@CUFCST**

Up the Blues, Halpy

For more information on any of our Community Sports Trust schemes contact John Halpin and the team on fitc@carlisleunited.co.uk or by telephone on **01228 554169**.



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LEAGUE TWO



NEWS & VIEWS

ROB SCOTT-BUCCLEUCH BRINGS US A REGULAR UPDATE FROM OUR DIVISION

Good evening and welcome to the match.

Today's visitors, Luton Town's manager **Nathan Jones**, said he felt like his heart had been "ripped out" after his team fell to a 3-2 defeat in the Checkatrade Trophy semi-final against Oxford United recently. Oxford took a two-goal lead, but the Hatters responded through Isaac Vassell and ex-Oxford striker Danny Hylton (with his twentieth goal this season) to bring

the game level. But shortly before the end, Oxford's Marvin Johnson curled in from the edge of the box to give the visitors the win and a place in the final at Wembley. It had been a remarkable comeback from the Hatters, but the manner of the defeat was a real tough one for Jones to swallow. He told the Hatters' website: "It's difficult. Because I have got such disappointment at the minute, I feel like my hearts been ripped out if I am being honest. Ultimately I am so, so proud of them. They game me everything. It was just a little bit of naivety at the end that's cost us.

Big games are won in big moments and that was the moment we should have at least seen the game out 2-2 and gone to pens. It was a great start. There was a lot of opportunities in the game, if it was 5-5 it wouldn't have been a lucky scoreline. We weren't aggressive enough in the first half, they were winning the first ball and it's not like they're a big side, so we put Glen back into the back four," added Jones. "There were opportunities for us to play and pass through them, so that's why we went a little bit more technical with Pelly instead of Glen in the holding midfield role and I thought we were the better side second half."

Newport County manager **Graham Westley** says he is not bothered by fan abuse after he was greeted by



angry supporters after a recent League defeat. "No, I wasn't bothered, I've had fans berate me at games, I have had fans coin me at games, I have had square ups with fans at different clubs," he said. "As manager, it's my job to take flak. Passion is a part of football. I let people say what they want to say and if they think I am to blame... they can say so. We know that to stay up, we probably need 24, 25, 26 points out of a possible 39," he told BBC Radio Wales Sport. "That work needs doing. We know the job and we have been getting ourselves ready since January. A club like Newport always has limited choice, but I think we've got some key players in... and a lot of them are returning. We have a squad that I think can wins games and we should only get better. I honestly believe these lads can help us secure our League Two status."

Notts County's remarkable revival is down to having intelligent players who learn quickly according to manager Kevin Nolan. The Magpies had lost 10 games in a row when Nolan was appointed on 12 January and were just one point and one place above the bottom two. But the win at second-placed Plymouth Argyle was their fourth in nine games under Nolan and took them eight points clear of the relegation zone. "This is not a time to relax now," Nolan told BBC Radio Nottingham. "This is the time to work even harder and that is what we are going to do. We will continue to do that because that's what we are doing behind the scenes as a backroom staff."



Nolan is also registered as a player but is yet to feature, while experienced striker **Shola Ameobi** has recently signed. He added: "I didn't know the players personally, but once I got to know them I knew I had intelligent footballers, who could handle what I would throw at them. They have done that tremendously and they keep working hard." The 34-year-old said he and chairman Alan Hardy both shared the same "110% work ethic", adding: "The lads know that and it's brilliant they have brought into it and are getting the results because of it."

Enjoy the match and have a safe journey home.

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A BIG WELCOME TO TODAY'S MASCOTS



Name: Henry Thompson

Favourite CUFC player: Danny Grainger

Favourite subject at school: P.E

Favourite TV programme: Match of the Day

Favourite flavour of ice cream: Toffee

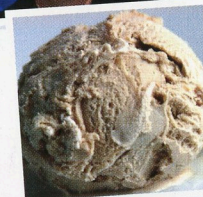
Hobbies: Football and scooter riding

What has been your highlight since

supporting Carlisle United: Watching the Liverpool
match and almost seeing Carlisle win on penalties

What is your score prediction for today's game:

3-1 to Carlisle



Name: Ethan Scott

Favourite CUFC player: Jabo Ibehre

Favourite subject at school: Geography

Favourite TV programme: Match of the Day

Favourite flavour of ice cream: Chocolate

Hobbies: Football and running

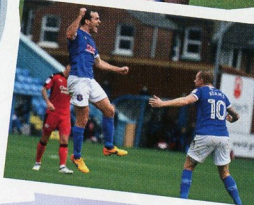
What has been your highlight since

supporting Carlisle United:

Luke Joyce's wonder goal against Crawley

What is your score prediction for today's game:

3-1 to Carlisle



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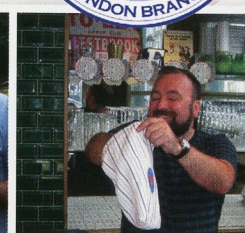


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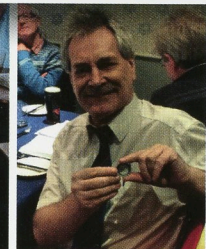
Ian Jardine brings us comment and updates
from the London Branch of our supporters' club



The London Branch meets on the third Thursday of the month in the Civil Service Club in Great Scotland Yard. Normally, one of the first events in the member's meeting is the '40 Club' draw. The '40 Club' was created a couple of years ago during the season of the Branch's 40th Anniversary, hence the name. Every month members of the '40 Club' have a chance to win a prize in the draw. The monthly meeting can provide a gathering to witness the draw but it has also taken place, on suitable dates, elsewhere. Prizes were drawn at various points on the tour of Wembley Stadium, one month, and this Christmas it took place in the Legends Bar in Brunton Park.

Thanks to the generosity of Carlisle United the usual first prize can be match tickets and meals in Foxy's for the lucky winner and a cash prize for the runner-up. The Christmas and July AGM draws see double the prizes and some extra prizes thrown in, again by Carlisle United and also Virgin Trains who offer 1st class tickets as a prize. During the year there have been other special prizes on offer, including signed shirts, tankards, scarves, hats and so on. One pub even offered a £40 bar tab. The result of all this has been the raising of roughly £2,000 each year.

With so many prizes during the year every member stand should a one in two chance of winning. Thanks to the luck of the draw it does



not work out like that. There are members of club still waiting for their number to appear after two and a half years. There again, Iain McLachlan, from Derby, was drawn out again last month to record more than half a dozen prizes in the draw since he was runner-up in the very first one. Rick Wilkes, from Stafford, had just used his first prize early this season when he won again. This is his account.

The usual suspect to join me, my daughter, was going through a busy period – work, leisure and also starting to house-hunt – so I looked a bit further ahead in the fixture list. And there it was – Blackpool in mid-February.

Jeff, a good mate of mine from the days of working in London – 1977 to 1979 – is a Blackpool fan. As well as playing together in a Sunday league team when we were in London, we would regularly go to all United games and all Blackpool games in and around London. We were at an Orient v United game when we saw the advert for the London Branch in the programme, and I joined. Jeff moved to

Australia for many years but is now back in the Blackpool area, and we met up last season for the Carlisle v Yeovil Cup match that was held at Bloomfield Road. In fact, we made a weekend of it, as we also did Blackpool v Port Vale on the Saturday, despite the fact Jeff is one of the refuseniks that do not attend home games in order to avoid giving their cash to the Oyston family. He even refused to host me for the league match in November 2016, but was happy enough to attend the game in Carlisle. Especially when both lunch and tickets were free!!

Foxy's was packed with sponsors and other guests, and we had to share a table with two other couples: one season-ticket holder and his wife treating themselves, and two ladies who had won a prize in a charity raffle; all four had been on the ground tour and enthused about it. And despite the presence of a Blackpool fan, we all got on well, and enjoyed the meal.

For more information about the Carlisle United Supporters' Club London Branch contact Peter Smithson, Great Gable, Sheephouse Road, Maidenhead, Berkshire, SL6 8HB – or call 07979 700275. Alternatively you can visit www.carlislelondonbranch.org for full details on membership and benefits. To join online – follow this link www.carlislelondonbranch.org/join/online/



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WITH TIM GRAHAM



It's been interesting this season to watch the exploits of two non-league teams in reaching the fifth round and quarter-final of the FA Cup, with those clubs being Sutton United and Lincoln City respectively. It also being the first time since 1914 that a non-league side has reached the last eight of the FA Cup, with that club then being Queens Park Rangers. The Hoops, who came into the Football League Second Division in 1920, being defeated by Liverpool in that year's quarter-final courtesy of a 2-1 reverse at Anfield.

Sutton did incredibly well too to get to the fifth round of the competition this season, with their big night in which they put in a strong display in only losing 2-0 at home to Arsenal being rather overshadowed by United reserve team goalkeeper Wayne Shaw eating a pie live on television late in the game. I thought that there was a bit of an over-reaction to all that to be honest, in fact the following day on Radio 5Live it was almost impossible to get away from the story which actually became their lead headline at one point. When you think that Shaw had to resign for eating a pie the day after, whereas it seemed to take forever for FIFA to finally get rid of Sepp Blatter after suggesting he actually had his finger in a large amount of pies then it does make you wonder.

As for Lincoln, well they have been in even

better form than Sutton in the National League with their FA Cup run culminating in that fantastic 1-0 win at Burnley. Now, I am writing this shortly before the quarter-final ties which took place at the weekend so it is highly likely that I will end up with egg on my face as usual. But, for all the brilliant efforts of Lincoln and Sutton and all the talk of Premier League sides not being interested in the competition any more, we could easily end up, with the way the draw for the last eight has fallen, looking at the four semi-finalists being Arsenal, Manchester City, Tottenham and definitely one of Chelsea and Manchester United. So, basically four of the current top six.

It makes you wonder then if we have now reached a point where the six big boys can put out a side with eight or nine changes in it compared to their Premier League eleven, and still have the strength in depth to brush aside other challengers. Although having said that there have been a hell of a lot of other clubs changing their players for the FA Cup too and thus making it even easier for the top six, with many sides in the Championship swapping at least half their side, while in the Premier League too you can earn more money by finishing two places higher in the table than you can by being the FA Cup winners.

That's why nearly everyone seems to rest players in the competition now because there is so much more money to be earned, either

by chasing the Premier League dream or just by staying in the money pit. No doubt **Arsene Wenger** will have rested numerous players against Lincoln three days ago in a match that will have produced a huge financial boost for the Imps, and given he is under such heavy pressure at the Emirates at the moment you would think that a defeat would pretty much signal his departure from the Gunners at the end of the season. Although for me, that would be the right time for him to go anyway after 21 years at the club, better to leave when just some of the fans want you to go rather than all of them, thus tarnishing his fantastic service to Arsenal over three decades.

Whether or not Arsenal would do any better with a new man in charge is open to question of course, particularly given old Arsene is a bit tight with the pennies while being up against the massive wealth Chelsea and the two Manchester clubs have to play with. The way the North London club are going this season too, it's quite feasible that they could finish outside the top four and therefore not qualify for the Champions League for the first time since the 1999-2000 campaign. A failure like that, alongside the financial implications associated with it could surely signal that it is finally au revoir Arsene. What an incredible legacy he would leave if that was to be the case though.

20 YEARS of snapping with official club photographer

MARK FULLER



Our home game against Portsmouth marked 20 years to the week with Carlisle United for official photographer Mark Fuller. Highs, lows and everything in between have been caught by his camera, so we sat down with him to find out a little bit more about one of those jobs which often goes unnoticed.

How did you get into photography, Mark?

I bought my first proper camera when our first son was born in order to capture the important moments. I had no idea which to get so I read a camera magazine and a Nikon F301 was camera of the year, so I got that one and a couple of lenses.

How did you first link up with Carlisle United?

I've been a fan for many years. My grandfather brought me at first in the late 60's and early 70's. Then I started coming down by myself, or with my dad and brother. Then, in 1997, my brother became MD of CUFC and I wrote to the club asking if I could go pitch side and take photos of him at his first match, to surprise him. I took a few of the game and the club magazine used them, and I was then asked if I could do the photos regularly ... and I'm still here.

Was it a case of learning on the job or had you had other sports photography experience?

I was a teacher for 36 years and, once the school knew I had a camera, I was asked to take all their sports images as well as drama, music etc. So, I was lucky to be able to take all sorts of sports and hone my skills. One day at Brunton Park, in 1998, I met a

photographer who said he was there to take 'spot the ball' photos for Littlewoods pools. He had a top quality Nikon lens and he kindly lent it to me for half the game. The quality of the photos was noticeably higher than my kit lenses produced and I realised that some serious spending was needed if I was to compete with the top snappers. Then, one Saturday, the club got a call from the Sunday Sun to say their photographer had broken down and was there anyone who could take pictures and drive the film to Newcastle after the game. I drove over post match, and they liked my work, and asked if I would do the same for them each week. Talking to their picture editor taught me a lot about what an editor is looking for and learning about selection/cropping/captioning/scanning etc in the news room. Going to the print room to see my photos roll off the print on huge rolls of paper, as the newspaper took shape, was a valuable experience.

I taught not only Monday to Friday but also on a Saturday morning. One Friday night, at 4pm, I got a call to ask if I could do a match for the Sunday Sun on Saturday as their sports photographer had been taken ill. They wanted me to do the FA Cup - Newcastle v Man United. Well, I went to see the Headmaster and explained the Sunday Sun request, he immediately said go and enjoy it and that he would cover my lessons. The Sunday Sun arranged for me to be picked up at Scotch Corner, driven to London and stay in the same hotel as Newcastle, shoot the match, and then they would drive me back. That was a great experience, working Kings Cross as the fans arrived, getting to Wembley and covering the antics on Wembley Way, and then shooting

the match. I had a runner who took my films as I finished them to a caravan in the car park where the photos were developed, scanned and sent back to Newcastle, to create a pullout supplement in the next day's paper. No pressure there then - and what a great experience.

How nervous were you during your first game?

Which game was it? To be honest, I don't get nervous at a match. I have a job to do and as long as I don't forget any kit, I'm ready to go. The day the Headmaster (the one who let me go to Wembley) asked me to photograph his daughter's wedding made me nervous though. In a match, if you don't get the shot you should be able to get the celebration. In a wedding, there is no second shot. You have to nail it first time. So, only then were the nerves on edge. He asked me to do his second daughter's wedding as well, so the nerves have been well and truly tested.

You've photographed some excellent games, players and teams - which has been your most enjoyable period as our official photographer?

The years from 2004-2006. The Conference season (2004-05) stands out as we were unstoppable, and the passion and desire to prove how good we were under Paul Simpson was fantastic. The following season, leading to winning the league, was just as outstanding and to photograph the likes of Michael Bridges playing for us was just superb.

Which is the stand-out game?

As a fan, it was our first JPT final when we played Birmingham and 76,663 fans

packed out Wembley and the 20,000+ Carlisle fans at one end created a superb atmosphere. Winning the trophy in 97 was wonderful as it was our first cup at Wembley. As a photographer, it was the 2004-05 Conference National Play-off Final at Stoke. The fans were superb and the result put the club back where it belongs. The goal by Peter Murphy and the post match celebrations were fantastic to capture.

As a fan, who have been your favourite players and why?

Players from the 74-75 squad stand out. Chris Balderstone was a joy to watch as were the likes of Joe Laidlaw and Ray Train. Scott Dobie always gave his all for the club and Peter Murphy will always be a favourite. The day we were relegated from the league, he went over to the crowd and my son was crying on the pitch. Peter went to him and put his arm round him, apologised for the result and promised to do his best to get us back into the league ... he did not disappoint as we bounced back the following season.

Who have been your favourite players to photograph?

Richie Foran. He used to see where I was positioned behind the goal whenever he took a penalty and then he would aim it straight at me. The keepers never sussed him.

Which pictures do you look at to this day and think to yourself 'yeah, I got that'?

It has to be the Jimmy Glass shots. I heard Mervyn Day ask the fourth official how long was left as we were awarded the corner deep in injury time. With a reply of 'this is it, 10 seconds', I quickly changed film in the

camera and set it to motor drive so I could record the last 10 seconds of league football at Brunton Park. How wrong I was, and I was able to capture the whole sequence leading to Sir Jimmy saving the day. The expression of relief and joy on the face of the ball boy simply adds to the intensity of what this picture shows for me.

Is there a moment where you were just in the wrong position at the wrong time and you missed the shot completely, which particularly stands out?

This season v Crawley, when Luke Joyce scored a cracker with a thunderbolt from outside the box. At that very moment, Mark Ellis walked across me and bent down to tie his laces. Not the shot I wanted with Mark's backside filling the view finder, but at least I caught Luke's celebration.

Again, as a fan, how do you divorce yourself from the emotion when there's such an important job to do?

It is so hard. But having been threatened to be sent off by the ref for cheering when we scored in the penalty shoot out v Leeds in the JPT semi final (which we won), I try to keep control whilst screaming inside. But I am recording history and it is important to get the shots. I tend to celebrate afterwards as I go through the images, particularly if the vital moment also captures the emotion of the player. Then I know I've nailed it. The ref in the Leeds match made me move from photographing behind the goal to the edge of the pitch, because my cheering was upsetting their keeper - yeah mine and 8000 fellow CUFC fans!

What's it like to photograph the team you support during key moments?

Cup finals, play off games, promotion/relegation games ... etc? I have been lucky enough to take photos at a number of iconic grounds, including Twickenham (Daily Mail U18 Cup Final), the Millennium (Principality Stadium (JPT Final) and Wembley (JPT Final) and it's an honour to do it - and a challenge. When you know the players, staff and just how much it really means to the fans, it elevates the importance of capturing the key moments that will be remembered and looked at over the years. I cannot hide my emotions in the big games and I'm shouting as loud as the rest when that final whistle blows.

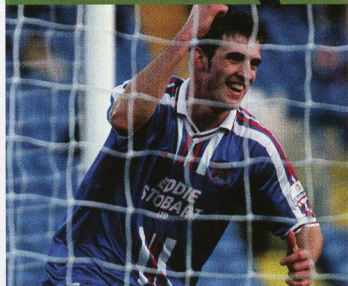
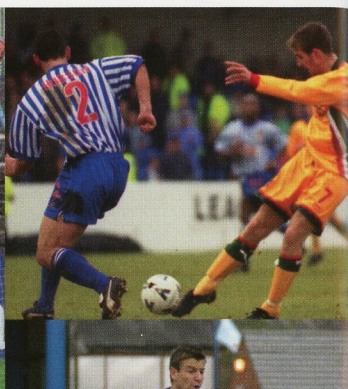
What are the particular challenges when you need to get the shot, or it's gone and missed?

Timing is the simple answer and that requires concentration, the ability to react quickly, familiarity with your kit so it's set correctly for the image you are trying to capture, and awareness of what is going on both on the pitch and in the dug outs, so that as little as possible is missed. Eyes in the back of your head help and, as all pupils know, a teacher has these.

Are there any photographers you particularly admire?

Dave Black for interesting sports shots, Moose Peterson and Andy Rouse for wildlife and aviation, Joe Cornish for landscape and Cliff Mautner for weddings. There are many great photographers but these guys seem to be able to capture the moment in unique ways that inspire me to keep trying.

20 YEARS of snapping with official club photographer MARK FULLER



Any funny moments stand out over the years?

Kevin Gray being put off at a corner by Dean Windass stands out as one.

Any poignant moments stand out over the years?

We had one last home game when Tony walked out. We realised it's only a game and that people are more important and sometimes they need our help and support. Thank goodness for auto focus because my eyes were full of tears.

Best advice you could give to someone wanting to break into sports photography?

Kit and insurance is seriously expensive and getting FA accreditation is not easy if football is what you want to get into. But, if you really want to give it a go, you need to get as much experience with all sorts of sports as possible. You also need to be very self critical of the pictures you take and only select the best to put into a portfolio that you can be proud of.

What is the routine that you have to do on a Saturday in order to fulfil your role as a photographer?

The kit is checked into the car at least twice to make sure it's all there. Once at BP it's on with the waterproofs and into the club where I hand in the line-up and mascot photo prints from the previous match before going pitch side. There, it's a case of shooting anything of interest prior to the match. Then I photograph the mascots

and line up prior to kick off, followed by the game and any half time photo opportunities. At the end, I get to the tunnel to take photos of the players leaving the pitch and the reaction shots of Keith as he faces the Paddock. Then it's off to the car to download photos to send to the press who require them immediately. Gone are the days of driving to Newcastle and developing film in solutions inside a dark room and getting shots to the printing press by 8pm. Once home, I download all the photos from the data cards and select those that I am going to send to the club. I crop these to the dimensions required for the web site before saving them at full resolution and then further processing them for web use. The two batches are then wired to the club and used on the web site or for use in the match day programmes.

Have you ever missed a match during your 20 years?

Only once, I believe, a couple of seasons back on a Tuesday night. I had to turn back on the A66 as the snow was so thick. The match went ahead but, if I had made it through, I would not have got home as the snow gates were shut and the A66 was closed for a couple of days.



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INTRODUCING...

CARLISLE UNITED LADIES



Charlotte Cousin

As the Carlisle United Ladies season begins to draw towards a conclusion, this issue we feature two of the side's younger players who are both taking part in their first full campaign with the Lady Cumbrians this season and who have both made big impacts on the squad in their time at the Club so far.

Following the retirement of long-standing goalkeeper Clare Edmondson at the end of last

season, Charlotte Cousin joined before the start of the 16/17 campaign as United's new number one. An almost ever-present in the starting XI since, we sat down with Charlotte to find out a bit more about her.

Where are you from?

I was born and live just down the road in Penrith.

How long have you been playing football?

I've been playing for about twelve years now.

What's your best memory with Carlisle United Ladies?

Probably my Player of the Match performance against top of the table Sir Tom Finney Ladies last month.

What's the best thing about playing for Carlisle United Ladies?

It's great to be playing football in a competitive environment with good quality players.

Who's your favourite Carlisle United men's player and why?

This season it's Nicky Adams - he's tenacious and his tally of assists has been instrumental to our success.

What's your pre-game ritual?

I usually listen to music but I'm not superstitious or anything like that.

Who's the best trainer in the squad?

Got to be Emma Blenkinship!

Who always tries to skip training?

Not gonna lie that's me as I work most Thursday evenings.

What's the TV programme you never miss?

Sherlock and Game of Thrones are both unmissable.

What is top of your bucket list?

I'd love to travel a lot in the coming years.

Three words to describe yourself?

Introverted, ambitious and content.

Cheese and onion crisps or ready salted?

Ready salted.

Finally, tell us something random about yourself...

I once did the Macarena on the back of a safari vehicle in Tanzania!



Chelsea Nevison

Charlotte is being sponsored this season by Carlisle United Supporters' Away Travel's Ali and Helen Ross, who are also supporting United Ladies captain Sharina Robinson and Lauren Ulliyart.

Chelsea Nevison is another of United's younger names this season and is being sponsored by current Chair of the Carlisle United Supporters Groups and former Chair of the CUSC London Branch, Simon Clarkson.

Carlisle-native Chelsea made the step up to first team football mid-way through the 15/16 season and proved her credentials in emphatic fashion by scoring the winning goal at eventual champions Preston North End Women Devt as part of her United debut. She told us a little more about herself.

Where do you play?

I tend to play in left-midfield, but can also go up front.

How long have you been playing football?

Since I was eight years old, so almost ten years.

What's your best memory with Carlisle United Ladies?

It has to be scoring on my debut last season.

What's the best thing about playing for Carlisle United Ladies?

Just being a part of the team - it's a great atmosphere.

Who's your favourite Carlisle United men's player and why?

Danny Grainger, he's passionate and a hard worker.

Who's the best trainer in the squad?

Our captain, Sharina [Robinson]. She never stops!

Who always tries to skip training?

Nobody really, everyone's very committed.

What's the TV programme you never miss?

Ex on the Beach!

What is top of your bucket list?

I want to visit New York for my 18th birthday next year.

Three words to describe yourself?

Perfectionist, dedicated, ambitious.

Cheese and onion crisps or ready salted?

Ready salted.

Finally, tell us something random about yourself...

I enjoy yoga.

Don't forget you can keep fully up to date with United Ladies' latest news by following the team on Twitter, @CUFLADIES, or liking them on Facebook, /CarlisleUnitedLadiesFC.

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CLUB STAT PACK 2016/17

PLAYER CAREER APPEARANCES FOR CARLISLE UNITED

	LEAGUE		FA CUP		OTHER CUP		TOTAL	
	APPEARANCES	GOALS	APPEARANCES	GOALS	APPEARANCES	GOALS	APPEARANCES	GOALS
Nicky Adams	35	2	2	0	2	0	39	2
Derek Asamoah	26 (52)	10	3 (4)	1	3 (2)	2	32 (58)	13
David Atkinson	29 (3)	0	4	0	1 (1)	0	34 (3)	0
James Bailey	2 (3)	0	0	0	0	0	2 (3)	0
Shaun Brisley	16 (5)	2	2	0	4	0	22 (5)	2
Patrick Brough	34 (6)	0	0 (1)	0	4 (4)	0	38 (11)	0
Max Crocombe	0	0	0	0	4	0	4	0
Jamie Devitt	10 (17)	0	0 (1)	0	5	0	15 (18)	0
Mark Ellis	35 (2)	0	6	1	4	0	45 (2)	1
Macauley Gillesphey	45 (6)	2	2 (1)	0	4 (1)	0	51 (8)	2
Mark Gillespie	149 (1)	0	5	0	12	0	166 (1)	0
Danny Grainger	97	12	7	3	11	2	115	17
Jordan Holt	0	0	0	0	0 (1)	0	0 (1)	0
Jabo Ibehre	43 (24)	22	3 (2)	2	1 (5)	2	47 (31)	26
Mike Jones	25 (2)	0	2	0	3	1	30 (2)	1
Luke Joyce	79 (19)	3	5	0	9 (1)	0	93 (20)	3
Jason Kennedy	78 (3)	15	6	1	2 (2)	1	86 (5)	17
Reggie Lambe	18 (10)	4	1 (1)	1	5	1	24 (11)	6
Gary Liddle	10	1	0	0	0	0	10	1
Joe McKee	1 (3)	0	0	0	2 (2)	1	3 (5)	1
Alexander McQueen	16 (8)	0	1	0	5	0	22 (8)	0
Shaun Miller	16 (8)	4	0 (2)	0	5	3	21 (10)	7
Tom Miller	59 (3)	5	2 (2)	0	8 (2)	1	69 (7)	6
John O'Sullivan	5 (2)	0	0	0	0	0	5 (2)	0
Russell Penn	0 (1)	0	0	0	0 (1)	0	0 (2)	0
Jamie Proctor	6	2	0	0	0	0	6	2
Michael Raynes	70 (2)	5	7	0	7	1	84 (2)	6
Cameron Salkeld	0	0	0	0	0 (2)	1	0 (2)	1
George Waring	2 (2)	0	0	0	0	0	2 (2)	0
Kevin Wright	0 (2)	0	0	0	0 (1)	0	0 (3)	0
Charlie Wyke	64 (13)	32	5	3	3 (4)	4	72 (17)	39

GOOOOOOOAAAAALLLLLLLLLL! HITTING THE NET THIS SEASON

PLAYER	LEAGUE	EFL CUP	FA CUP	CATT	TOTAL
Reggie Lambe	4		1	1	6
Shaun Miller	4	1		2	7
Charlie Wyke	14	1		3	18
Jason Kennedy	10		1		11
Mike Jones		1			1
Jabo Ibehre	7		2		9
Mike Raynes	2			1	3
Tom Miller				1	1
Nicky Adams	2				2
Danny Grainger	4		1	2	7
Luke Joyce	1				1
Joe McKee				1	1
Cameron Salkeld				1	1
Shaun Brisley	2				2
Gary Liddle	1				1
Jamie Proctor	2				2
Own Goals For:	3			1	4
CLUB TOTAL					77

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HEINEKEN

CLUB STAT PACK 2016/17

GOAL TALLY LEAGUE 56 EFL CUP 3 FA CUP 5 CATT 13 TOTAL 77

FIRST GOAL

Played	43
Carlisle United score first goal	23
Opponents score first goal	20
No goals scored	0
United score first goal and win	14
United score first goal and draw	8
United score first goal and lose	1
United fail to score	5
Opponents score first goal and win	8
Opponents score first goal and draw	6
Opponents score first goal and lose	6
Opponents fail to score	5

IS THAT THE TIME ALREADY?

	0-15	16-30	31-45	46-60	61-75	76-90
Conceded	10	6	11	15	10	14
Scored	11	14	13	9	13	17

FIRST HALF RECORD

Played	43	Won	15	Lost	9	Drawn	19
--------	----	-----	----	------	---	-------	----

SECOND HALF RECORD

Played	43	Won	15	Lost	14	Drawn	14
--------	----	-----	----	------	----	-------	----

THEY ALL COUNT

HOW WE CREATED THE GOALS

Free Play	54	Corner	12	Free Kick	5
Penalty	6	TOTAL		77	

HOW WE HAVE SCORED THE GOALS

Headers	23	Penalties	6	Own Goals	4
Shots	44	Free Kicks	0	TOTAL	77

FORM GUIDE

HOME				F A
Feb 25	Portsmouth	(SB2)	0-3	
Feb 14	Doncaster Rovers	(SB2)	2-1	
Feb 11	Blackpool	(SB2)	1-4	
Jan 28	Barnet	(SB2)	1-1	
Jan 14	Morecambe	(SB2)	1-1	
Jan 2	Grimsby Town	(SB2)	1-3	
Won 1, Drawn 2, Lost 3, F6, A13				

AWAY				F A
Mar 4	Plymouth Argyle	(SB2)	0-2	
Feb 28	Cheltenham Town	(SB2)	0-1	
Feb 18	Wycombe Wanderers	(SB2)	2-1	
Feb 4	Leyton Orient	(SB2)	2-1	
Jan 21	Accrington Stanley	(SB2)	1-1	
Jan 7	Colchester United	(SB2)	1-4	
Won 2, Drawn 1, Lost 3, F6, A10				

PICK A CARD ANY CARD

PLAYER	LEAGUE		CUP		TOTAL	
	Y	R	Y	R	Y	R
JAMIE DEVITT	1	2			1	2
MARK GILLESPIE	3				3	
DANNY GRAINGER	4		1		5	
JASON KENNEDY	4				4	
JABO IBEHRE	5				5	
TOM MILLER	5		1		6	
MACAULAY GILLESPIEY	1				1	1
LUKE JOYCE	7		1	1	8	
MICHAEL RAYNES	6	1	1		7	1*
MIKE JONES	4				4	
SHAUN MILLER	2	1	2		4	1
NICKY ADAMS	2				2	
SHAUN BRISLEY	5				5	
MARK ELLIS	1				1	
CHARLIE WYKE	1				1	
REGGIE LAMBE	1				1	
GARY LIDDLE	2				2	
JAMIE PROCTOR	2	1			2	1
JOHN O'SULLIVAN	2				2	
					64	5

* RED CARD AGAINST LUTON OVERTURNED

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CUFC PINBOARD

Happy birthday to season ticket holders George Jackson, Susan Brough and Matthew Williamson who all celebrate their birthdays tomorrow - we hope you enjoy tonight's game!

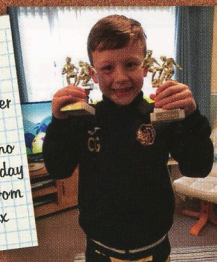


Happy birthday Claudia, love from Brendan xx



Happy birthday to Ann Miller, with love from husband Keith, son Andrew and friends

Happy birthday to Season Ticket holder and Junior Blue Charlie Gardner who celebrated his birthday on Sunday, love from all the family xx



Happy Birthday to Season Ticket holder and Blues Lotto agent, Connell Steven who will be 80 on Sunday!

Happy birthday to Bex Potts, love from Mam and Dad xx

Send your snaps, birthday messages or shout outs with an image to media@cartisleunited.co.uk if you would like to feature in a future programme!

Since 2000, the Football Foundation has invested in £1.3 billion of grassroots sports projects and has developed more than 600 artificial grass pitches, 1,000 changing pavilions and 3,000 natural grass pitches.

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Charity No: 1079309 Company No: 3876305

The Football Foundation is the UK's largest sports' charity. Funded by the Premier League, The Football Association and the Government, via Sport England.

CARLISLE UNITED IN 1990/91

DIVISION FOUR

August 25, 1990	H	DONCASTER ROVERS	L	2-3
September 1, 1990	A	Peterborough United	D	1-1
September 8, 1990	H	MAIDSTONE UNITED	W	1-0
September 15, 1990	A	Hereford United	L	2-4
September 17, 1990	A	Stockport United	L	1-3
September 22, 1990	H	HARTLEPOOL UNITED	W	1-0
September 28, 1990	H	BURNLEY	D	1-1
October 2, 1990	A	Gillingham	L	1-2
October 6, 1990	A	Walsall	D	1-1
October 13, 1990	H	HALIFAX TOWN	L	0-3
October 20, 1990	H	CHESTERFIELD	W	1-0
October 24, 1990	A	Scarborough	D	1-1
October 27, 1990	A	Torquay United	L	0-3
November 3, 1990	H	LINCOLN CITY	D	0-0
November 10, 1990	H	YORK CITY	W	1-0
November 24, 1990	A	Rochdale	W	1-0
December 1, 1990	A	Wrexham	L	0-3
December 15, 1990	H	NORTHAMPTON TOWN	W	4-1
December 23, 1990	H	BLACKPOOL	W	1-0
December 26, 1990	A	Cardiff City	L	1-3
December 29, 1990	A	Scunthorpe United	L	0-2
January 1, 1991	H	ALDERSHOT	L	1-2
January 5, 1991	A	Darlington	L	1-3
January 12, 1991	H	PETERBOROUGH UNITED	W	3-2
January 19, 1991	A	Doncaster Rovers	L	0-4
January 26, 1991	H	HEREFORD UNITED	L	0-1
February 2, 1991	H	STOCKPORT COUNTY	W	1-0
February 5, 1991	A	Hartlepool United	L	1-4
February 16, 1991	H	ROCHDALE	D	1-1
February 23, 1991	A	York City	L	0-2
February 26, 1991	H	DARLINGTON	L	0-2
March 2, 1991	H	WREXHAM	W	2-0
March 9, 1991	A	Northampton Town	D	1-1
March 12, 1991	H	GILLINGHAM	L	0-4
March 16, 1991	A	Burnley	L	1-2
March 19, 1991	A	Halifax Town	D	1-1
March 23, 1991	H	WALSALL	L	0-3
March 30, 1991	H	CARDIFF CITY	W	3-2
April 2, 1991	A	Blackpool	L	0-6
April 6, 1991	H	SCUNTHORPE UNITED	L	0-3
April 13, 1991	A	Aldershot	L	0-3
April 20, 1991	A	Chesterfield	L	1-4
April 27, 1991	H	SCARBOROUGH	W	4-1
May 1, 1991	A	Maidstone United	D	0-0
May 4, 1991	H	TORQUAY UNITED	W	3-1
May 11, 1991	A	Lincoln City	L	2-6

FA CUP

November 17, 1990	A	Wigan Athletic	L	0-5
-------------------	---	----------------	---	-----

LEAGUE CUP

August 28, 1990	H	SCUNTHORPE UNITED	W	1-0
September 4, 1990	A	Scunthorpe United	D	1-1
September 25, 1990	H	DERBY COUNTY	D	1-1
October 10, 1990	A	Derby County	L	0-1

LEYLAND DAF CUP

November 6, 1990	H	PRESTON NORTH END	D	1-1
December 18, 1990	A	Rochdale	L	0-1

LANCASHIRE LEAGUE A DIVISION

August 25, 1990	A	Bolton Wanderers A	D	0-0
September 1, 1990	H	BOLTON WANDERERS A	W	3-0
September 8, 1990	A	Crewe Alexandra Res	W	4-3
September 15, 1990	H	ACCRINGTON STANLEY RES	W	13-0
September 22, 1990	A	Liverpool A	W	1-0
September 29, 1990	H	MARINE RES	D	1-1
October 6, 1990	A	Burnley A	D	2-2
October 13, 1990	H	UMIST	W	3-0
October 20, 1990	A	Preston North End A	L	2-3
October 27, 1990	H	MANCHESTER UNITED A	L	0-3
November 3, 1990	A	Everton A	L	0-1
November 10, 1990	A	Chester	D	1-1
November 17, 1990	A	Blackburn Rovers A	L	1-6
November 24, 1990	H	PRESTON NORTH END A	L	3-5
December 1, 1990	H	MANCHESTER CITY A	L	2-4
January 12, 1991	A	Accrington Stanley Res	D	2-2
February 2, 1991	H	MORECAMBE RES	W	3-0
February 23, 1991	A	Manchester United A	L	0-2
March 2, 1991	H	BURNLEY A	W	3-0
March 9, 1991	A	Rochdale Res	D	2-2
March 16, 1991	H	BLACKBURN ROVERS A	D	1-1
March 18, 1991	A	Umist	W	4-0
March 23, 1991	H	ROCHDALE RES	L	1-2
March 25, 1991	H	LIVERPOOL A	L	0-3
April 6, 1991	A	Marine Res	L	0-2
April 13, 1991	H	EVERTON A	L	0-1
April 15, 1991	H	CREWE ALEXANDRA RES	W	8-2
April 20, 1991	A	MANCHESTER CITY A	L	0-1
April 27, 1991	A	Morecambe Res	W	2-1
?	H	CHESTER	D	1-1

CLUB HISTORIAN DAVID STEELE CONTINUES WITH HIS STEP BY STEP JOURNEY, SEASON BY SEASON, WITH CARLISLE UNITED FOOTBALL CLUB ...

MIDLAND SENIOR LEAGUE

September 5, 1990	H	DONCASTER ROVERS RES	W	2-1
September 12, 1990	H	PETERBOROUGH UNITED RES	W	5-1
September 19, 1990	H	WALSALL RES	L	1-2
September 26, 1990	H	NORTHAMPTON TOWN RES	W	3-0
October 2, 1990	A	Bury Res	L	1-2
October 10, 1990	H	CHESTERFIELD RES	W	2-0
October 17, 1990	H	DARLINGTON RES	D	1-1
October 23, 1990	A	Walsall Res	D	2-2
October 31, 1990	H	WREXHAM RES	W	4-1
November 7, 1990	A	Tranmere Rovers Res	L	0-1
November 21, 1990	A	Halifax Town Res	L	2-3
November 28, 1990	H	ROCHDALE RES	D	3-3
December 5, 1990	H	LINCOLN CITY RES	W	2-1
December 17, 1990	A	Nottingham Forest Res	L	0-1
January 2, 1991	H	BIRMINGHAM CITY RES	L	0-1
January 23, 1991	H	STOCKPORT COUNTY RES	W	4-1
January 30, 1991	A	Peterborough United Res	D	1-1
February 6, 1991	A	Stockport County Res	L	0-3
February 18, 1991	A	Northampton Res	W	3-0
February 26, 1991	A	Chesterfield Res	L	1-2
March 5, 1991	H	HARTLEPOOL UNITED RES	W	5-0
March 27, 1991	H	HALIFAX TOWN RES	W	1-0
April 9, 1991	A	Wrexham Res	W	2-0
April 17, 1991	H	SHREWSBURY TOWN RES	W	4-0
April 19, 1991	A	Doncaster Rovers Res	D	1-1
April 22, 1991	A	Lincoln City Res	L	0-2
April 29, 1991	A	Darlington Res	L	1-2
May 1, 1991	A	Birmingham City Res	?	?
May 6, 1991	A	Shrewsbury Town Res	?	?
May 6, 1991	A	Hartlepool United Res	?	?
May 8, 1991	H	NOTTINGHAM FOREST RES	W	2-0
May 9, 1991	H	TRANMERE ROVERS RES	D	0-0
May 10, 1991	H	BURY RES	W	3-1
May-1991	A	Rochdale Res	?	?

CUMBERLAND CUP

December 15, 1990	H	NORTHBANK	W	2-1
January 19, 1991	H	KESWICK	W	5-1
February 16, 1991	A	Carlisle City	L	0-1



FOURTH DIVISION

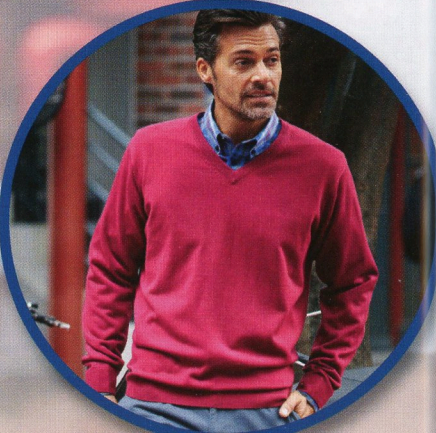
	P	W	D	L	F	A	Pts
Darlington	46	22	17	7	68	38	83
Stockport County	46	23	13	10	84	47	82
Hartlepool United	46	24	10	12	67	48	82
Peterborough United	46	21	17	8	67	45	80
Blackpool	46	23	10	13	78	47	79
Burnley	46	23	10	13	70	51	79
Torquay United	46	18	18	10	64	47	72
Scunthorpe United	46	20	11	15	71	62	71
Scarborough	46	19	12	15	59	56	69
Northampton Town	46	18	13	15	57	58	67
Doncaster Rovers	46	17	14	15	56	46	65
Rochdale	46	15	17	14	50	53	62
Cardiff City	46	15	15	16	43	54	60
Lincoln City	46	14	17	15	50	61	59
Gillingham	46	12	18	16	57	60	54
Walsall	46	12	17	17	48	51	53
Hereford United	46	13	14	19	53	58	53
Chesterfield	46	13	14	19	47	62	53
Maidstone United	46	13	12	21	66	71	51
Carlisle United	46	13	9	24	47	89	48
York City	46	11	13	22	45	57	46
Halifax Town	46	12	10	24	59	79	46
Aldershot	46	10	11	25	61	101	41
Wrexham	46	10	10	26	48	74	40



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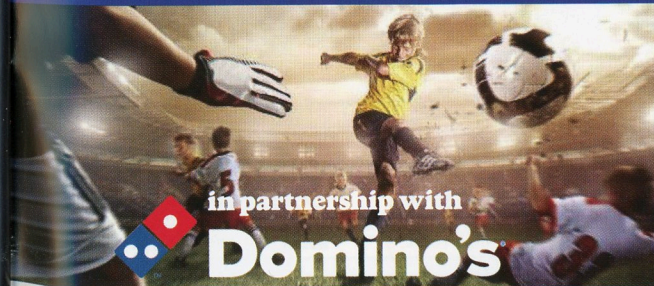
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BIG MATCH DETAILS

CARLISLE UNITED V LUTON TOWN
TUESDAY 14 MARCH 2017



CARLISLE UNITED

Manager: Keith Curle						
	Played	Sub	Y	R	Gls	
1	Mark Gillespie					
2						
3	Danny Grainger					
4	Luke Joyce					
5	Michael Raynes					
6						
7	Jason Kennedy					
8	Mike Jones					
9	Jamie Proctor					
10	Nicky Adams					
11						
12	Macaulay Gillesphey					
13						
14	Jabo Ibehre					
15	Shaun Brisley					
16	James Bailey					
17	Jamie Devitt					
18	John O'Sullivan					
19	Reggie Lambe					
20	Shaun Miller					
21						
22	Max Crocombe					
23	Tom Miller					
24						
25						
26						
27	George Waring					
28	Gary Liddle					
29						
44	Alexander McQueen					



LUTON TOWN FC

Manager: Nathan Jones						
	Played	Sub	Y	R	Gls	
1	Stuart Moore					
2	Stephen O'Donnell					
3	Dan Potts					
4	Jonathan Smith					
5	Johnny Mullins					
6	Scott Cuthbert					
7	Jake Gray					
8	Cameron McGeehan					
9	Danny Hylton					
10	Jordan Cook					
11	Danny Green					
12						
13	Matt Macey					
14	Jack Marriott					
15						
16	Glen Rea					
17	Pelly-Ruddock Mpanzu					
18	Zane Banton					
19	Ollie Lee					
20	Isaac Vassell					
21	Jack Senior					
22	Luke Gambin					
23						
24	Lawson D'Ath					
25						
26						
27	Tyreeq Bakinson					
28	Ollie Palmer					
29						
36	James Justin					
39	Akin Famewo					
44	Alan Sheehan					

MATCH OFFICIALS



REFEREE



Mr Lee Mason

ASST. REFEREE



Mr Andy Halliday

ASST. REFEREE



Mr Gary Beswick

4TH OFFICIAL



Mr Jeremy Simpson

LAST FIVE MATCHES

PREMIER LEAGUE	Mon 2 Jan 2017	Man City	2-1	Burnley	7	1
FA CUP	Sat 7 Jan 2017	Watford	2-0	Burton	3	0
PREMIER LEAGUE	Sat 21 Jan 2017	Bournemouth	2-2	Watford	3	0
PREMIER LEAGUE	Sat 31 Jan 2017	Sunderland	0-0	Tottenham	2	0
PREMIER LEAGUE	Sat 4 Feb 2017	Hull	2-0	Liverpool	3	0

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