

# ORIENT



LEYTON  
ORIENT  
LUTON  
TOWN

05.03.16

KICK-OFF 3PM

RAINHAM STEEL

**GOLDLINE**  
Minibuses | Minibuses | Coaches







**KEVIN NOLAN**

# From the Gaffer

Good afternoon everyone and welcome to today's game against Luton Town here at the Matchroom Stadium.

I would like to extend that welcome to Nathan Jones and his backroom staff who contain a few familiar faces for all you O's fans. I spoke in my last programme notes about sometimes having to respect a point, and that case in point was proved on Tuesday night at Carlisle.

The second half was a massive improvement from the lads. We made two changes at half time, and it could have been anyone of the 11 that came off – I was that disappointed with the performance.

I was pleased with the reaction from the team and in the end we are slightly frustrated we didn't come away with all three points, however, when we have gone behind in the past during my time here we have not been able to recover or get something out of the game, and we have done that in midweek. Including the Carlisle result, it is now 16 points in an eight-game spell and that in my eyes is a fantastic return and long may that continue.

#### **Milestone**

Tuesday saw me reach the 600 career appearance mark and while it makes me feel slightly older than I am, it was great to reach that milestone. Hopefully that is

the first of many landmarks and I am just one off the 100 league goal milestone so I don't want to be waiting too much longer for that.

To get the home win and a clean sheet last weekend against Crawley Town was everything I asked for, and it was nice to have a response following the last two disappointing results we have had here at the Matchroom Stadium.

#### **Personal**

The margin of victory could have been more but I was delighted for Arnie to get the two goals in what had been a tough week for him on a personal level having heard the news of his uncle passing away.

We have had two good wins recently and built on that with a fantastic point at Carlisle so now the challenge is to build on that and carry on that unbeaten run, though we know that will be tough this afternoon against a strong Luton Town side.

You have all been fantastic since I arrived at the Club and to see 179 of you make that long trip up to Carlisle United on a cold, Tuesday night speaks volumes for the type of fans we have here. I will continue to work hard and give it my all to make sure



**I was pleased with the reaction from the team and in the end we are slightly frustrated we didn't come away with all three points...**

we are in contention for promotion come the run in.

Going into this stage of the season the main thing is that we are in and around the Play-Off places. I don't pay too much attention to the table, but as long as we keep up this good run of form we will give ourselves the best opportunity of fulfilling our hopes and aims.

Enjoy the game,

**Kevin Nolan**



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MATHIEU BAUDRY

## From the Skipper

It was nice to get back to winning ways at home last weekend and we needed that after our last two games here where our performances were not good enough.

Everyone was focused to put on a good performance and turn things around. It is important to be strong at home and give something to you the fans. It was a good game all-round and we controlled it from start to finish.

In the first half at Carlisle on Tuesday night we were not at the races, and too many of us were not performing to our best, but unlike the last couple of games when we have fallen behind, we stayed in the game and was only 1-0 behind at the break.

The Gaffer made some changes and we came back stronger in the second half and was on top. We created a lot of chances and towards the end it became open. It was a bit frustrating because we were in the lead and



**I am sure it will be a good, competitive game and hopefully we can pick up another positive result**

we would have liked to have seen the game out, but it is still a good point considering the first half and the solid team we were coming up against. It could be a big point for us in the long run.

### Depth

You have to feel sorry for the two boys who came off at half time on Tuesday because it could have been any of us such was the first half performance,

and I know all of the boys appreciated your support so thank you from all of us.

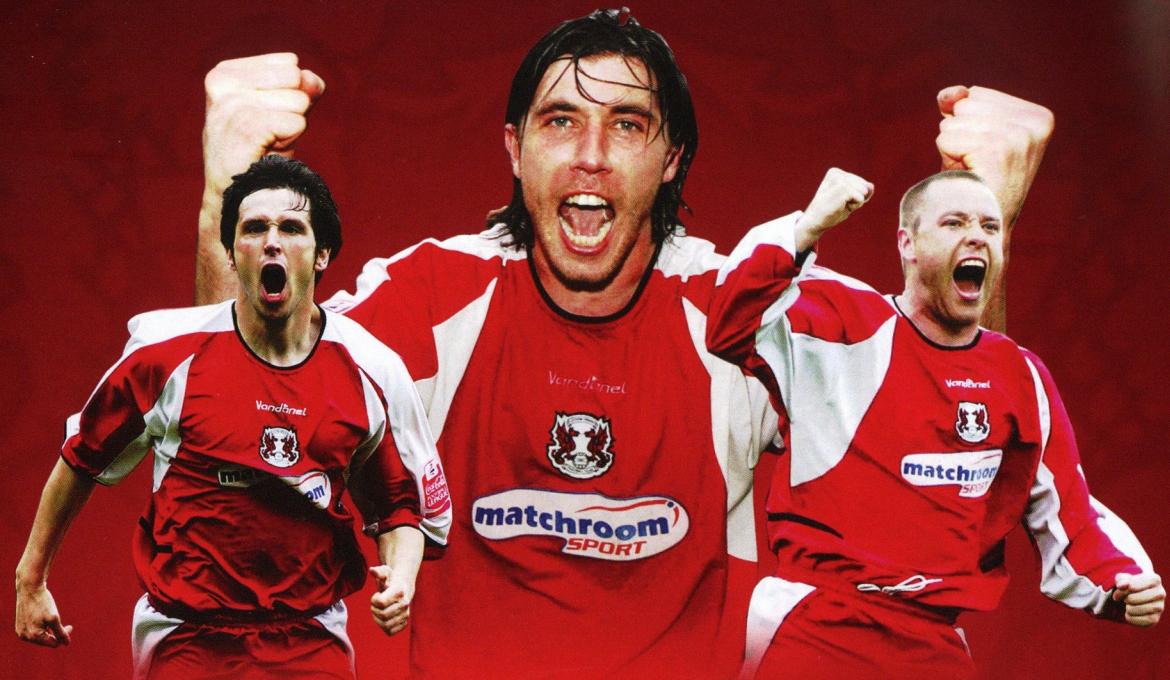
### Familiar

Luton have some familiar faces with Scotty Cuthbert and 'Deardo' and 'Nuge'. I am sure it will be a good, competitive game and hopefully we can pick up another positive result, but it will be nice to catch up with them afterwards.

We need to build on that win at home last weekend and carry this unbeaten run on. It is three games now and the good point we picked up on Tuesday can become a great one if we win this afternoon.

Enjoy the game,

Mathieu Baudry



# 2006

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ALL THE LATEST  
 News from around Brisbane Road

## ORIENT WIN THE TITLE IN AMERICA!

Kevin Nolan's O's are just inside the Play-Off places going into today's game, but they will be hoping to emulate a team called Leyton Orient over in the United States!



Team	GP	W	L	T	GA	GF	Pts
Leyton Orient	10	9	0	1	31	77	19
Littleton	10	8	2	0	39	77	16
Maynard	11	8	3	0	54	75	16
strikers	10	6	4	0	49	61	12
Patronials	9	6	3	0	51	58	12
The Squares	9	4	5	0	57	54	8
Lunenburg Knights	9	4	5	0	65	47	8
Framingham	10	4	6	1	42	40	7
Leominster FC	10	3	6	1	72	13	0
Chelmsford United	9	0	9	0	77	14	0
AB Warriors	9	0	9	0	77	14	0

The Sudbury, Massachusetts unofficial branch of the Leyton Orient Supporters' Club can boast of a championship, the boys under 14 Indoor Soccer League Championship.

The boys have been playing together for nine years, and they took the name of the club based on the affection a British family friend

had for the E10 side having lived in nearby Essex.

They had an undefeated season and secured the championship for the second time. The picture shows the successful O's side, and let's hope it isn't the only Leyton Orient celebrating come the end of the season!

## ARMAND'S AWARDS

Orient striker Armand Gnanduillet's double last weekend has won the Frenchman a number of awards this week.

His first goal, an absolute cracker, won the Sky Sports News HQ Goal of the Day, while it also scooped him the Shoot Football Goal of the Weekend award.

The brace also helped him take Shoot's League Two Player of the Weekend, and to round it all off he was named in the Football League Paper's Team of the Week.

Well done Armie!



# Armie's Arrival

Armand Gnanduillet has made an instant impact in E10 since his January move to the O's and we caught up the Frenchman to see how he is settling in.

**To score twice last week here against Crawley was a great feeling and it is a day I will always remember.**

**What always remember**  
The build up to the game was a hard one for me with my uncle passing away in the week ahead of the game. I was happy to score a beautiful goal like that and pay tribute to him.

UNCL

He was in the army in the Ivory Coast but he became ill and my dad tried everything he could to keep him alive, but God has made his choice and now he has passed away. He was

a great guy and it is sad news, but now we have to stay strong.

When I scored the first goal I went over to Peter Webb the physio because when I heard the bad news he was the first person I spoke to. Since I have been at the Club everybody had taken care of me, but I have worked with him a lot in the opening few weeks with the team.

and with the news he was very compassionate and understood everything, so I felt he deserved to be part of the celebration.

I thought we played well last weekend and the Gaffer has asked us to keep our standards high.

Crawley did not create too many chances, but we kept the ball well and maybe we should have had a few more goals, with myself, the Gaffer and Jay all having chances. It is good to see a performance like that at home because we went into that one on the

back of two home defeats  
to Northampton and  
Cambridge.

## GOALS

The goals last week took my tally with the Club to three and hopefully they are not the last! It is good to come in and settle in straight away with the goals, especially as a striker.

If I am not getting on the scoresheet the main thing is that I am contributing for the good of the team and hopefully I can do that if I ever do go a few games without scoring. It has been a good start but I think I can bring more to the team and play better.



- **Move to England**  
Made the move to England in January 2013 when he joined Chesterfield on an initial deal until the end of the season.
- **First English goal**  
Scored his first goal in English football on February 9, 2013 in a 2-0 win against AFC Wimbledon.
- **Promotion win**  
Part of the Chesterfield side which won promotion from League Two in 2014 as they finished as champions.
- **Stevenage brace**  
Scored twice against the O's on January 2, 2016 when on loan with fellow League Two side Stevenage.
- **O's first goal**  
Joined Orient later that month on a two-and-a-half year deal from Chesterfield, and notched his first goal for the Club in a 3-1 home loss to Gillingham on April 2.

**NEW CLUB**

Sometimes coming to a new club can be daunting but I have been with Nigel Atangana at the hotel and that has helped. I knew Nigel from a few years ago and he has become a good friend. We have both been helping each other. The skipper Mathieu is French as well so for the first week it was nice that he was able to help me settle in, but all the lads have been brilliant.

**MANAGERS**

This season I have been very lucky in the manager who I have worked with – both here and at Stevenage. Teddy Sheringham was my boss there and he has helped me out a lot this season. I scored a few goals while I was there, but now I am working with Kevin Nolan here.

The first day at Orient was a bit strange as I have been used to seeing him play on the television, but now I am playing with them on the pitch every week. It is a great experience for me to play and work under them.

**ENGLAND MOVE**

I was released by the academy at Le Havre, and then I played in the fourth division over there, which is not professional. I was one of the youngest lads in the team but I was doing well and clubs over in France wanted me to go on trial.

I was tired of being in France though and I was keen to challenge myself in another country. Chesterfield was a great chance for me and thankfully during my trial the manager was impressed.

**I spoke to my dad, my family and cousins at the time on the phone and they realised the opportunity I had. They just told me to do my best and since then I have worked hard, I think I made a good choice to come here.**

Everything did happen very quickly though as I signed within a week of coming over to England and didn't go back home for three months.

I spoke to my dad, my family and cousins at the time on the phone and they realised the opportunity I had. They just told me to do my best and since then I have worked hard, I think I made a good choice to come here.

They were my first club in England and I cannot forget my time with them. We won League Two in 2014 and we lost at Wembley in the League One Play-Off final to Preston last season. That was a good experience for me, but I did not score the amount of goals I would have like.

I was young though and when I first came over I had to learn English, though with Paul Cook as the manager that was tough!

**FRANCE**

Growing up in France I did play another sport called

handball – it is not too popular in this country. I was quite good, but I loved playing football as well, and when I first started I followed in my dad Marc's footsteps as he was a goalkeeper.

I wasn't happy to stand still though and stay in goal so I played striker sometimes as well as centre half, however, as soon as I started scoring goals that was it for me.

My dad played in the

national team for Ivory Coast at under-21 level and he also played for a few clubs in the country as well. He then came to France and played reserves for Caen, but after that he stopped playing to take care of the family.

**FAMILY**

I have got one big brother in the Ivory Coast and one little sister in France. She is quite good at athletics where she has won a lot

of medals and trophies. I also have a little brother and he plays as a goalkeeper in handball.

I will go back to France on occasions now, as while I was on loan elsewhere it was hard to get some spare time to go and visit.

They do come over and another one of my uncles has lived in Peckham for around 12 years, so he came and watched my first start in England at Dagenham & Redbridge. The Gaffer suggested I go out on loan

**LOANS**

At the start of the 2014-15 season for Chesterfield I was due to start in the first game against Orient but I picked up an injury in training. Eoin Doyle came in and he enjoyed a great start to the season and couldn't stop scoring. As soon as a striker starts scoring a lot of goals you can't leave him out of the squad, but I just worked hard and the Gaffer

suggested I go out on loan to get some game time. I went to Tranmere with Micky Adams who was a good manager. I had played against him when he was at Port Vale and as soon as he arrived at Tranmere he was keen to bring me in. I played four games before I was called back.

I played in a few matches when I went back, but in February I was injured again and I couldn't get back in the squad. A loan to Oxford didn't really work out.

I was disappointed to not be part of Chesterfield's plans this season because I scored four goals and four assists in pre-season.

I made a lot of friends during my time there and I always keep an eye on their results every week. I hope they can stay in League One, and fingers crossed we will be playing them next season in that division. ■



For each Big Interview, we ask you all to submit your questions to the players over Facebook and Twitter. We get the player to choose one of your questions and the person whose question is selected wins a signed copy of the matchday programme.

**Fans Question**

Daniel Coleman  
@dcoleman98  
Which footballer did you look up to and want to be when you were younger?

When I was young I liked Patrick Kluivert and Gabriel Batistuta. I loved watching them play, but now my idol is Zlatan Ibrahimovic. He is massive on the pitch – he scores, assists and is technically very good. I couldn't go without mentioning Didier Drogba as well because he is a big guy in my country and he did well for not just Ivory Coast but for football in Africa as well.



# 2-2

CARLISLE UNITED V  
LEYTON ORIENT

TUESDAY MARCH 1, 2016, 7.45PM

Brunton Park  
Sky Bet League Two  
Attendance: 3,721 (179)  
Referee: Nigel Miller

MATCH  
ACTION



#### KEY MOMENTS

**17** - Carlisle take the lead through Macauley Gillesphey who smashes a free-kick into the top corner from the edge of the penalty area after Tom Kennedy had been tripped.

**19** - Charlie Wyke looks to double the hosts lead immediately having been played through one-on-one, though Alex Cisak comes racing off his line to produce a strong save.

**50** - Following a bright start after the restart Jay Simpson equalises for O's with a low finish into the bottom far corner to make it 23 goals for the season.

**57** - Half time substitute Sammy Moore sees a loose ball drop to him in the box but the midfielder's shot skims the top of the crossbar.

**71** - Fellow sub Ollie Palmer puts O's ahead, finishing off a fantastic counter attack to produce a brilliant touch to get beyond the Carlisle defence and slot the ball beyond goalkeeper Mark Gillespie.

**84** - With six minutes remaining Carlisle equalise through captain Michael Raynes as he glances Alex Gilliead's cross in from six-yards out.

**90** - Nigel Atangana has a chance to snatch the victory in the closing minutes but the Frenchman can only drag his shot across goal from inside the box.



THE  
TEAMS



GOALS:  
BOOKED:

Gillesphey (17), Raynes (84)  
Simpson (50), Palmer (71)  
Hunt, Palmer



SCORE DRAW AFTER A LONG  
JOURNEY TO CARLISLE



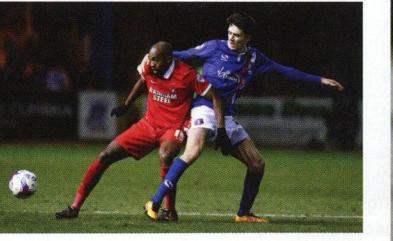
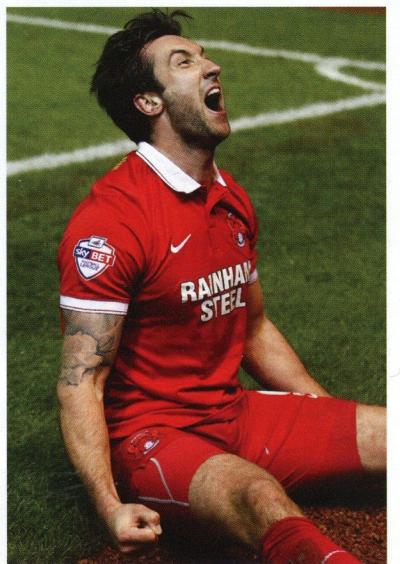


## #TOP TWEETS



**Lee Matson @mats\_84**  
Devastated to get a point after putting our noses in front but would have taken point beforehand...let's go home now #lofc

**Craig Smith @Craig9390**  
#respectthepoint after a long couple of days! Great effort from the travelling fans on a Tuesday night #lofc #ontothenextone



# GET ON YOUR BIKE

There's still time to sign up for the Prostate Cancer UK bike ride to Amsterdam, taking place this June. The Official Charity Partner of The Football League will stage their fourth annual football fundraiser, Football to Amsterdam from June 3-5, 2016.

The hugely-popular cycling challenge will now kick off from two locations and the southern start is a goal-kick away from Brisbane Road at the Olympic Park

Anyone who wants to represent the O's will be among friends as we've already had Orient fans sign up for the ride, so you won't be alone!

For more information about the ride visit [prostatecanceruk.org/amsterdam](http://prostatecanceruk.org/amsterdam), call 0203 310 7034 or email [cycling@prostatecanceruk.org](mailto:cycling@prostatecanceruk.org).

# SASH SLASHED

If you haven't picked up your O's 2015-16 away shirt yet, now is definitely the time to do so because they are coming down in price.

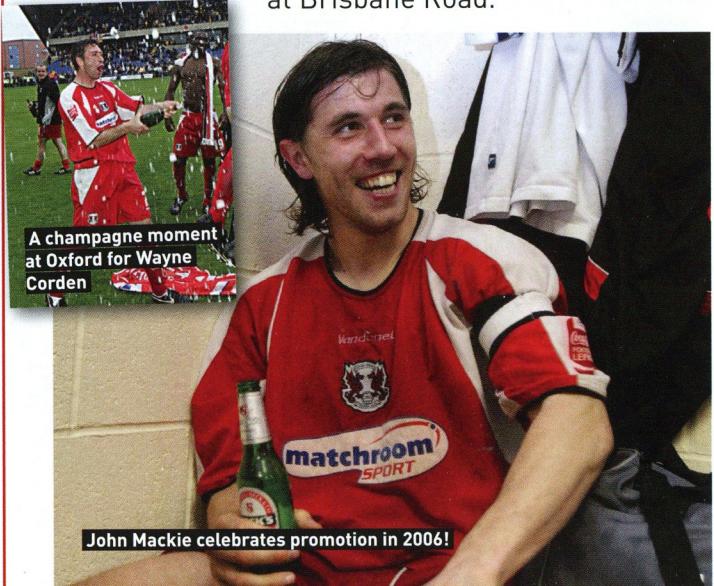
From today, the blue sash away shirt will be £10 cheaper across the board, meaning an adult shirt is now just £34 and the junior version will be available for a bargain £26. Don't forget you can get any name and number added for just £12.95, but hurry - stocks are limited!



## MARKETING MATTERS

# RETURN OF THE MAC!

There are still tickets available for our 10th anniversary reunion dinner on Sunday May 8, here at Brisbane Road.



As I am sure you know by now, we're reuniting the promotion winning squad from 2006 as it will be almost 10 years to the day that the O's won at Oxford to seal promotion to League One.

To some, that might not be a big deal but we've only had a handful of promotion campaigns in our history and they should all be celebrated and remembered.

Almost the entire squad will be here, led of course by iconic skipper John Mackie who I know is looking forward to it, if his Twitter account

is anything to go by! John will be joined by virtually the whole squad, including goalscorers from the 3-2 win over Oxford; Lee Steele, Craig Easton and Gary Alexander. Also attending are Joe Keith, Daryl McMahon, Wayne Corden, and Justin Miller. The list is endless!

We still have tickets available, but probably not for much longer so if you do want to come, please get in touch sooner rather than later to ensure you don't miss out as we celebrate one of the most memorable seasons in our history. Call 0871 310 1886 or e-mail [commercial@leytonorient.net](mailto:commercial@leytonorient.net) to secure your place. Tickets are £45 each and the event will start at around 7pm. We're looking forward to a great night!

## WELCOME

The Olympic Suite restaurant is full to bursting this afternoon and we had to turn diners away earlier this week. The match against Morecambe in a fortnight is also very busy so if you're planning to attend, don't leave it too late to book.

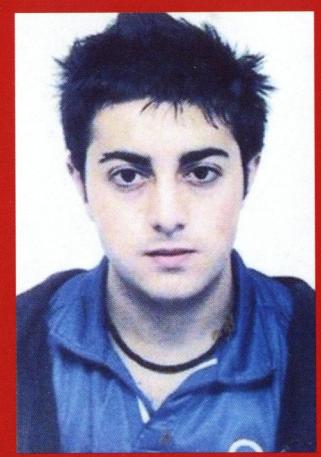
I'd like to welcome our match sponsors today from Goldline, who are also one of our key commercial partners with their name across the back of the shirt. Not only are they very important sponsors but their number is the first one we call whenever we need a car, minibus or coach and you'd be amazed how often that happens! I hope Barry and all his guests have a great day with us.

Also returning as a regular sponsor is ReThink Productivity, the only truly independent Workforce Management consultancy in the UK. ReThink support retailers and pharmacies to optimise their productivity - driving customer care and controlling costs with over 30 years experience of retail productivity improvement and workforce management. I'd like to welcome Simon and Sue and all their guests and hope they have an enjoyable afternoon.

Our programme is sponsored today in memory of Steve Allen, a lifelong O's fan who passed away last year aged just 54. Many of his friends are here today

and I hope they have a memorable day.

I also need to add a special welcome to Lee Coombs, who celebrated his 40th birthday on February 24. Lee's been attending games since he was a toddler and was mascot for the game



## 12th MAN

Our 12th Man today is Kevin Callus, who is celebrating his 30th birthday although that was a couple of months ago.

He's been coming here since he was 14 so most definitely a lifelong fan. His favourite players are Dean Cox and Alex Cisak and I hope he and Faye have a memorable day with us.



## PIZZA HEAVEN

There are going to be five very happy O's fans this afternoon thanks to our local branch of Domino's Pizza in Leyton High Road.

Once again, we've teamed up with our local Domino's to offer a free large pizza to five supporters at this afternoon's game. There are five vouchers attached to random seats around the Matchroom Stadium, so if you turn up today and take your seats and find there's a voucher stuck to it, you're a winner!

Our local Domino's is near the Bakers Arms at 814 Leyton High Road, E10. Check out their matchday special offer for O's fans on page 42 of today's programme.



## ARMAND'S THE MAN

There were a number of choices for Man of the Match at the last home game against Crawley, but in the end it was the two goals from Armand Gnanduillet that swung it and he duly collected his second MotM award in his six weeks since joining the O's. He's pictured with our match sponsors from Bishops Printers.

Our 12th Man at the Crawley game was Darren Bristow and he is pictured receiving an O's shirt from Armand after the game.





ARMAND GRABS A BRACE AGAINST CRAWLEY



LEYTON ORIENT V  
CRAWLEY TOWN

SATURDAY FEBRUARY 27, 2016, 3PM

The Matchroom Stadium

Sky Bet League Two

Attendance: 4,610 (301)

Referee: Lee Collins

GOALS: Gnanduillet (42 & 71)

KEY MOMENTS

**18** - A short corner routine involving Jay Simpson sees the striker try and sneak a shot inside the near post, but Crawley goalkeeper Paul Jones is able to parry his shot behind.

**42** - With the game looking set to be goalless at half time Armand Gnanduillet produces a moment of individual brilliance to turn on Nicky Hunt's pass and rifle a left-footed shot into the top corner from 25-yards.

**52** - Player-manager Kevin Nolan squanders a brilliant chance to open his O's account as he somehow fires Gnanduillet's cross over from only yards out.

**53** - O's stopper Alex Cisak is called into action for the first time of the afternoon as he parries Roarie Deacon's shot from distance away from danger.

**71** - Gnanduillet bags his second of the afternoon to double both his and Orient's tally, volleying home Sean Clohessy's cross at the far post.

**72** - Simpson looks to put the game to bed a minute later with a third, but Jones is equal to his effort and produces a smart save.

**90+1** - Substitute Calaum Jahraldo-Martin attempts to get on the scoresheet in stoppage time but Jones is able to tip his free-kick over the bar.





## #TOP TWEETS

Dylan Williams 

@orient\_17  
Great win today. A lot better performances across the pitch. Back in the play off places again. #lofc

Alex Cisak @alexcisak  
Brilliant performance and result today! Family time now





INTRODUCING

## Luton Town

Luton Town arrive at Brisbane Road in 13th place with 47 points and will be looking to build on their recent good run which has lifted them to within six points of the Play-Off places.

New manager Nathan Jones has seen his side take 12 points from their last five games and he will be keen to keep the run going, as will the club's recently-appointed first team coach Kevin Nugent, who needs no introduction to O's fans.

After wins at home to Hartlepool (2-1) and at York City (3-2), the Hatters chalked up a third straight success following a 1-0 win against Morecambe on Tuesday night.

### Delighted

Boss Jones told the club's website after the game: "I'm delighted. We started really well. I felt we were in control of the game. I felt all but for a little bit more composure in the final effort. ■



LINING UP

## A closer look at today's visitors

### Mark Tyler

Goalkeeper • No 1

The 38-year-old is close to making 700 career league appearances and is best known for a 15-year spell at Peterborough where he played 416 league games. He moved to Luton in 2009 chalking up a further 256 league appearances and has also had brief loan spells with Yeovil, Hull, Watford and Bury.

### Elliot Justham

Goalkeeper • No 16

The 25-year-old, who was born in Barking, joined Luton in June 2013 from East Thurrock and has made eight league appearances this season and 23 in total since moving from non-league football where he also played for Leicester City, Leeds and Swindon and had loan spells with Mansfield, Crewe, Oldham and Peterborough.

### Stephen O'Donnell

Defender • No 2

The 23-year-old started north of the border as a youngster with Aberdeen and Celtic, but it was at Partick Thistle where he made his name and helped them win promotion to the top flight in 2013. He made 121 league appearances for Thistle, before joining Luton.

### Mangus Okuonghae

Defender • No 18

The 30-year-old, who signed last summer, is back in contention after spending a loan spell at Hartlepool. He is best known for a six-year stint at Colchester where he made almost 200 league appearances and captained the side. Okuonghae has also played for Dagenham & Redbridge, Weymouth, Crawley, St Albans and Aldershot.

### Jake Howells

Defender • No 40

The 24-year-old has made over 260 appearances for Luton since joining them as a trainee in 2007. He has recently forced his way back into the team after spending a three-month loan spell at Yeovil Town and has represented Wales at under-21 level.

### Alan Sheehan

Defender • No 44

The 29-year-old joined in January on loan from Bradford City and is best known for a three-year stint at Notts County where he made 114 league appearances. He has also played for Leicester City, Leeds and Swindon and had loan spells with Mansfield, Crewe, Oldham and Peterborough.

### Jonathan Smith

Midfielder • No 4

The 29-year-old signed for Luton in November 2012 from York City and has made over 100 league starts for the club. He began at Morecambe, before moving to Forest Green and then York, who sold him to Swindon for £30,000 in 2011, before signing him back a year later.

### Alex Lawless

Midfielder • No 7

The 30-year-old joined in January 2011 from York City following a successful loan spell and has made over 160 league appearances for the club. He started with Fulham, before moving to Torquay and then Forest Green, where he played over 100 league games, before joining York in 2009.

## How the Hatters did last time out

Luton Town 1

Morecambe 0

01.03.16

Sky Bet League Two

Jack Marriott's goal 14 minutes from time was enough for the Hatters to win back-to-back home matches for the first time since September.

The striker slotted home his 11th of the season when he fired the ball under keeper Barry Roche from an acute angle following Paddy McCourt's pass to finally break Morecambe's resistance.

Before that, Craig Mackail-Smith had gone close for the hosts. The victory meant that Nathan Jones has now seen his side take 17 points from a possible 27 since he took over as manager in January.

Attendance: 7,153 (inc 56 Morecambe fans) Referee: Darren Deadman



### Cameron McGeehan

Midfielder • No 8

The 20-year-old is in his third spell with Luton after spending two loan stints with the club, before joining on a permanent basis last summer from Norwich. He also had a loan spell with Cambridge United, helping them to a draw against Manchester United in the FA Cup last season.

### Danny Green

Midfielder • No 11

The 27-year-old joined last summer from MK Dons to link up again with former Luton manager John Still, who had initially signed the player from Bishop's Stortford when boss at Dagenham. Green helped Daggers win promotion from League Two, before moving to Charlton in June 2011 and the Dons three years later.

### Oliver Lee

Midfielder • No 19

The 24-year-old was the 12th arrival at the club last summer when he joined from Birmingham City. Lee had been on the books of West Ham and played under former Town boss John Still during two loan spells at Dagenham & Redbridge. He has also played for Barnet and been on loan at Gillingham and Plymouth.

### Nathan Doyle

Midfielder • No 26

The 29-year-old was a trainee at Derby County and spent time on loan at Notts County and Bradford before ending his five-year stint with the Rams when he moved to Hull in 2007. He later switched to Barnsley and then re-joined the Bantams following a loan spell with Preston.

### Paul Benson

Forward • No 9

The 36-year-old signed originally on a season-long loan from Swindon in August 2013 and helped Town lift the Conference title. He joined on a permanent basis in 2014, but suffered a broken leg last season. Originally discovered playing in the Essex Olympian League, he made 178 league appearances for Dagenham netting 74 goals before moving to Charlton.

## Town's last time in E10

Leyton Orient 2

Luton Town 1

19.02.08

League One  
Orient held off a second-half fightback to beat struggling Luton thanks to goals either side of the interval from Adam Boyd and Andy Barcham.

Luton keeper Dean Brill gifted the home side the lead when he lost possession to Charlie Daniels who set up Boyd to put Orient ahead six minutes before the break.

On-loan striker Barcham extended Orient's lead 10 minutes after the interval with his first goal for the club after collecting Boyd's pass.

Keith Keane pulled a goal back for the Hatters midway through the second half, but Matthew Spring and Drew Talbot had efforts well saved by Orient keeper Stuart Nelson as Luton pushed for an equaliser.

The O's ended the season in 14th place, while Luton finished bottom and were relegated to League Two.

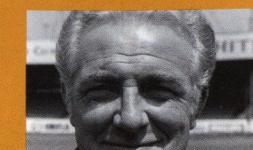
**Leyton Orient:** Nelson, Oji, Mkandawire, Saah, Daniels, Terry, Demetriou, Thornton, Chambers, Barcham (Echanomi 59), Boyd.

**Subs:** Morris, Palmer, Melligan, Corden.  
**Goals:** Boyd (28), Barcham (55)

**Luton Town:** Brill, Goodall (Emanuel 85), Hutchison, Perry, Keane, Currie, Robinson (Furlong 60), Spring, Bell, Talbot, Andrew (Morgan 60).

**Subs:** Beresford, Jackson.  
**Goal:** Keane (67)  
**Booked:** Robinson (28), Perry (50).

**Referee:** Paul Armstrong  
**Attendance:** 5,516



# 1885

# 1959

# 1965

# 1974

Luton Town FC was formed, a product of a merger between the two leading local sides, Luton Town Wanderers and Excelsior.

The Hatters were beaten 2-1 at Wembley by Nottingham Forest in the FA Cup Final. They conceded twice in the first 14 minutes before Dave Pacey pulled a goal back.

Just six years after reaching the FA Cup Final Luton were relegated into the Fourth Division.

Luton bounced back into the top flight when they finished second in Division Two and claimed a third promotion in seven seasons.

# 1988

# 1992

# 2009

# 2014

Luton defeated Arsenal 3-2 in the League Cup Final with goals from Brian Stein (2) and Danny Wilson.

Manager David Pleat, in his second spell in charge, could not save the club from relegation when they dropped out of the top flight.

Beset by financial problems the club dropped into the Conference Premier as they suffered a third consecutive relegation.

Manager John Still guided Luton back into the Football League when they were crowned Conference Premier champions with 101 points.

## Jack Marriott

Forward • No 14  
The 21-year-old signed in May 2015 from Ipswich Town, where he made two league appearances and during six years with the Tractor Boys had three loan spells at Woking as well as stints with Gillingham, Carlisle and Colchester.

## Craig Mackail-Smith

Forward • No 22  
The 32-year-old was another John Still find and played over 100 league games for Dagenham scoring 38 times. He moved to Peterborough in 2007 and made almost 200 league appearances, scored 80 goals and won two promotions before making a big-money move to Brighton. He played over 100 league games for the Seagulls before joining Luton last summer.

## Josh McQuoid

Forward • No 23  
The 26-year-old signed last summer, but started his career with Bournemouth and played 69 league games before joining Millwall in January 2011. He returned to the Cherries in 2012 for another three-year stint and while there had loan spells with Peterborough and Coventry.

## Best of the Rest

### No 3 Dan Potts

Defender. Age: 21. Signed: May 2015 from West Ham. Other clubs: Portsmouth (loan), Colchester (loan).

### No 23 Scott Griffiths

Defender. Age: 30. Signed: March 2013 from Peterborough, (currently on loan at Woking). Other clubs: Plymouth (loan), Rotherham (loan), Chesterfield (loan), Crawley (loan), Dagenham & Redbridge.

### No 25 Mark O'Brien

Defender. Age: 23. Signed: July 2015 from Derby County. Other clubs: Motherwell (loan).

### No 37 Frankie Musonda

Defender. Age: 18. Signed: November 2015. Other clubs: None.

### No 10 Ryan Hall

Midfielder. Age: 28. Signed: February 2015 from Rotherham. Other clubs: Notts County (loan), MK Dons, Sheffield United (loan), Leeds, Southend, Bromley, Crawley (loan), Dagenham & Redbridge (loan), Crystal Palace.

### No 17 Pelly Ruddock Mpanzu

Midfielder. Age: 23. Signed:

January 2014 from West Ham.

Other clubs: None.

### No 45 Joe Pigott

Forward. Age: 22. Signed: January 2016 on loan from Charlton Athletic. Other clubs: Southend (loan), Newport (loan), Gillingham (loan).



### STAR MAN

## Scott Cuthbert

Defender • No 6

**The 28-year-old needs no introduction to Orient fans after he left Brisbane Road last summer to join the Hatters.**

Cuthbert spent four seasons at the O's and chalked up 133 league appearances, helping the club reach the League One Play-Off Final two years ago when they were beaten on penalties by Rotherham United.

He had joined the O's in June 2011 from Swindon Town, where he spent two years and made 82 league appearances and his influential displays also helped the Robins reach the League One Play-Off Final in 2010, but his side ended up losing 1-0 to Millwall.

Cuthbert has been capped at B level for Scotland and came through the youth ranks at Celtic and while there gained experience out on loan at Livingston and St Mirren.



# 1988

# 1992

# 2009

# 2014

Luton defeated Arsenal 3-2 in the League Cup Final with goals from Brian Stein (2) and Danny Wilson.

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## THE MANAGER

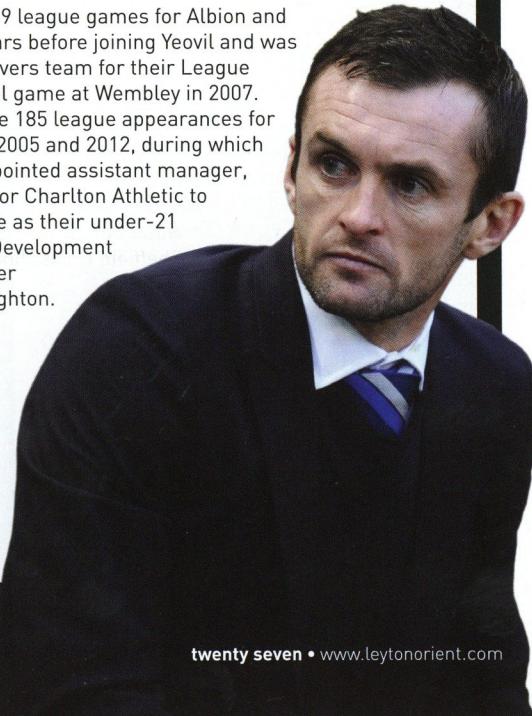
# Nathan Jones

**Date of Birth:** May 28, 1973

**Place of Birth:** Rhonda, Wales

### Managerial Record:

2009-12	Yeovil Town (assistant)
2012-13	Charlton Athletic (under-21s)
2013-16	Brighton & Hove Albion (assistant, caretaker & coach)
2016-	Luton Town

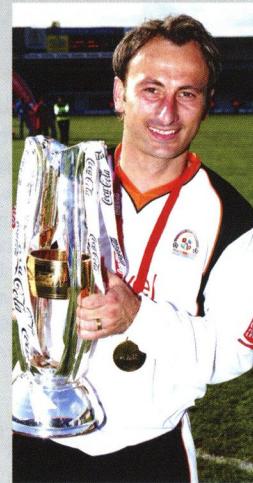


# Getting to Know You

They played for both...

## Ahmet Brkovic

Ahmet Brkovic played a combined total of 263 league games for Leyton Orient and Luton Town between 1999 and 2008.



Now aged 41, the Croatian midfielder started with his hometown club HNK Dubrovnik before moving to Orient in 1999 and in two seasons he played 69 league games and scored seven goals.

He moved on to Luton in 2001 when Joe Kinnear signed him on a free transfer and he spent seven years with the Hatters making 194 league appearances and netting 31 times including a spectacular overhead kick against Leicester City.

### Travelling back

He moved to Millwall in 2008 after a loan spell with the Lions, before travelling back to Croatia and joining Fourth Division club Dubrovnik 1919.

Others, who have been associated with both Orient and Luton Town include: Nathan Abbey, Ben Alnwick, Calvin Andrew, Adam Boyd, Ryan Brunt, Darren Currie, Scott Cuthbert, Mervyn Day, Kevin Dearden, Connor Essam, Barry Fry, Tony Grealish, Carl Griffiths, Luke Guttridge, Scott Houghton, Billy Jennings, Dean Morgan, Adam Newton, Kevin Nugent, Sam Parkin, Les Sealey, Barry Silkman, Matthew Spring, John Still, Alec Stock, Jayden Stockley, Solomon Taiwo, Adrian Whitbread and Alan White.

### Did you know?

# 1890

Luton Town was the first club in southern England to turn professional, making payments to players as early as 1890 and turning fully professional a year later.

### Fact

# 2009

After being relegated to the Conference Premier in 2009 the club unsuccessfully contested the promotion Play-Offs three times in four seasons during their five-year spell as a non-League club.

### Did you know?

# 1897

Luton first joined the Football League for the start of the 1897-98 season, they left in 1900 because of financial reasons and re-joined again in 1920.

## Club Legend Bob Morton

The record for making the most Football League appearances for Luton is held by Bob Morton, who made his debut in October 1948 against West Ham and went onto play 495 league games before leaving the club at the age of 38 in 1964. In total the wing-half played 562 times in all competitions for the Hatters. Sadly, he died in 2002.



### Fact: 30

Luton Town were deducted 30 points for financial irregularities during the 2008-09 season. It meant they finished bottom of League Two with 26 points and were relegated to the Conference Premier despite losing just 16 league games that season.

### Stadium fact

Following an outbreak of hooliganism before, during and after a match against Millwall in 1985 Luton chairman and conservative MP David Evans introduced a scheme at the start of the 1986-87 season banning all visiting supporters from the ground and requiring home fans to carry identity cards when attending matches.

### Magical Moment: Saturday, May 14 1983

On the last day of the 1982-83 season, Luton narrowly escaped relegation. Playing Manchester City at Maine Road the Hatters needed a win to stay up, while City could escape relegation with a draw. A late winner by Yugoslavian substitute Raddy Antic saw Town win 1-0 and prompted manager David Pleat to dance across the pitch.

### Odds: 66/1

If you fancy Luton to have a strong end-of-season, you can back them at 66/1 to win the League Two Play-Offs.

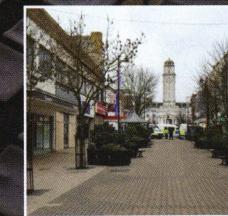
### Record

Gordon Turner is Luton Town's all-time top goalscorer, with 243 league goals and 276 in all competitions. He joined the club in 1949 as an apprentice and stayed for 15 years before moving to Wisbech Town. Sadly he died in 1976 aged just 46.



### Past match: Kidderminster 2 Cambridge United 0

Luton Town were confirmed as Conference Premier champions and guaranteed promotion back to the Football League without kicking a ball on Tuesday, April 15, 2014, when nearest rivals Cambridge United suffered a 2-0 defeat at Kidderminster as the Hatters won the title with three games to spare.



### Luton: 210,962

Luton was for many years famous for hat-making, hence the club's nickname, and was also home to a large Vauxhall Motors factory. The head office of Vauxhall Motors is still situated in the town. The latest population figure for the borough is 210,962. Cricketer Monty Panesar was born in Luton.



# Golden RETRIEVER

Orient have been promoted five times during their Football League history, the first 60 years ago and the latest a decade ago.

The story of the Third Division (South) Championship-winning side of 1955-56 together with that of the successful promotion-winning team in 2005-06 is charted progressively in each publication of this season's Matchday magazine.

## 1955-56

### MATCH 32

A visit from Queens Park Rangers brought a landslide victory for the O's as they trounced their West London neighbours 7-1.

Winger Johnny Hartburn scored four which took his total to 18 for the campaign whilst Ronnie Heckman recorded his 22nd goal of the season when completing his hat-trick. Hartburn had played for QPR between 1947 and 1949 before moving onto Watford and then Millwall ahead of his successful transfer to Orient. While the diminutive winger was scoring goals for fun in this match, centre-forward Tommy Johnston recently signed from Newport County and who proved to be a goal-machine for Orient, bizarrely failed to score in the goal rout on his home debut.

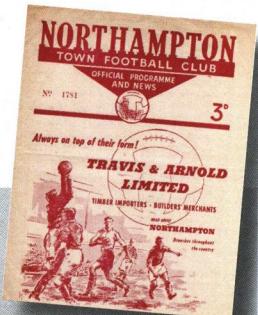
In front of a 12,616 strong Brisbane Road crowd, the goal-frenzy took the O's tally of League goals to 77 for the season (only 24 had been conceded) as they went on the rampage against bemused opposition.

### MATCH 33

The goal frenzy of the previous week dried up as the



Action against Northampton



Orient settled for a 1-0 win at Northampton Town thanks to a strike by Ken Facey.

A crowd of 13,565 at the County Ground saw the visitors enhance their promotion prospects with this hard-fought success that extended a winning run to seven successive games, the most recent five under Les Gore who had taken over the managerial reins from Arsenal-bound Alec Stock.

The Cobblers enjoyed the greater possession in the first half but found their opponents defence in resilient form. After the interval, the O's came more into the game. With a share of the spoils looking the most likely outcome Facey, playing his first match for four weeks following a pulled thigh muscle, scored with just four minutes remaining to give the league leaders their first-ever win at Northampton.

A corner by Phil White had been helped on by Hartburn into the path of Facey who scored with aplomb to give the league leaders their first-ever win at Northampton.

However, the goalscorer was only playing because Phil Woosnam was featuring for Wales in their international fixture against Scotland.



## 2005-06

### MATCH 32

Northampton was again the setting when the O's and Cobblers, both teams just outside the automatic promotion places, met on a Tuesday night to provide a dour contest.

Northampton took the lead after eight minutes when Andy Kirk beat Glyn Garner but to the delight of the 726 visiting fans amongst the 5,552 crowd, captain and central defender John Mackie headed a brave equaliser on 64 minutes despite an earlier clash with an opponent that left his head heavily bandaged.

### MATCH 33

Martin Ling's men ended their recent indifferent run of form with a 2-0 win at Chester City securing their first victory in five league matches.

With the visitors always appearing in control, it needed a 34th minute converted by full-back Matt Lockwood to give them the advantage. Then in the 71st minute Paul Connor scored his first goal for the club since his move from Swansea.

Another first was achieved by teenager Jason Demetriou who made his league debut, even if it was only for the last couple of minutes and from the substitutes' bench.

Manager Ling admitted that the victory was hugely significant. "If we had not won at the Deva, we would have spent all week looking at the league table and thinking that

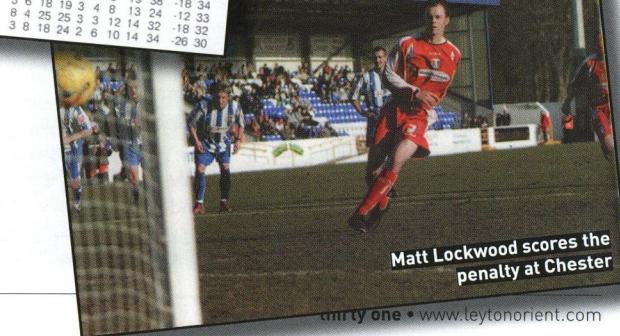
the sides above us had started to pull away," he stated. "It wasn't our most fluent performance but overall, I felt that we controlled the game for long periods and ground out a result that kept us in the mix.

"We have hung on to the coat-tails of the teams above us, despite playing a lot of away games, and without really being at our best.

"But now we have reached the stage where points are more important than performances and we may have to grind out some more results like the one at Chester between now and the end of the season.

"At this stage, it's about people holding their nerve and I'm sure there are going to be some anxious moments during the next couple of months. So it's now that we need your support more than ever."

Team	P	W	D	L	F	A	GD	PTS					
Carlisle	34	10	3	5	38	18	5	4	23	16	27	59	
Wycombe	34	7	9	1	36	20	7	8	2	24	20	59	
Northampton	34	8	7	3	23	10	6	8	2	25	19	57	
Grimsby	33	8	1	7	26	15	9	5	2	23	16	57	
L. ORIENT	33	6	4	6	22	20	9	6	2	22	9	55	
Peterborough	34	7	6	3	20	11	7	4	7	25	22	52	
Cheltenham	33	7	3	6	20	22	6	8	3	18	4	50	
Lincoln City	34	7	3	3	24	14	4	10	4	21	25	49	
Bristol Rovers	34	6	5	3	24	14	3	7	3	24	31	47	
DARLINGTON	34	8	6	9	24	14	3	7	7	20	22	8	46
Wrexham	31	10	4	3	31	14	3	7	7	20	12	46	
Shrewsbury	34	7	8	2	23	14	4	5	7	15	20	45	
Notts County	34	7	5	5	23	14	4	3	10	17	26	0	44
Boston Utd	33	7	3	6	23	19	4	8	13	26	9	43	
Rochdale	33	7	3	6	26	22	2	8	9	11	18	-3	42
Macclesfield	33	6	4	5	27	21	5	2	9	31	30	-2	39
Mansfield	33	7	8	2	26	18	1	7	8	18	33	-7	39
Oxford Utd	34	6	5	5	22	23	3	5	9	17	31	-7	38
Chester	33	4	6	3	23	4	6	6	6	14	19	10	37
Barnet	32	4	4	4	24	24	5	5	6	18	24	6	36
Stockport	32	6	6	5	24	24	5	5	6	14	24	10	36
Bury	33	3	10	3	26	23	3	6	8	38	18	34	
Torquay	34	4	8	4	25	28	3	3	12	14	32	-12	33
Rushden & D	34	5	3	8	18	24	2	6	10	34	26	30	



Matt Lockwood scores the penalty at Chester



# CAPTURED IN THE MEMORY

Action from the Division Two match with Luton Town on October 28, 1978 when Orient ran out 3-2 winners in an exciting game at Brisbane Road.

In the picture, Tony Greasham (left) and Henry Hughton give Lil Fuccillo little room to manoeuvre. Paul Went is in the background whilst referee Darryl Reeves looks on.

The visitors arrived in London in fourth place in the division, four points behind leaders Crystal Palace whilst their hosts were six places and three points off bottom-of-the-table Millwall.

The editor of the Orient programme subsequently acknowledged the part the visitors had played in providing a thrilling exchange for the crowd of 7,035. "When an away side gain 11 corners, it is some indication of their positive approach to a match," he stated. Orient manager Jimmy Bloomfield's estimation of the opposition was that as a unit, they were the best side his team had played this season. "Something which made our victory in an always entertaining game all the more pleasing," he said. His Luton counterpart, David Pleat, felt that, only when his side were 3-1 down did they lose their tactical discipline despite a second goal by Lil Fuccillo who had given Town an early lead. Luton's manager also readily acknowledged the problems his defence posed with Bill Roffey's regular sorties into the attack.

Ralph Coates scored his first goal for Orient while Peter Kitchen was delighted

to re-establish himself among the joint front runners in our scorechart for the season with his two admirably-taken efforts in the second-half.

Besides general press acclaim for this five-goal thriller, the Daily Mail made Brisbane Road's fans London's best-behaved crowd of the day.

**Orient:** John Jackson, Bobby Fisher, Bill Roffey, Tony Greasham, Nigel Gray, Paul Went, Henry Hughton, Ian Moores, Joe Mayo, Peter Kitchen, Ralph Coates.  
**Subs:** John Chiedozie.

**Luton Town:** Milić Aleksić, Paul Price, Mal Donaghy, Mark Aizelwood, Chris Turner, Alan West, Ricky Hill, Lil Fuccillo, Brian Stein, Bob Hatton, Ernie Moss.  
**Subs:** Graham Jones.

Luton's good early season form evaporated away and they were destined to become involved in a relegation battle after winning only four matches in the last four months of the campaign. Eventually they retained their second tier status by two points completing the campaign in 18th place.

Orient spent most of the season just above halfway in the table eventually occupying 11th place by the conclusion of the season. Top scorer for the O's was Moores with 13 goals followed by Mayo with 11 and Kitchen with nine.

## OTHER NEWS FROM AROUND THE WORLD OF FOOTBALL AT THIS TIME:

- Liverpool suffered their first defeat in the league when they were beaten 1-0 by Everton at Goodison Park.
- Nottingham Forest retained their unbeaten record with a 0-0 draw at Southampton.
- Stoke City became the new leaders in Division Two following their 2-1 victory against Sheffield United.
- Watford beat Exeter City 1-0 to top Division Three

whilst a 3-2 home win over Doncaster Rovers maintained Wimbledon's position at the head of Division Four.

- Bolton Wanderers splashed out a club record fee of £250,000 for Tottenham Hotspur midfielder Neil McNab.

## ELSEWHERE IN THE WORLD AT THIS TIME...

- At the cinema around this time:
  - Watership Down, animation adventure drama starring John Hurt, Richard Briers and Ralph Richardson
  - Death On The Nile, a Hercule Poirot, crime and drama

mystery, with Peter Ustinov, Mia Farrow and Simon MacCorkindale.

- Grease, a musical romance featuring John Travolta, Olivia Newton-John and Stockard Channing.

## ■ Top of the charts at this time:

- 1 - Summer Nights - John Travolta and Olivia Newton-John
- 2 - Rasputin - Boney M
- 3 - Sandy - John Travolta

# MILMOOR



**It was a result of a merger between the neighbouring clubs of Rotherham Town and Rotherham County that United moved into Millmoor in 1925, taking on County's Football League status and County had first occupied the ground in 1905.**

Millmoor was a cramped venue surrounded by scrapyards and dilapidated buildings. The main stand was built in the late 1920s and partial covering was installed over the opposite Millmoor Lane side, and a track laid for greyhound racing which took place in the 1930s. The two ends of the ground were identified as the Railway and Tivoli End terraces, the latter named after the aged cinema standing behind.

The ground was purchased from British Railways in 1949 and that led to a number of improvements including the concreting of terracing. In 1957, the Railway End was extended and covered, 11 years ahead of the opposite end which was

then enlarged and re-roofed before the end of the 1960s. In between times, a gymnasium was built next to the Main Stand adding further compactness to the already tight stadium.

In the 1970s, seating was introduced under cover in the east side. In 1982, another part of the Millmoor Lane stand was covered and seating introduced into the paddock area, but the ground was becoming increasingly and rapidly less fit for purpose. Towards the end of Millmoor's life as a league venue, facilities were deemed sub-standard for supporters and visiting teams – on a visit in 2001 West Ham United refused to change in the visitors'

dressing room.

The club's fortunes on the field also waned with two quick relegations to the basement tier in three seasons and the financial position also became concerning.

In 2008, Rotherham United vacated the ground after failing to secure a deal with the then owners to purchase the ground. Temporarily the Millers shared the Don Valley Stadium which hosted Sheffield Eagles Rugby League Club and City of Sheffield Athletics Club. The football club returned to their home town at the start of the 2012-13 season to play in their new ground, the purpose-built New York Stadium.



## TIMELINE:

- **August 30, 1919** – The first Football League match was staged at Millmoor when Rotherham County beat Nottingham Forest 2-0.
- **May 5, 1934** – The club's lowest gate for a League match was recorded when just 1,324, witnessed the 1-2 defeat by Mansfield Town.
- **May 26, 1947** – An 8-0 win over Oldham Athletic was recorded and remained United's highest League win at the venue.
- **December 13, 1952** – The highest attendance record was set when 25,170 watched the 2-2 draw with Sheffield United.
- **October 10, 1973** – The heaviest home League defeat was recorded when AFC Bournemouth won 7-2 in front of 5,110.
- **May 3, 2008** – A 1-0 win against Barnet brought League football at the venue to a close.

## ORIENT'S RECORD AT MILLMOOR:

Of the 24 matches that the O's contested at the venue, the most memorable was the 0-0 draw they achieved on May 19, 1999. A crowd of 9,259 was in attendance to watch the League Three Play-Off Semi-Final second leg encounter.

The teams had also fought out a goalless exchange in the first leg in London three days earlier. So the tie went to spot-kicks, taken in front of the fans at the home end. Orient keeper Scott Barrett saved United's second kick to give the visitors the advantage before Martin Ling converted Orient's second penalty.

Veteran shot-stopper Barrett then saved the next penalty before Dave Morrison netted to give his side a 3-1 lead. Rotherham scored from their next spot-kick but Matt Lockwood sealed the tie when he sent Mike Pollitt the wrong way with his strike.

In the remaining 23 clashes at Millmoor, Orient ended winners on only two occasions with seven matches drawn. Rotherham scored 45 goals and conceded 23.



**March 30, 1957** – The teams met in South Yorkshire for the first time when the Millers ran out 2-0 winners.

**November 30, 1963** – Lucky seven for the O's who had not won on their previous six visits to Millmoor. Malcolm Musgrove scored twice and Dave Dunmore and Gerry Ward one apiece to earn the O's a 4-1 success.

**September 17, 1983** – Twenty years later and Orient claimed the full points for the second and final time when Kevin Godfrey netted the only goal of the game.

**September 20, 1988** – Rotherham, who were destined to become Division Four champions, beat Orient 4-1 in a match which saw O's midfielder Steve Kettidge score his only goal for the club. The men from E10 though were also to gain promotion at the end of the season when reaching Division Three via the Play-Offs.

**October 17, 1989** – Another drubbing for Orient who conceded their highest tally when losing 5-2.

**December 30, 2006** – The teams met for the last time at Millmoor sharing four goals with Adam Chambers and Gary Alexander on target for the visitors.



# GONE BUT NOT FORGOTTEN

# WE'RE MAKING FOOTBALL LEAGUE BETTING BETTER



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## MORE MARKETS

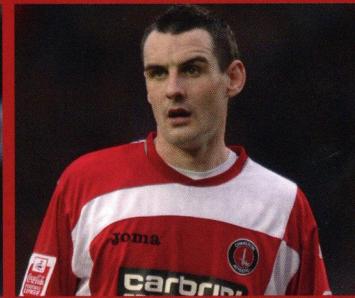
ON YOUR TEAM THAN ANY  
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## THE HISTORY MEN

# MS



An accomplished passer of the ball, Matthew Spring made 95 appearances during his two years in E10. CHARLIE LONG caught up with the midfielder ahead of today's clash against Luton Town, the club he started his career with.

Signed during the summer of 2010, Matthew Spring arrived at Leyton Orient looking to find consistent football following a frustrating spell at fellow London side Charlton Athletic.

Having been made aware that his contract was not to be renewed with the Addicks, Spring revealed he did not have to wait long in finding another club.

"I wasn't playing at Charlton at the time, my contract was running out and I knew what was coming so I had a chat with the manager at the time. As soon as I stepped out of his office the assistant Tim Breacker asked if I would be interested in Orient," said Spring.

"It all happened quite quickly. I said I would be happy to talk to the club and then by the end of the week or even two days later I had made my mind up that I would

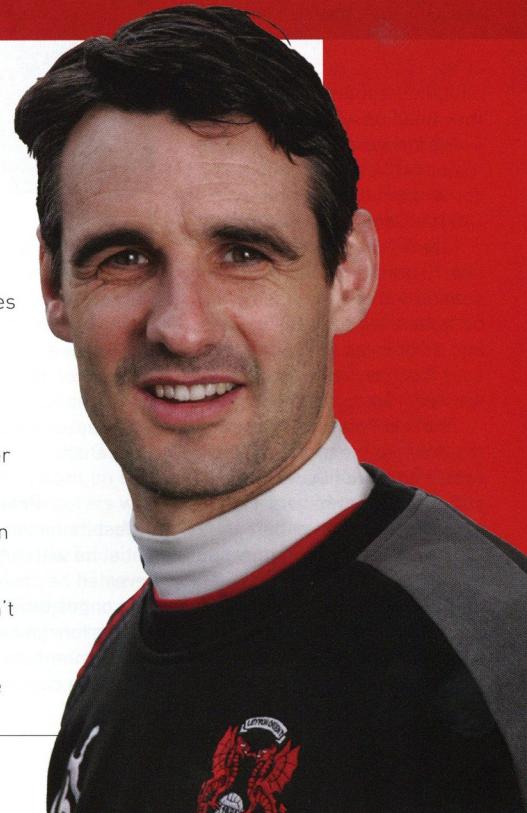
sign for Orient. Within a week I was out of a job and back in one which was a really quick turnaround."

### Professional

Having started his career at today's opponents Luton Town, Spring racked up 357 appearances for the Hatters during two separate spells, making his professional debut in September 1997.

"I came into the professional game quite late really. I was never one of those that was at a youth team from the age of 10 and all the way through, but I was thrown into a professional team at 15. It was kind of one of those where everything was all new and I didn't know what to expect.

"I then took it in my stride and was not sure what was round the



corner because I had been rejected at 14 and gone back to playing Sunday League before the chance at Luton popped up."

Prior to Spring making the switch to the O's, manager Russell Slade had come in for the final six matches of the 2009-10 season to save the club from relegation. When looking back on his first meeting with Slade, Spring admitted he was impressed with what the former Brighton and Yeovil manager had to offer.

"It was the first time I had ever come across Russell and I was really impressed. It is always good to have someone that wants you but when you go and talk to them and feel even better about it turns out to be a good thing.

"It was a really good two years of my career of which I thoroughly enjoyed and I would say apart from promotion with Watford it was probably two of the best years of my career."

#### Debut

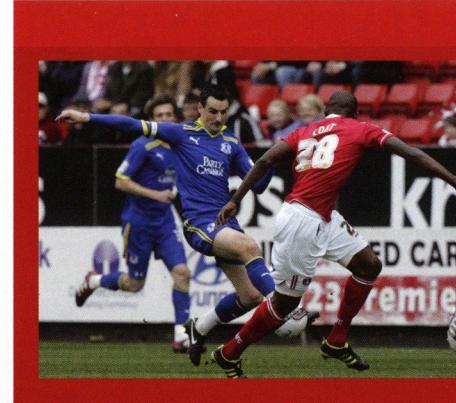
Keen to get back out on the pitch, Spring featured heavily throughout pre-season ahead of his debut campaign, and was to become a crucial part of the O's midfield alongside captain Stephen Dawson as they lined up with a lopsided 4-4-2 formation which saw the majority of attacking moves come down the left side with Charlie Daniels and Dean Cox.

"I think I played something like 13 games during that pre-season. I knew I was going to be quite a big part of his plans and as soon as any manager says that they want you, you feel wanted," Spring explained.

"The role I played in suited me down to the ground. If I ever went into football coaching, although I don't have any plans to in the near future, that would be a system that I would probably take on. The system that Russell had worked really well because we were so strong down that left side and all our attacks would go down there."

It was with that system Orient would go on to enjoy one of their most successful FA Cup run, claiming victories at Norwich and Swansea before being drawn at home to Arsenal and eventually losing in a replay at the Emirates Stadium.

"When you look back on it we went to two very good teams away from home and beat them, though we were lucky to scrape through in the second



round replay against Droylsden.

"I was injured for the first game against Arsenal and was dying to get back for the replay, but I think I had only returned to training on the Monday before the game which was on the Tuesday so the gaffer put me on the bench."

#### Praised

Despite missing out on the initial tie with Arsenal, Spring revealed he could not afford to rest on his laurels and praised the performance of the other squad members who managed to force a cup replay following

Jonathan Téhoué's late equaliser.

"It was one of those where I just had to deal with it. I couldn't play due to the injury so there was no point in crying about it. I just had to ensure that I got in there and was a part of it in any way that I could be. It was good to see the boys in the dressing room in the first game after getting the draw, although you don't completely feel a part of it.

"To be in the dressing room for the game at the Emirates was a great feeling, though unfortunately I wasn't fit

enough to start the game. Saying that I don't even think it would have been fair even if I had started because the lads had done so well to force the replay and get us to that stage."

The 2010-11 season saw Spring accumulate 50 appearances in an O's shirt as the club narrowly missed out on a Play-Off spot, finishing seventh in League One and a single point behind Exeter City.

#### Surviving

The following campaign was to prove a huge contrast however as Orient found themselves at the bottom end of the table

before surviving relegation by the skin of their teeth.

"For some reason we had a really poor season and I can't put my finger on why because we didn't change that much.

"It's hard when everyone's confidence is low and you are trying to tell people what to do when you may not be playing well at the time, so it's a tough one to keep everyone upbeat when you are losing games and things are going against you but I think in any kind of team game you have got to stick together and pull yourselves through."

"We stayed up with a game to go away to

Hartlepool which we actually lost, so ended up staying up by default because of results elsewhere. We then had the game against Rochdale which was a non-event

and it was a shame to end my time at Orient like that because I didn't want to leave and had really enjoyed my two years at the club."

After leaving the O's in 2012, Spring went on to join Wycombe Wanderers where he spent two years before joining St Neots Town.

#### Enjoying

Now playing at Hemel Hempstead, the 36-year-old is continuing to enjoy

his football where he plays alongside former Orient teammate Terrell Forbes.

"It's different because it is not the be-all and end-all for some of the lads so it is tough to go in there and be so professional because at the end of the day it isn't."

"On one side it is good because there is no real pressure, but on the other side I wish it was a little bit more professional and that we trained harder."

"I still feel I can offer something so until I can't I will continue to play football. I still feel fit enough to get through 90 minutes easily so I'm just going to keep going." ■



**It was a really good two years of my career of which I thoroughly enjoyed and I would say apart from promotion with Watford it was probably two of the best years of my career.**



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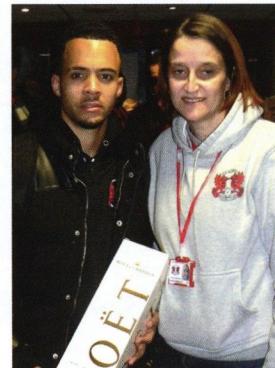
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## THANKS KEVIN

LOSC would like to thank Kevin Nolan for an enjoyable and informative evening at the club on Thursday February 25.

It was one of the best attended evenings of its type with in excess of 150 members present and we hope Kevin enjoyed the meeting as well as we did. We thank all those members who emailed their appreciation for the organising of the meeting.



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## YPRES 2017

Bookings are now being taken for next year's inaugural trip to Ypres, Belgium and the surrounding area. The visit will take place from Friday, June 16 to Sunday, June 18 2017 inclusive.

Be sure to book early as there are limited places available. For further details and to obtain a booking form contact Steve Jenkins at stevejenkins1881@btinternet.com or call 07971 146502 or meet up with him in the Supporters' Club.





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## HALF TERM TO REMEMBER FOR YOUNG O'S

During the February half term Leyton Orient's under 15s stayed at the Marcat Academy in Barcelona, so named after the former Real Madrid player, which houses boys from all over the world providing them with a full-time academic education as well as a full-time football education around their studies.



Our hosts were kind enough to convert their video analysis suite into a 22 player dorm complete with bunk beds, to allow the trip to take place at reasonably short notice, which was fantastic for developing camaraderie amongst the group.

The trip included two matches against Marcat, both of which we won 2-1 with the lads performing well against an under 16 side in the second game demonstrating great character to come from behind with two goals in the last 10 minutes, with a no nonsense penalty from defender Teddy Perkins, smashed into the roof of the net and the winner, with a few minutes to spare, from Aron Rowe, both of whom have already been offered scholarships with the Club.

In both games Bradley McClenaghan received high praise from our hosts and La Liga club staff for his

performances in central midfield, which was a great achievement having only turned 14 on the day we travelled, and one he will never forget.

As well as the two games, the team trained twice and received a presentation from Espanyol's Head of Coaching on how they look to play and the club philosophy, before watching Espanyol against Deportivo in La Liga. After the game we travelled straight to the 'mini stadia' at the Camp Nou to watch the stars of tomorrow play for Barcelona B, in the third tier of the Spanish League against Athletico Levante. A very long day for the lads, but one we hope they will never forget.

To complete the trip the youngsters managed to round it all off with a tour of the Camp Nou, which unsurprisingly was the highlight for many.

**Richard Thomas**  
Academy Operations Manager

## FUTSAL DELIGHT

Orient's under eights and under 10s recently had a day to remember as they were winners futsal competitions in Swindon.

Both teams remained undefeated throughout the day in their eight games to take the crown as they continue to show signs of progression at a very young age.



# CLARK'S COMEBACK

Youth team captain Michael Clark ended a three-month spell on the sidelines as he made his return to action in last weekend's 4-0 victory at Portsmouth.



**It was hard not being involved but then I got used to not being out there and over time I found it easier and more enjoyable to watch.**

deal with at first.

"Mentally I struggled quite a lot to start off with. The club doctor recommended me to do some psychology to which I then downloaded an app on my phone and started doing that every night which helped me.

"I then sort of got over it

mentally but physically it was tough. I was getting in at 8am every day which was tough and I felt as though I was keeping fit on the bike for no reason, but in the end it was all worth it," Clark added.

#### Fitness

As well as having to maintain his own fitness with a personal training programme, the centre half was forced to watch on as the under-18s finished third in the South East Division.

"I found it really hard to watch at the start especially when the boys were winning and playing really well. It was hard not being involved but then I got used to not being out there and over time I found it easier and more enjoyable to watch."

Throughout his

The second-year scholar had missed a large chunk of the season with a knee injury, but successfully completed 45 minutes in the win and revealed his delight to be back out there.

"It felt really good to be back. It was slow to start off with and I was really nervous before the game, but once I got into it I felt back to my old self and that I could have played the whole 90, but we have to be cautious and take things one step at a time," said Clark.

#### Tough

After picking up the injury towards the end of 2015, the defender admitted it was tough to



# ACADEMY UPDATE

## CATCHING UP ON ALL THE ACTION

### PORTSMOUTH 0 LEYTON ORIENT 4

27.02.16

Leyton Orient U18s kept their fantastic start to the second half of the season going with a classy 4-0 victory on the south coast, as a Josh Koroma brace in-between Steven Alzate's opener and Christian Owusu's late goal made it three straight wins and a third clean sheet.

It didn't take long at all for Orient to take the lead, although against the run of play, Alzate cut in from the right hand side and drove a low shot towards the near post, finding its way under the goalkeeper.

Once the lead was established it appeared a weight was lifted off the shoulders of the players, as Koroma, Owusu and Alzate started expressing themselves with some fantastic foot work and free flowing football.

#### Havoc

They were causing havoc around the box with Koroma inches wide from outside the box. Charley Barker then had a marvellous 20-yard volley tipped wide.

It could have been 2-0 before the half was out, but an amazing recovery from the Pompey keeper denied Koroma a simple tap in.

Dan Happe was brought on at half-time for Clark, and continued the good form alongside Aron Pollock in the middle of defence.

Koroma got his first less than two minutes into the half. Collecting the ball on the left, he bamboozled the defender with fantastic step overs down the edge of the 18-yard box and produced a great finish into the far corner.

#### Pace

Tristan Abrahams was brought on to add some more pace upfront replacing Sam Dalby and was involved almost instantly. He managed to rob the defender of possession before charging towards goal and seeing his shot deflected wide.

A third goal was inevitable and a perfectly-timed ball from Barker through to Koroma was lashed into the back of the net before the keeper could move. A fourth soon followed as Koroma finessed his way through the defenders, laying it across for Owusu who dinked the keeper with precision.

Sam Telling nearly scored his first ever goal for the club in the dying moments, with the left back striking a bullet shot off the bar.

**ORIENT:** Sam Roach, Sam Telling, Aron Pollock (Henry Ochieng 87), Michael Clark (Dan Happe 45), Rian McLean, Charley Barker, Sam Alderson, Christian Owusu, Steven Alzate, Josh Koroma, Sam Dalby (Tristan Abrahams 65)

**SUB:** Pat Adamson

**GOALS:** Josh Koroma (2), Steve Alzate, Christian Owusu

## LOFC ACADEMY

### 2015-16 APPEARANCES

	Lge	YAC	FAYC	Total		
	A	G	A	G	A	G
Sam Sergeant	13	-	1	-	1	-
Sam Roach	7	-	-	-	-	7
Arthur Janata	5	-	-	-	-	5
Dan Happe	18(2)	2	1	-	1	-
Aron Pollock	22	2	1	-	1	24 2
Michael Clark	11(1)	-	1	-	0(1)	12(1) -
Myles Judd	16	4	1	-	1	-
Sam Telling	18(1)	-	-	-	1	-
Teddy Perkins	0(3)	-	-	-	-	0(3) -
Sam Alderson	21	3	1	-	1	-
Henry Ochieng	19(5)	1	1	-	1	-
Charley Barker	17(8)	2	0(1)	-	-	17(9) 2
Pat Adamson	7(9)	2	-	-	-	7(9) 2
Steven Alzate	19(1)	4	1	-	1	-
Rian McLean	14(5)	6	1	-	1	-
Michael Obafemi	2(5)	-	-	-	-	2(5) -
Ruel Sotiriou	0(3)	-	-	-	-	0(2) -
Sam Dalby	2(6)	3	-	-	-	2(6) 3
Christian Owusu	21(1)	13	0(1)	-	1	-
Josh Koroma	17(8)	10	1	1	0(1)	18(9) 10
Tristan Abrahams	9(10)	1	1	1	0(1)	-
Victor Adeboyejo	16	5	-	-	1	-
					10(11)	2
					17	5

### MERIT LEAGUE 1

### 2015-16 LEAGUE TABLE

Pld	W	D	L	F	A	GD	Pts
1. Leyton Orient	3	0	0	9	0	9	9
2. Wimbledon	3	2	1	0	11	7	4
3. Cheltenham	3	2	0	1	10	6	4
4. Southend	2	1	1	0	5	3	2
5. Bournemouth	3	1	1	1	7	6	1
6. Portsmouth	3	1	1	1	9	12	-3
7. Exeter City	2	1	0	1	4	3	1
8. Barnet	3	1	0	2	7	12	-5
9. Gillingham	3	1	0	2	4	9	-5
10. Luton Town	2	0	0	2	1	4	-3
11. Plymouth	3	0	0	3	4	9	-5

### LEYTON ORIENT U18S – MERIT LEAGUE 1 FIXTURES 2016

13.02.16	Luton Town (A)	W 1-0
20.02.16	Gillingham (H)	W 4-0
27.02.16	Portsmouth (A)	W 4-0
12.03.16	Exeter City (A)	
19.03.16	Plymouth Argyle (H)	1pm
26.03.16	Southend (A)	11am
02.04.16	Afc Bournemouth (H)	11.30am
09.04.16	Cheltenham Town (H)	11.30am
16.04.16	AFC Wimbledon (A)	10.30am
23.04.16	Barnet (H)	10.30am



Today's programme is sponsored in memory of

# STEVE ALLEN

1961-2015

Last year, we lost a dear friend in tragic circumstances. Steve was generous, bright, sharp and quick witted. He also possessed humility and empathy, together with a willingness to sacrifice almost anything to ensure others around him were happy.

He was a devoted husband and father and is survived by wife Su and daughter Marina. Steve was a lifelong O's supporter and began attending games in the early 1970's. His parents ran a sweet shop in Leyton where their customers included many Orient fans. In his professional life he was a highly successful City banker.

Farewell Steve.

James, Ross, Martin, Liz, Graham, Pauline and Victor.



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# THE O'S JUNIOR O'S

## Hi Guys,

Welcome back to the Matchroom Stadium for this afternoon's game against Luton Town.

As well as welcoming you, we also welcome former management staff Kevin Nugent and Kevin Dearden who made the move to Luton in recent times.

Hopefully we can solidify our

play off place today with three points following a 2-2 draw at far away Carlisle on Tuesday night. Well done to all the travelling support for that one!

It's good to see Paul McCallum and Dean Cox

returning to fitness and we hope to see them soon.

Let's get behind the team and cheer them on today! Come on you O's!

Up The O's  
Theo!

### Today's Mascots Ben Ridley

**Age:** 11  
**School:** King Johns  
**Favourite players:** Matthew Baudry and Jay Simpson  
**Hobbies and Interests:** Football

### HARRY Webster

**Age:** 8  
**School:** Loyola Prep School  
**Favourite players:** Sean Clohessy and Dean Cox  
**Hobbies and Interests:** Football, Tennis and Swimming

## Leading League Two marksmen

1	Jay Simpson	Leyton Orient	23
2	Matty Taylor	Bristol Rovers	17
2	Marc Richards	Northampton Town	15
4	Billy Kee	Accrington Stanley	14
4	Lyle Taylor	AFC Wimbledon	14
6	Jabo Ibehre	Carlisle United	13
8	John Akinde	Barnet	12
8	Barry Corr	Cambridge United	12
8	Kemar Roofe	Oxford United	12
10	Scott Boden	Newport County	11
10	Matt Green	Mansfield Town	11
10	Shaun Miller	Morecambe	11
League games only			

## Sky Bet League Two title odds 2015-16

1/10	Northampton Town	(16/1)
9/1	Oxford United	(9/1)
25/1	Plymouth Argyle	(20/1)
40/1	Accrington Stanley	(150/1)
100/1	Bristol Rovers	(20/1)
100/1	Portsmouth	(7/2)
500/1	AFC Wimbledon	(25/1)
500/1	Wycombe Wanderers	(20/1)
1000/1	Carlisle United	(33/1)
<b>1000/1</b>	<b>Leyton Orient</b>	<b>(12/1)</b>
1000/1	Mansfield Town	(50/1)
2000/1	Cambridge United	(14/1)
2000/1	Luton Town	(14/1)
Pre-season odds in brackets		

## Sky Bet League Two relegation odds 2015-16

1/10	Dagenham & Redbridge
1/3	York City
3/1	Hartlepool United
8/1	Yeovil Town
16/1	Stevenage
33/1	Morecambe
33/1	Newport County
200/1	Crawley Town
250/1	Notts County
500/1	Barnet
750/1	Exeter City

**FACT!**  
Charlton Athletic striker Reza Ghoochannejhad is believed to have the longest surname in English football. Born in Iran, he joined the Addicks in January 2014 from Standard Liege.

# TWO'S COMPANY

## The long and the short of it!

**Spare a thought for Orient's kit manager Adrian Martin, it can't have been easy for him in recent weeks after the club captured loan signings Calaum Jahraldo-Martin and Jerome Binnom-Williams from Hull City and Crystal Palace respectively.**

It's not quite possible to squeeze their surnames on the back of shirt with 14 letters and a hyphen to fit in.

Indeed, it's hard to think of any former Orient players with longer last names than the current loan duo and with Armand Gnanduillet signing on the dotted line in January all

three players would appear in an O's squad with the longest surnames.

Imagine the work for the kit manager Ada Martin and the cost of replica shirts if the squad with the longest last names all played together.

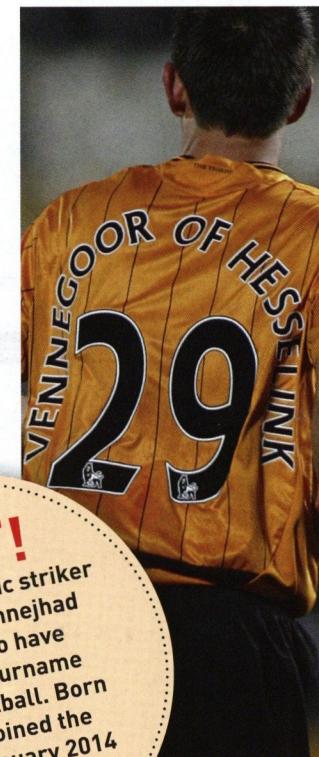
Defenders were in short supply, but loan signing Mikele Leigertwood and Binnom-Williams, along with Monty Garland-Wells in goal would keep Ada on his toes.

Another three who would make it into the 'long-name squad' played more than 100 games for the club and are still fondly remembered by the fans.

### Popular

Barrie Fairbrother, one of the most popular players of his era, would get the selection nod. The forward, who was born in Hackney, chalked up 188 league appearances for the O's between 1969 and 1975, while other favourites Wim Walschaerts and Alex Inglethorpe would also be in the line-up.

Walschaerts was signed by Tommy Taylor and proved to be a key figure as Orient made the Play-Off Finals in 1999 and 2001 – although a three-game suspension ruled him out of the contention for the first



Play-Off campaign.

While Inglethorpe, now the academy director at Liverpool, scored 32 league goals for the O's during a five-year stint at the club after joining from Watford in 1995.

Also in the team would be Chris Bart-Williams, Harry Higginbotham and Jamal Campbell-Ryce, with Dan Chillingworth, Leon Constantine, Bjorn Heidenstrom and Luke Summerfield on the bench.

But while Binnom-Williams, Jahraldo-Martin and Gnanduillet would make the team with the longest surnames, Dean Cox would be in the O's team with the shortest and would line up with some of the Orient all-time greats.

Cyril Lea, a great left-half, who starred in the O's promotion season of 1961-62 and made over 200 league appearances for the club would be included, alongside goalkeeper Mervyn Day.

### Expensive keeper

He became the most expensive keeper Orient signed when he joined from West Ham in July 1979 for a fee of £100,000 and spent six seasons at Brisbane Road chalking up 170 league appearances.

While Keith Day, who played nearly 200 league games between 1987 and 1993 and was a member of the 1989 promotion-winning side would also be included and that team would certainly bring a smile to Ada's face! ■

Trevor Davies takes a look at what's happening in Sky Bet League Two

## An Orient squad with the longest surnames

1	Monty Garland-Wells	Goalkeeper 11 appearances (1929-30)
2	Mikele Leigertwood	Defender 8 appearances (2002)
3	Jerome Binnom-Williams	Defender 3 appearances (2015-16)
4	Wim Walschaerts	Midfielder 125 appearances (1998-2001)
5	Chris Bart-Williams	Midfielder 36 appearances (1990-92)
6	Harry Higginbotham	Midfielder 19 appearances (1920-23)
7	Jamal Campbell-Ryce	Midfielder 25 appearances (2002 & 2012)
8	Armand Gnanduillet	Striker 7 appearances (2015-16)
9	Alex Inglethorpe	Striker 123 appearances (1995-2000)
10	Barrie Fairbrother	Striker 188 appearances (1969-75)
11	Calaum Jahraldo-Martin	Midfielder 10 appearances (2015-16)

### SUBS:

12	Daniel Chillingworth	Striker 8 appearances (2004-05)
14	Leon Constantine	Striker 10 appearances (2001-02)
15	Bjorn Heidenstrom	Midfielder 4 appearances (1996-97)
16	Luke Summerfield	Midfielder 14 appearances (2009-10)

## An Orient squad with the shortest surnames

1	Mervyn Day	Goalkeeper 170 appearances (1979-83)
2	Sam Oji	Defender 13 appearances (2007-08)
3	Greg Fee	Defender 5 appearances (1990)
4	Keith Day	Defender 192 appearances (1987-93)
5	Harry Lee	Midfielder 3 appearances (2012-16)
6	Barry Fry	Midfielder 13 appearances (1967-68)
7	Dean Cox	Midfielder 223 appearances (2010-16)
8	Cyril Lea	Midfielder 205 appearances (1957-64)
9	Trevor Lee	Striker 5 appearances (1982-83)
10	Lloyd Sam	Striker 10 appearances (2004)
11	Johnny Key	Striker 10 appearances (1967-69)

**SUBS:**

12	Richard Key	Goalkeeper 42 appearances (1983-84)
14	Christian Lee	Striker 3 appearances (2001)



JEROME BINNOM-WILLIAMS

# COUNTDOWN

## FANTASY FOOTBALL

### 5 – MY IDEAL FIVE-A-SIDE TEAM



**SERGIO BUSQUETS**

I'll put Sergio Busquets in as the defender because not only can he defend but he can feed passes through as well.



**NEYMAR**

He has so much skill and would take the micky out of players.



**LIONEL MESSI**

He can do everything one-touch on the small basis, put the ball in the net, everything.



**MANUEL NEUER**

In goal, I'll choose Manuel Neuer. He's an excellent shot-stopper and a really outstanding goalkeeper.



**ANDRÉS INIESTA**

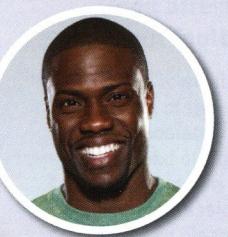
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# COME DINE WITH ME

### 4 – PEOPLE I'D LIKE TO INVITE TO DINNER...

I'd cook them a bit of chicken, rice and peas. Give them some gravy and veg, just all the things I'd want really.



**KEVIN HART**

The comedian Kevin Hart, he's hilarious and he'd be telling plenty of jokes around the table.



**MRS BINNOM-WILLIAMS**

I'd have my Mum round just to keep everyone in check. She can be really funny at times as well so I'd like her there.



**LIONEL MESSI**

I'd invite Lionel Messi. I like him and he could show me more skills and clips of his talents with the ball.



**RIHANNA**

Then I'd have Rihanna around to dinner, she's a bit of me! I like her and she could show us a few moves from her songs.

321

### 3 – OF MY FAVOURITE THINGS

**SONG:** I have a lot of favourite songs but at the moment the best one for me is Best Friend by Young Thug.

**FILM:** This is a hard one for me because I don't really watch films but if I had to pick one it would have to be Ride Along with Kevin Hart. That's really funny.

**HOLIDAY DESTINATION:** Jamaica. It's my homeland and I love it there, it's beautiful.

ROOM 101

### 2 – CHOICES FOR ROOM 101

Rude people and liars, I really dislike liars.

**the one show**

### 1 – AMBITION TO ACHIEVE

Just to be one of the best left-backs in the world and I'm really going to try and achieve that.



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**ANDREA PRESSENDA**

## AN INTRODUCTION...

**Good afternoon to you all, it's a pleasure to talk to you about football with us.**

This is my first experience in the English professional football that I think at this moment represents the highest level. For this reason I immediately accepted Mr Becchetti's proposal to work at the Club as Head of Communications & Relationships Manager after our collaboration with Agon Channel Television.

My professional experience in football covered a journalistic side and I'm very pleased to have developed prestigious partnerships. I can tell for example about Sky Sports, the relationships with FC Internazionale and SSC Napoli and obviously Agon Channel.

### **Popular**

I worked almost four years at Sky Sport in Italy and I participated in the birth of Sky Sports News 24, which is also very popular in England. So how I can say to have contributed to the realisation of the first programmes about the transfer market!



**My target is to build and develop also the relationships with the Italian media because in Italy English football has more of a following than the Italian football!**

It was different working with FC Internazionale and SSC Napoli: thanks to the relations with FC Internazionale and Mondadori I wrote the first book about the centenary of the club. In Naples I wrote and presented the first television programme of the club. I have always liked the challenges and the great news, while also doing the same in Albania with Agon Channel Television thanks to large investments of Mr Becchetti.

### **Target**

My target is to build and develop also the relationships with the Italian media because in Italy English football has more of a following than the Italian football! I'll develop the relationships with clubs in other countries and with people that work in football. I have also worked for three years as football advisor for Italian clubs and for players' agent agencies in Spain with relationships in Germany, France, England and Italy.

I can make available knowledge, passion and professionalism to improve the Club. I'd like to tell to the supporters the work of an English club, the typical week, the typical matchday, the atmosphere of the stadium, the construction of a sport project and the passion of the English fans for the football, the most beautiful game of the world!

Follow us and Up the O's!!!

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## LEYTON ORIENT TRUST

# NOOR UL ISLAM TRUST HOSTS FOOTBALL TOURNAMENT WITH VARIOUS FAITH AND COMMUNITY GROUPS

On February 21, 2016, Noor Ul Islam Trust in conjunction with Leyton Orient Trust hosted a 16-team football tournament at The Score Centre in Leyton.



The seven-a-side tournament included participants from the Faith Forum such as Walthamstow Sathy Sai, Waltham Forest Police (JC 7), international charities Islamic Relief and Human Relief Foundation and others.

Approximately 160 players participated at the tournament with a number of spectators enjoying the day. The tournament was organised to bring the community together for an afternoon of competitive fun. It was also used to promote the work of Noor Ul Islam Trust's rebuilding project to develop a state of the arts Mosque & Community Centre

serving the needs of the local and wider community.

The tournament started with four groups of four teams playing a league format. The winners and runners up from each group then qualified for the knockout stages. The competitiveness of the tournament was there for all to see especially in the semi-final where both finalists won their games by a score line of 1-0.

The final was contested between Hashtag Problem and North London FC and although at half time it was 2-0 to North London FC it was a close game but at the end North

London FC came out the winner. Medals were given to all the finalists, also a souvenir trophy was given to North London FC.

The event shows the strength of Noor Ul Islam's link with the community and how all can work together. Mr Yusuf Hansa, Chairman of Noor Ul Islam Trust thanked all the participants, spectators and especially Leyton Orient Trust for their support. Noor Ul Islam Trust in conjunction with Leyton Orient Trust would like this tournament to become a regular event, giving North London FC a chance to defend the title.





# EURO VIEW

with Nick Roche

**Football writer and Orient fan, Nick Roche continues his series looking at the fourth tier (League Two) across the globe.**

It's a short journey this week as we travel across the Severn Bridge to the Welsh valleys. Orient fans have visited the country on numerous occasions over the years, with the latest outing being to Newport earlier this season. However we'll be looking much lower down the Welsh pyramid as we look at their equivalent of the fourth tier.

The structure of the Welsh football pyramid was put in place in 1992 when the League of Wales

was set up, as Football Association of Wales Head Alun Evans felt that Wales' place at international level could be threatened with no national league.

Previously the top Welsh clubs had played in the English pyramid. The elite clubs – Cardiff, Swansea, Wrexham and Newport continue to play in the English system, however a number of non-league clubs such as Bangor City, Colwyn Bay and Rhyl were forced into the Welsh pyramid, initially against their will.

#### Villages

Attendances are low – often a few hundred as most of the teams are based in smaller towns or even villages where rugby is often the number one sport.

Although amateur, the Welsh

Premier League is the only national division, comprising of 12 clubs. The lower leagues are all regional with a split primarily across North and South Wales. The fourth tier comprises of four divisions.

Three of those are across North and Mid-Wales with one in South Wales. Promotion and relegation exist across all divisions. In South Wales, the fourth tier comprises of 19 clubs including the likes of Abergavenny Town, Caerau, Cardiff Corinthians, Llanwit Major, Newport YMCA and Tredegar Town.

The highest profile club in the division are Pontypridd Town, not through their football prowess, but due to TalkSPORT presenter Colin Murray. In July 2014, "Ponty" played a pre-season friendly in Spain against Valencia CF Mestalla, Valencia's reserve team. Murray picked up on the news, deciding to fly out and watch the game, inviting his listeners to join him.

Over 100 fans flew out for the 'Ponty Party' and the team did them proud, holding their hosts for 40 minutes before eventually going down 3-0.

This season, Ponty are in line for another celebration. They are currently six points clear at the top after a 2-0 win over Newport Civil Service last week. Another pre-season tour may be on the cards!

• Nick Roche is a football journalist and O's fan, living in Central France and aiming to bring a continental viewpoint on the O's. @EuroOrient



## TICKETS & TRAVEL



### Oxford United

- Sky Bet League Two
- Saturday, March 12, 2016. Kick Off 3pm
- SAT NAV: OX4 4XP

**Tickets for this fixture went on sale to Season Ticket Holders on Monday, February 22 at a rate of one ticket per season ticket holder.**

Tickets are available online using the tickets menu on [www.leytonorient.com](http://www.leytonorient.com), in person and by post.

To apply by post, please submit **relevant customer numbers, correct remittance, and a stamped addressed envelope** to the Oliver Road Ticket Office. The Club are not responsible for any applications lost in the post and supporters need to be aware of possible postal delays when ordering by this method.

Tickets are now on general sale. Tickets will go off sale at close of business on Friday, March 11, and any uncollected tickets at this time will be taken to the Kassam Stadium for collection on matchday.

#### Prices for this match are as follows:

Adults	£20
Over 65/13-17 years/Students	£13
7-12 years	£5
Under 7	FOC

Wheelchair users or ambulant disabled	As category above
Personal Assistant	FOC

**IF** any tickets remain for sale on the day of the match, there will be **NO** cash turnstiles. Any sales will be from the North Ticket Office adjacent to the visitor's turnstiles and will be **CASH ONLY**. Any ticket collections on the day will also be from this Ticket Office.



**@LeytonOrientFC**  
Overheard this week...



**Simon Brierley** [@sbsdealing](https://twitter.com/sbsdealing)  
This was my 1st ever @leytonorientfc game I was mascot against Swansea 31st October92. Anyone know the player? #lofc

**Laurie Hann** [@lauriehann](https://twitter.com/lauriehann)  
I'm not at Orient on Saturday so they'll inevitably put on their best performance of the season. You can thank me later. #lofc



**Leyton Orient** [@leytonorientfc](https://twitter.com/leytonorientfc)  
A massive thank you to the 179 fans who made the trip up to Carlisle United last night - great effort! #LOFC



**theo\_wyvern** [@theo\\_wyvern](https://twitter.com/theo_wyvern)  
If you are going to celebrate, this is how you do it Theo style. #lofc #together #theo #photogenic thanks Simon!

## FACTS AND FIGURES

# Stats Your Lot

## Where it all started

The first-ever meeting between Orient and the Hatters was a Division Three (South) encounter on March 10, 1930 at Luton. The O's won 2-1 as Alf Edmonds and an own-goal settled the issue.

## Nothing to shout about

Orient's recent record against Luton is not good as they have won just three of the last 22 games.

## Cautions

Orient have picked up 46 yellow cards in their 34 league games this season, while Luton have received 53 cautions from the same number of games.



# 2008

Orient's last win against Luton was in a League One encounter at Kenilworth Road during February 2008 when **Jabo Ibehre** scored the only goal after 26 minutes.



# Fifty nine

Orient and Luton have met 59 times in the past and the Hatters hold the upper hand as they have recorded 29 victories, while the O's have managed just 16 and 14 games have finished all square.



## Six-goal haul

In the 59 meetings between the two sides there has only been one six-goal haul when the O's triumphed in a Division Three (South) encounter 6-1 at home on April 19, 1930. Robert Jack, Reg Tricker and Alf Edmonds all scored twice.

# Twenty three

Jay Simpson's goal at Carlisle United took his tally to 23 and passed Dave Dunmore's record of 22 league goals during the 1961-62 season. He has now scored more league goals than any Orient player in the last 56 years since Tommy Johnston netted 25 times in the 1959-60 season.

## Half ton Nigel

Nigel Atangana is just one game away from his 50th career league appearance. He made his 49th at Carlisle United on Tuesday night.

## LEAGUE TWO 2015-16

Team	Pld	W	D	L	GF	GA	GD	Pts
1 Northampton	34	23	6	5	60	33	27	75
2 Oxford Utd	34	18	10	6	59	32	27	64
3 Plymouth	34	19	7	8	48	28	20	64
4 Accrington	32	16	8	8	55	39	16	56
5 Portsmouth	33	13	14	6	52	30	22	53
6 Bristol Rovers	33	16	5	12	46	35	11	53
7 <b>Leyton Orient</b>	<b>34</b>	<b>14</b>	<b>11</b>	<b>9</b>	<b>51</b>	<b>47</b>	<b>4</b>	<b>53</b>
8 Wimbledon	33	14	10	9	51	40	11	52
9 Wycombe	33	15	7	11	37	31	6	52
10 Mansfield	34	14	9	11	46	40	6	51
11 Carlisle	32	13	11	8	51	46	5	50
12 Cambridge	34	14	8	12	49	46	3	50
13 Luton	<b>34</b>	<b>13</b>	<b>8</b>	<b>13</b>	<b>49</b>	<b>48</b>	<b>1</b>	<b>47</b>
14 Exeter	34	12	9	13	44	49	-5	45
15 Barnet	33	12	7	14	43	48	-5	43
16 Crawley	34	12	5	17	39	55	-16	41
17 Notts County	33	11	7	15	46	55	-9	40
18 Morecambe	34	10	6	18	54	62	-8	36
19 Newport	32	8	10	14	35	46	-11	34
20 Stevenage	34	8	10	16	42	57	-15	34
21 Yeovil	34	7	11	16	34	47	-13	32
22 Hartlepool	31	8	4	19	30	53	-23	28
23 York	34	6	8	20	37	65	-28	26
24 Dag & Red	33	4	9	20	32	58	-26	21

## STATISTICALLY 'ORIENT' SPEAKING

	Apps (Subs)	Gls	Ass	■	■	O's career Apps	O's Gls	All-time Apps	All-time Gls
Cisak	35	0	0	3	0	54	0	150(1)	0
Clohessy	35(1)	1	7	2	0	35(1)	1	376(11)	14
Shaw	24(4)	0	2	4	0	24(4)	0	73(4)	0
Essam	25	0	0	1	0	25	0	101(8)	8
Dunne	5(5)	0	0	1	1	5(5)	0	353(45)	23
Baudry	32(1)	2	2	4	1	144(8)	10	161(15)	11
Cox	14(2)	5	7	2	0	239(31)	58	390(59)	80
James	15(5)	3	1	5	0	113(16)	9	238(41)	14
Palmer	23(15)	7	6	4	0	23(15)	7	64(54)	23
McCallum	8(1)	3	0	2	0	8(1)	3	29(18)	13
McAnuff	13(2)	2	2	2	0	41(12)	5	524(76)	59
Payne	28(2)	1	0	1	0	28(2)	1	214(33)	13
Moore	25(1)	2	3	1	0	25(1)	2	226(23)	24
Atangana	6	0	0	0	0	6	0	78(19)	6
M'voto**	10	0	0	2	0	10	0	187(11)	11
Brisley	5	1	0	0	0	5	1	234(23)	13
Turgott	10(19)	1	5	1	0	10(19)	1	20(34)	3
Pritchard	28(5)	1	1	9	0	56(15)	2	207(40)	25
Kashket	3(14)	1	1	0	0	3(17)	1	3(167)	1
Binnom-Williams	3	0	0	0	0	3	0	38(11)	1
Kpekawa**	8(1)	0	1	1	0	8(1)	0	17(4)	0
Chicksen**	6	0	0	1	0	9	0	100(34)	3
Maguire**	1	0	0	0	0	1	0	1	0
Grainger	4	0	0	0	0	4	0	4	0
Semedo**	0(1)	0	0	0	0	0(1)	0	0(1)	0
Moncur*	0(2)	0	0	0	0	0(2)	0	0(2)	0
Adeboyejo	0(3)	0	0	0	0	0(4)	0	0(4)	0
Simpson	36(1)	23	1	2	0	54(17)	31	208(73)	73
Judd	0(1)	0	0	0	0	0(1)	0	0(1)	0
Jahraldo-Martin	6(4)	1	0	2	0	6(4)	1	29(12)	3
Gnanduillet	2(5)	3	0	0	0	2(5)	3	53(76)	23
Marquis**	9(6)	1	3	3	1	9(6)	1	86(51)	24
Hunt	5	0	1	1	0	5	0	306(29)	2
Nolan	5(2)	0	0	0	0	5(2)	0	527(73)	111

\*Player currently out on loan \*\*Player no longer with Club

**KEVIN NOLAN**

Home:  Eddie Devine Media Relations  
www.eddiedevine.com  
Away:  SMP Healthcare  
Boots: Geoff Marshall

**ANDY HESSENTHALER**

Full Kit:  SMP Healthcare

**LEE HARRISON**

Home: Barri Twinn  
Away: Available  
Boots: Rachel Matthews

**ADA MARTIN**

Full Kit:  Premier Sock Tape

**ALEX CISAK**

Full Kit:  rethink

**SEAN CLOHESY**

Home: Bexleyheath Osteopathic Practice  
020 8298 7122  
Away: Available  
Third: Available  
Boots: Marilyn & Tracy Webber

**FRAZER SHAW**

Full Kit:  TK CONSTRUCTION  
020 8551 2102

**CONNOR ESSAM**

Home: Peter & Karren  
Away: Available  
Third: Available  
Boots: Roger & Lucy Webber

**ALAN DUNNE**

Full Kit:  
Nigel, Diane & Dawn Smith,  
John & Laura Watkins

**PLAYER SPONSORSHIP****SPONSOR A PLAYER**

If you would like to support your club and take up a sponsorship package for your favourite player, please get in touch with Steve Dixon at [s.dixon@leytonorient.net](mailto:s.dixon@leytonorient.net)

**KEVIN CALLUS**

 Today's 12th Man 

**MATHIEU BAUDRY**

Home: Christine Rainbird  
Away: Nando's Essex  
Third: Chris & Laurie Hann  
Boots: Famille Miller

**DEAN COX**

Full Kit:  OSBORNES ACCOUNTANTS LIMITED

**LLOYD JAMES**

Home: James Foss Estate Agents  
020 8984 0066  
Away: Daniel Utting Johnson  
Third: Cooper Paul Chartered Accountants  
Boots: Julian & Jay Lilington, Caroline Burkshaw

**OLLIE PALMER**

Home: Ivor Epstein  
Away: Christine Rainbird  
Third: Barry & Pauline Parkes  
Boots: Tim & Mia Patten

**PAUL McCALLUM**

Home: John Box  
Away: www.rethinkproductivity.co.uk  
Third: @mikebrownmusic  
Boots: Robert Graham

**JOBI McANUFF**

Full Kit:  FC FM  
First Class Facilities Management

**JACK PAYNE**

Full Kit:  
 St Martin's Partners LLP

**SAMMY MOORE**

Home: Shaun Bird  
Away: www.gaman.is  
Third: Available  
Boots: Available

**NIGEL ATANGANA**

Home: Available  
Away: Available  
Third: Available  
Boots: Available

**BLAIR TURGOTT**

Home: [www.hosts-international.com](http://www.hosts-international.com)  
Away: [www.rethinkproductivity.co.uk](http://www.rethinkproductivity.co.uk)  
Third: Available  
Boots: Andrew Butler @mrabutler

**BRADLEY PRITCHARD**

Home: Ron & Pam Cullen  
Away: Available  
Third: Available  
Boots: Barry Galvin

**SCOTT KASHKET**

Home: Larry Peterson  
Away: Available  
Third: Available  
Boots: Spencer Parkes

**CHARLIE GRAINGER**

Home: Barri Twinn  
Away: Available  
Third: Available  
Boots: Available

**SANDRO SEMEDO**

Full Kit:  Bywaters  
CONSERVE — SUSTAIN — RECYCLE

**JAY SIMPSON**

Home:  FoodFellas  
[www.thefoodfellas.co.uk](http://www.thefoodfellas.co.uk)  
Away & Third: Barry Hearn  
Boots: Josh Landy & Josh Caplin

**ARMAND GNANDGUILLET**

Home: James Conway  
Away: Ben Porter  
Third: Available  
Boots: Geoff Marshall



## IN FOCUS **BRADLEY PRITCHARD**

**Squad No:** 18  
**Age:** 30  
**Born:** December 19, 1985  
**Previous clubs:** Carshalton Athletic, Nuneaton Borough, Tamworth, Hayes & Yeading United, Charlton Athletic  
**Joined the O's:** June 2014  
**O's appearances:** 56 (+15 sub)  
**O's goals:** 2  
**O's debut:** v Chesterfield August 9, 2014

### Home kit Sponsor **Ron & Pam Cullum**

Former vice presidents Ron & Pam Cullum have been O's fans for over 50 years, in fact Ron first came to Brisbane Road during the war! He comes from a long line of Orient fans and their children and grandchildren have carried on the tradition of family support. Ron & Pam are regular diners in the Olympic Suite restaurant.

### Boots Sponsor **Barry Galvin**

# JEFF STELLING'S MEN UNITED MARCH

21–30 March 2016

I'm walking 10 marathons in 10 days to raise money to help beat prostate cancer. You can help too.

**TEXT JEFF TO 70004  
TO DONATE £3\***

**#JeffsMarch**

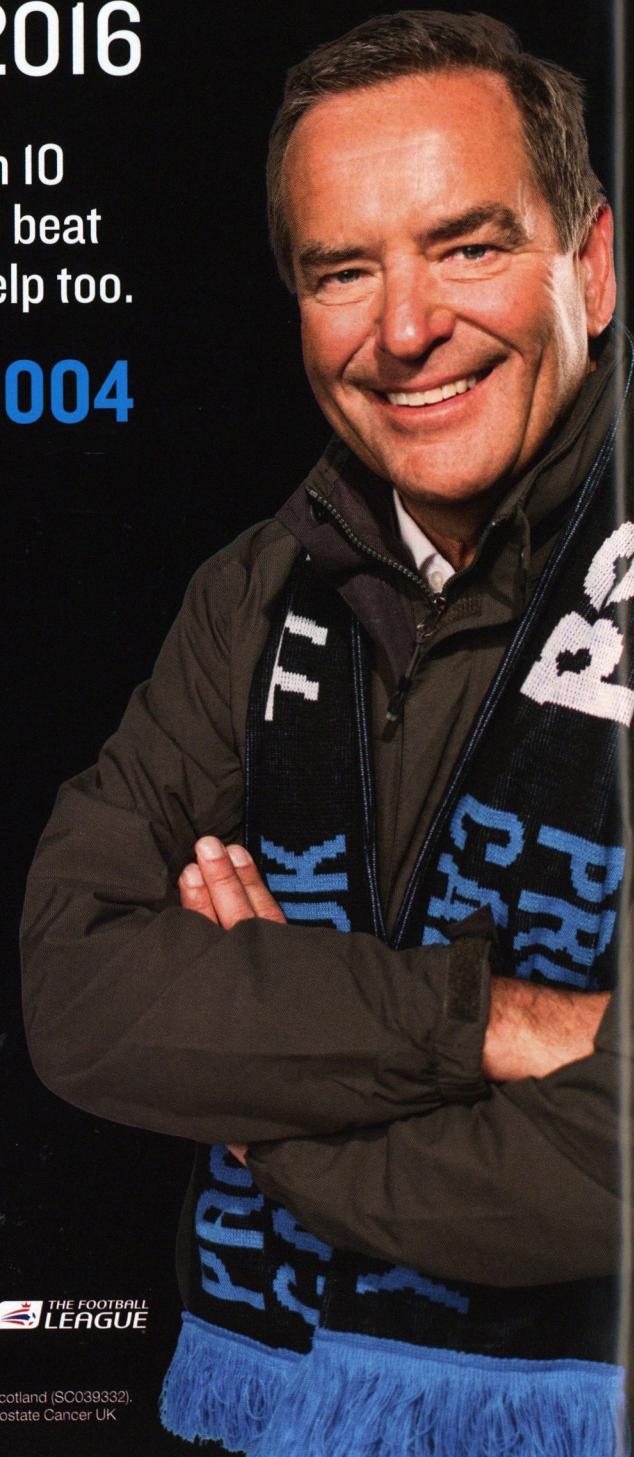


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Prostate Cancer UK is a registered charity in England and Wales (1005541) and in Scotland (SC039332). Registered company 02653887. \*Texts cost £3 plus your standard network rate. Prostate Cancer UK receives 100% of your donation. Supporter care 0800 082 1616.



# Noticeboard

## HALF-TIME PENALTY TAKERS

We'd like to welcome Cheshunt Blacks under 10s to the Matchroom today and the team will be taking penalties at half time.

The club have taken advantage of the 50-50 scheme once again and money raised this year is going towards a very special trip for the boys who are thrilled to be going to play at Barcelona's Nou Camp stadium in June!

Manager Dan Steed said: "Firstly many thanks to Leyton Orient for having us back. Your support is brilliant and we appreciate your help. I must also thank all the parents in the team for helping make this happen & their continued support for myself and the boys.

"Our season this year has been up & down but the boys always enjoy their football and that's the most important thing!

"We'd also like to thank our team sponsor's C&F SCAFFOLDING; B&L COACHES and WHATS&VOLT's electrical. Without their help we wouldn't have the stuff we do.

**Our squad is:** Lewis Geary, Freddie Nicholls, Reef Cole, Freddie Binet, Henry Steed, Ediz Ibrahim, Max Frost, Oliver Stone, Liam Shiel, Charlie Selwyn, George Collins, Jamie King and Coach Paul Binet."



### FLAG BEARERS

Also utilising the 50-50 scheme once again, it's a big welcome to today's flag bearers, staff, parents and pupils of Aldersbrook Primary School.

The school is situated at the heart of the Aldersbrook community, surrounded by leafy Wanstead Park, which forms part of Epping Forest in the London borough of Redbridge.

Much larger than the average primary school, Aldersbrook caters for boys and girls aged 5-11, plus 52 part-time nursery places. We value our community and its diverse cultures, with an amazing 48 languages being spoken.

Aldersbrook Primary is a stimulating and lively place to learn, which encourages the children to take pride in the buildings and grounds. The school is committed to working in partnership with parents/carers, governors and the community to ensure our children reach their full potential and become enthusiastic, confident and independent learners for life.

The school is actively involved in promoting and improving links through local community projects, sports partnerships, local schools and local places of worship and has thoroughly enjoyed the on-going partnership with Leyton Orient and look forward to continuing this into the future.

### HAPPY BIRTHDAY!

A very Happy Birthday to Lewis Irvine who will be 12 today. Sent with lots of love from Mum, Dad, Stephanie and Ralph.

Started  
 A Started and Substituted  
 A Used Substitute  
 Unused Substitute  
 1 Scored  
 1^ Penalty scored

DATE	OPPONENT	RES	ATT (AWAY)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Sat Aug 8	<b>Barnet</b>	H	W2-0	6,151 (905)																	
Tue Aug 11	MK Dons Cap1	A	L1*-2	5,444 (390)																	
Sat Aug 15	Dag & Red	A	W3-1	3,336 (1,456)																	
Tue Aug 18	<b>Stevenage</b>	H	W3-0	4,949 (400)																	
Sat Aug 22	Newport County	A	W3-2	2,779 (525)																	
Sat Aug 29	<b>Bristol Rovers</b>	H	W2-0	5,777 (1,023)																	
Tue Sep 1	Luton Town JPT1	A	L1-2	1,953 (300)																	
Sat Sep 5	Exeter City	A	L0-4	3,648 (505)																	
Sat Sep 12	Cambridge United	A	D1-1	5,821 (1,739)																	
Sat Sep 19	<b>Wycombe</b>	H	D1-1	5,946 (835)																	
Sat Sep 26	Northampton	A	D1-1	5,061 (800)																	
Tue Sep 29	<b>Carlisle United</b>	H	L1-2	4,408 (284)																	
Sat Oct 3	<b>Notts County</b>	H	W3-1	5,193 (377)																	
Sat Oct 10	Crawley Town	A	L2-3	2,515 (826)																	
Sat Oct 17	<b>Oxford United</b>	H	D2-2	6,296 (1,388)																	
Tue Oct 20	Luton Town	A	D1-1	8,022 (638)																	
Sat Oct 24	Morecambe	A	W1-0	2,105 (398)																	
Sat Oct 31	<b>Accrington Stanley</b>	H	L0-1	4,701 (139)																	
Sat Nov 7	<b>Staines Town FAC1</b>	H	W6-1	2,282 (346)																	
Sun Nov 15	Hartlepool	A	L1-3	3,785 (237)																	
Sat Nov 21	<b>York City</b>	H	W3-2	4,897 (581)																	
Tue Nov 24	Plymouth Argyle	A	D1-1	6,469 (198)																	
Sat Nov 28	<b>AFC Wimbledon</b>	H	D1-1	6,024 (1,274)																	
Sat Dec 5	<b>Scunthorpe FAC2</b>	H	D0-0	2,540 (431)																	
Sat Dec 12	Mansfield Town	A	D1-1	2,935 (444)																	
Sat Dec 5	Scunthorpe FAC2r	A	L0-3	3,082 (254)																	
Sat Dec 19	<b>Yeovil Town</b>	H	D1-1	4,686 (280)																	
Sat Dec 26	<b>Portsmouth</b>	H	W3-2	5,848 (1,316)																	
Mon Dec 28	Bristol Rovers	A	L1-2	9,836 (487)																	
Sat Jan 2	Stevenage	A	D2-2	4,022 (1,175)																	
Sat Jan 16	<b>Exeter City</b>	H	L1-3	5,758 (529)																	
Sat Jan 23	Wycombe	A	W2-0	4,432 (805)																	
Tue Jan 26	<b>Newport County</b>	H	W1-0	4,209 (154)																	
Sat Jan 30	<b>Cambridge United</b>	H	L1-3	6,526 (1,237)																	
Sat Feb 6	Portsmouth	A	W1-0	15,643 (1,031)																	
Sat Feb 13	<b>Northampton</b>	H	L0-4	6,131 (1,135)																	
Sat Feb 20	Notts County	A	W1-0	4,878 (639)																	
Sat Feb 27	<b>Crawley Town</b>	H	W2-0	4,610 (301)																	
Tue Mar 1	Carlisle United	A	D2-2	3,721 (179)																	
Sat Mar 5	<b>Luton Town</b>	H																			
Sat Mar 12	Oxford United	A																			
Sat Mar 19	<b>Morecambe</b>	H																			
Fri Mar 25	Accrington Stanley	A	International Date																		
Mon Mar 28	<b>Hartlepool United</b>	H																			
Sat Apr 2	York City	A																			
Sat Apr 9	Barnet	A																			
Sat Apr 16	<b>Dag &amp; Red</b>	H																			
Tue Apr 19	<b>Plymouth Argyle</b>	H																			
Sat Apr 23	AFC Wimbledon	A																			
Sat Apr 30	<b>Mansfield Town</b>	H																			
Sat May 7	Yeovil Town	A																			

\*Own Goal

Alex CISAK  
 Sean CLOHESSY  
 Connor ESSAM  
 Alan DUNNE  
 Mathieu BAUDRY  
 Dean COX  
 Lloyd JAMES  
 Ollie PALMER  
 Paul McCALLUM  
 Jobi McANUFF  
 Jack PAYNE  
 Sammy MOORE  
 Nigel ATANGANA  
 Shaun BRISLEY  
 Blair TURGOTT  
 Bradley PRITCHARD

Scott KASHKET  
 Jerome BINNOM-WILLIAMS  
 Charlie GRAINGER  
 Sandro SEMEDO  
 Freddy MONCUR  
 Montel AGYEMANG  
 Sam LING  
 Victor ADEBOYEJO  
 Jay SIMPSON  
 Myles JUDD  
 Sam SARGEANT  
 Calum JAHRALDO-MARTIN  
 Aron POLLOCK  
 Nicky HUNT  
 Kevin NOLAN  
 John MARQUIS  
 Gary WOODS  
 Joe MAGUIRE  
 Harry LEE  
 Jean-Yves MIVOTO  
 Cole KPEKEWA

Together we can make Brisbane Road a safe and welcoming environment for everyone...

**CUSTOMER SERVICE**  
Should you have any issues, concerns or queries please contact your nearest steward who will assist you. Every steward has a number on their jacket to assist with feedback. A team of dedicated customer service stewards are also now available to deal with any queries.

Stadium Manager

**TEXTING SERVICE**  
**07776 228 298**  
Foul, abusive and racist language will not be tolerated in this stadium. You do not have to put up with mindless behaviour or let it spoil your day. You can approach the nearest steward to report an incident, or text directly to the control room and let us deal with it from there. It is better for us to monitor the situation as it is happening rather than after the event.

**PERSISTENT STANDING**  
Whilst the club appreciates there will be times when fans will stand up periodically through the match, this issue relates to fans who persistently stand during games. We ask that you consider the fans behind you, the elderly and the young and those who cannot stand for prolonged periods of time. The club is monitored on a regular basis by the Local Authority. This is an all seater stadium and persistent standing is not permitted.

**NO SMOKING – FOR YOUR SAFETY**  
It is against the law to smoke at this venue. Spectators are requested not to smoke at any time and safety stewards are authorised to ask any person found smoking to leave the stadium. The use of electronic cigarettes is not allowed in the stadium.

**GROUND REGULATIONS**  
Please be aware that these are posted around the stadium. Ground Regulations exist for the well being and safety of all supporters attending Brisbane Road on a match day.

**EMERGENCY EVACUATION**  
In the event of an emergency within the stadium spectators should remain in their positions and listen carefully to the loud speaker announcements that will be made. The announcements may direct spectators to exit gates or emergency exits onto the pitch. In all cases the stewards will direct spectators to the relevant points. If spectators are requested to vacate they are asked to do so calmly and quickly to assist with safe evacuation.

**DO NOT ENTER THE FIELD OF PLAY AT ANY TIME**  
It is an offence to go onto the field of play at any time. Conviction may result in a Court Banning Order and a lengthy club ban. Stadium Manager.

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PREPARED**

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# LEYTON ORIENT

PLAYER-MANAGER: Kevin Nolan  
COLOURS: Red & White

Alex CISAK	1	
Sean CLOHESSY	2	
Frazer SHAW	3	
Connor ESSAM	4	
Alan DUNNE	5	
Mathieu BAUDRY	6	
Dean COX	7	
Lloyd JAMES	8	
Ollie PALMER	9	
Paul McCALLUM	10	
Jobi McANUFF	11	
Jack PAYNE	12	
Sammy MOORE	14	
Nigel ATANGANA	15	
Shaun BRISLEY	16	
Blair TURGOTT	17	
Bradley PRITCHARD	18	
Scott KASHKET	19	
Jerome BINNOM-WILLIAMS	20	
Charlie GRAINGER	21	
Freddy MONCUR	23	
Jay SIMPSON	27	
Sam SARGEANT	29	
Calum JAHRALDO-MARTIN	30	
Armand GNANDUILLET	32	
Nicky HUNT	34	
Kevin NOLAN	44	

TODAY'S 12TH MAN  
Kevin CALLUS 45

## OFFICIALS



### REFEREE

Charles Breakspear

### ASSISTANT REFEREES



Dean Treleaven



Craig Taylor

### FOURTH OFFICIAL

Mark Scholes

## COMING UP...

Following today's game, Orient travel to promotion-chasing Oxford United next weekend before returning to Brisbane Road on Saturday, March 19, when Morecambe are the visitors. When the O's travelled to the Globe Arena last October, Jack Payne's fortuitous first-half goal proved to be the difference as the visitors recorded a 1-0 win.

## FIXTURES



### Saturday, March 5

(All games kick-off at 3pm)  
Wimbledon v Accrington  
Barnet v Hartlepool  
Cambridge v Exeter City  
Carlisle v Northampton  
Crawley v Morecambe  
Dag & Red v York City  
Orient v Luton Town  
Mansfield v Yeovil Town  
Newport v Wycombe  
Notts County v Bristol  
Plymouth v Oxford United  
Stevenage v Portsmouth

## TODAY'S SPONSORS

Match Sponsor



Matchball Sponsor



Programme Sponsor

In memory of  
Steve Allen



# LUTON TOWN

MANAGER: Nathan Jones

COLOURS: White & Navy

	1	Mark TYLER	o
	2	Stephen O'DONNELL	o
	3	Dan POTTS	o
	4	Jonathan SMITH	o
	6	Scott CUTHBERT	o
	7	Alex LAWLESS	o
	8	Cameron McGEEHAN	o
	9	Paul BENSON	o
	10	Ryan HALL	o
	11	Danny GREEN	o
	12	Scott GRIFFITHS	o
	14	Jack MARRIOTT	o
	15	Paddy McCOURT	o
	16	Elliot JUSTHAM	o
	17	Pelly Ruddock MPANZU	o
	18	Magnus OKUONGHAE	o
	19	Olly LEE	o
	22	Craig MACKAIL-SMITH	o
	23	Josh McQUOID	o
	24	Curtley WILLIAMS	o
	25	Mark O'BRIEN	o
	26	Nathan DOYLE	o
	31	Craig KING	o
	32	Luke TROTMAN	o
	33	Mark ONYEMAH	o
	34	Isaac GALLIFORD	o
	35	Zane BANTON	o
	36	James JUSTIN	o
	37	Frankie MUSONDA	o
	40	Jake HOWELLS	o
	44	Alan SHEEHAN	o
	45	Joe PIGOTT	o